

## REGULATIONS

### Ontario Federation of School Athletic Associations (OFSAA)

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## **(A) GENERAL**

### **Section 1 – Purpose**

These Regulations relate to the governing rules and playing regulations of the Federation as it relates to sport competitions and activities between Members. These Regulations complement the By-laws of the Federation, which relate to its corporate governance, and are superseded by the By-laws.

### **Section 2 – Definitions**

The following terms have these meanings in these Regulations:

- a. *Association* – groups of secondary schools approved by the Ministry of Education, Ontario and recognized by the Federation as Members.
- b. *Board* – the Board of Directors of the Federation.
- c. *Days* – days including weekends and holidays.
- d. *Federation* – the Ontario Federation of School Athletic Associations (OFSAA).
- e. *FTE* – stands for Full-Time Equivalent/Enrolment.
- f. *Member* – An Association which meets the requirements of membership as stated in the By-laws of the Federation.
- g. *Ordinary Resolution* – a resolution passed by a majority of the votes cast on that resolution or consented to by all voting Members entitled to vote on that resolution.
- h. *Playing Regulations* – sport specific rules of play at the various Championships and Festivals sponsored by the Federation.
- i. *Regulations* – the governing rules and playing regulations of the Federation as it relates to sport competitions and activities between Members.
- j. *Special Resolution* – a resolution that is submitted to a special meeting of the Members of the Federation duly called for the purpose of considering the resolution and passed at the meeting, with or without amendment, by at least two-thirds of the votes cast; or consented to by each Member of the Federation entitled to vote at a meeting of the Members of the Federation.
- k. *Standing Rules* - rules or guidelines that apply to ALL of the Federation’s Playing Regulations (apply to all sports).

## **(B) ASSOCIATIONS**

### **Section 1 – Areas within Associations**

The Federation consists of eighteen (18) Member Associations of secondary schools which occupy specific areas, those areas as outlined below:

**Central Ontario Secondary Schools Association (COSSA)** - includes all schools who are members in good standing of the Bay of Quinte and Kawartha Districts.

**Central Western Ontario Secondary Schools Association (CWOSSA)** - the counties of Bruce, Grey, Dufferin, Waterloo, Brant, Norfolk, Haldimand and Wellington;

**Conference of Independent Schools Athletic Association (CISAA)** - Ontario independent schools as identified by the Conference.

**Eastern Ontario Secondary Schools Athletic Association (EOSSAA)** - the counties of Renfrew, Frontenac, Lanark, Leeds and Grenville, Stormont Dundas and Glengarry, Prescott and Russell, and Lennox and Addington.

**Georgian Bay Secondary Schools Association (GBSSA)** - the county of Simcoe, the districts of Muskoka and Parry Sound.

**Golden Horseshoe Athletic Conference (GHAC)** – the County of Halton and schools within the Hamilton-Wentworth Catholic District School Board.

**Lake Ontario Secondary School Association (LOSSA)** - includes all schools in the region of Durham with the exception of Brock HS who competes in COSSA.

**National Capital Secondary Schools Athletic Association (NCSSAA)** – the City of Ottawa.

**North Eastern Ontario Athletic Association (NEOAA)/Association athlétique du nord-est de l'Ontario (AANEO)** - the districts of Cochrane and Timiskaming.

**Northern Ontario Secondary Schools Athletics (NOSSA)** - the districts of Manitoulin, Sudbury, Algoma, Nipissing and the regional municipality of Sudbury.

**Northwestern Ontario Secondary Schools Athletic Association (NWOSSAA)** - the districts of Kenora, Rainy River, Thunder Bay and Patricia.

**Region of Peel Secondary School Athletic Association (ROPSSAA)** - the regional municipality of Peel and schools within the Dufferin-Peel Catholic District School Board.

**Southern Ontario Secondary Schools Association (SOSSA)** - the regional municipality of Niagara South, the county of Lincoln and the schools within the Hamilton-Wentworth District School Board;

**South Western Ontario Secondary School Athletic Association (SWOSSAA)** - the counties of Essex, Kent and Lambton.

**Toronto District Catholic Athletic Association (TDCAA)** - Catholic high schools within the City of Toronto, French Public and French Catholic schools within the City of Toronto, and independent high schools within the boundaries of the City of Toronto not operated under the regular Ministry of Education Boards in the area, but not those which are members of the CISAA.

**Toronto District Secondary School Athletic Association (TDSSAA)** - Public high schools within the City of Toronto.

**Western Ontario Secondary Schools Athletic Association (WOSSAA)** - the counties of Huron, Perth, Middlesex, Elgin and Oxford.

**York Region Athletic Association (YRAA)** - the region of York.

## **Section 2 – Regions**

For the purposes of Committee representation and inter-Association competition, Associations are grouped into six (6) Regions based on their location within the province of Ontario. The six regions are:

- a. North - NWOSSAA, NEOAA, NOSSA
- b. South - GHAC, ROPSSAA, SOSSA
- c. East - COSSA, EOSSAA, NCCSAA
- d. West - CWOSSA, SWOSSAA, WOSSAA
- e. Central - GBSSA, LOSSA, YRAA
- f. Metro - TDCAA, TDSSAA, CISAA

## **(C) COMMITTEES**

### **Section 1 – Standing Committees**

The Federation consists of Standing Committees that are relevant to sport competitions and activities:

- a. The Committee for Boys' Activities.
- b. The Committee for Girls' Activities.
- c. The Future Directions Committee.
- d. The Sport Advisory Committees.
- e. The Transfers Committee.
- f. The Sanctions Committee.
- g. The Appeals Committee.
- h. The Championship Review Committee.
- i. The Classifications Committee.
- j. **The Equity, Diversity and Inclusion Committee.**

### **Section 2 – Ad Hoc Committees**

The Board may appoint such Ad Hoc committees as it deems necessary for managing the affairs of the Federation and may appoint members of committees or provide for the election of members of committees, may prescribe the duties and terms of reference of committees, and may delegate to any Committee any of its powers, duties, and functions.

The purpose of these committees is to be a reference for the Board, Councils and/or Members, and they will examine specific issues which may arise from time to time. These committees will meet, when necessary, as a result of direction received from the Board.

Membership on any of these committees shall recognize the concepts of gender and regional equity. The presence of retired teachers/administrators is encouraged and supported.

### **Section 3 - Committee for Boys' Activities**

#### **a. Structure**

- i. The Committee for Boys' Activities, hereinafter referred to as the CBA, shall be composed of a male representative, who shall be a currently employed teacher/administrator, from each full member Association.
- ii. Ex-officio non-voting members of the CBA shall include an Ontario Ministry of Education representative, the President of the Federation or a designate, the six (6) Regional Principals, and the Executive Director and/or Assistant(s).
- iii. The positions of Chair and Vice-Chair must be filled by members of the College of Teachers.
- iv. Every other year at its spring meeting (in alternating years with the CGA), the CBA shall nominate a candidate from among its members for the position of Vice-Chairperson. They shall serve as Vice-Chairperson for two (2) years and Chairperson for the following two (2) years.

#### **b. Duties**

The CBA shall recommend the policies and principles for conducting boys' activities and shall be responsible to the Representatives' Council.

#### **c. Meetings**

- i. CBA meetings shall be held in conjunction with the meetings of the Representatives' Council.
- ii. Other meetings may be called by the Chair of the Committee or upon a request of a majority of CBA members whose request shall be addressed to the Executive Director. Notices shall be sent to all CBA representatives fourteen (14) days prior to any such meeting.
- iii. The Chairperson of the CBA shall be the presiding officer of the meetings.
- iv. The quorum for the transaction of CBA business shall be a majority of the committee.

#### **d. Voting**

- i. Each CBA representative, or duly authorized substitute who is eligible to serve as a CBA representative, shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

## **Section 4 - Committee for Girls' Activities**

### **a. Structure**

- i. The Committee for Girls' Activities, hereinafter referred to as the CGA, shall be composed of a female representative, who shall be a currently employed teacher/administrator, from each full member Association.
- ii. Ex-officio non-voting members of the CGA shall include an Ontario Ministry of Education representative, the President of the Federation or a designate, the six (6) Regional Principals, and the Executive Director and/or Assistant(s).
- iii. The positions of Chair and Vice-Chair must be filled by members of the College of Teachers.
- iv. Every other year at its spring meeting (in alternating years with the CBA), the CGA shall nominate a candidate from among its members for the position of Vice-Chairperson. They shall serve as Vice-Chairperson for two (2) years and Chairperson for the following two (2) years.

### **b. Duties**

The CGA shall recommend the policies and principles for conducting girls' activities and shall be responsible to the Representatives' Council.

### **c. Meetings**

- i. CGA meetings shall be held in conjunction with the meetings of the Representatives' Council.
- ii. Other meetings may be called by the Chair of the Committee or upon a request of a majority of CGA members whose request shall be addressed to the Executive Director. Notices shall be sent to all CGA representatives fourteen (14) days prior to any such meeting.
- iii. The Chairperson of the CGA shall be the presiding officer of the meetings.
- iv. The quorum for the transaction of CGA business shall be a majority of the Committee.

### **d. Voting**

- i. Each CGA representative, or duly authorized substitute who is eligible to serve as a CGA representative, shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

## **Section 5 - Future Directions Committee**

### **a. Structure**

- i. The Committee shall include a maximum of six (6) members of which a minimum of

three (3) shall be members of the Board and/or Representatives' Council and a maximum of three (3) shall be elsewhere selected.

- ii. The Chairperson shall be selected from among the members of the Committee for a two (2) year term.
- iii. The members of the Future Directions Committee, other than the Chairperson, shall be appointed for a term of three (3) years, **with a maximum of two (2) terms**. The terms shall be staggered so that the turn-over shall not exceed two at the end of any one year, under normal circumstances.
- iv. Consideration shall be given to both a male-female and a rural-urban balance within the composition of the Committee.

**b. Duties**

- i. The Future Directions Committee shall anticipate trends which may, in time, require some form of response from the Federation. It shall also endeavour to provide possible solutions to specific concerns assigned to it by the Federation.
- ii. The Future Directions Committee shall be responsible for ensuring all new directives and projects from OFSAA are communicated to the Representatives' Council in a timely manner.
- iii. The Future Directions Committee shall ensure there is a transparent process where there is equitable opportunity for any member of the Representatives Council to apply for training and/or conferences that OFSAA is funding or offering to for their members that are related to new projects or opportunities for Professional Development.
- iv. Perform other duties as requested by the Board.

**c. Meetings**

- i. The Future Directions Committee meetings shall be determined by the Chairperson in consultation with the Executive Director.
- ii. The quorum for the transaction of business shall be a majority of the Committee.

**d. Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 6 - Sport Advisory Committees**

**a. Structure**

- i. The Federation shall establish Sport Advisory Committees (SACs) for all sports listed in **(D) - Competition** of these Regulations. Each committee shall be comprised of a minimum of six (6) members. The members shall represent each of the Federation's Regions and the different classifications, where applicable. All Sport Advisory Committees shall strive to

have equal male/female representation. A staff member shall be present at each meeting in a non-voting capacity.

- ii. Committee members shall be selected by the Representatives' Council in conjunction with a staff liaison, with an attempt at using a rotational system to ensure all Associations are represented.
- iii. The term for a committee member shall be **two (2)** years with a maximum of **four (4) terms**. If a member misses **two (2) consecutive** meetings, the member may be removed from the committee.
- iv. The Chairperson shall be selected from among the members of the Committee. The term for the chairperson is four (4) years and they may serve only one (1) term as chairperson. The chairperson **must have been a committee member for at least two (2) years before assuming the Chair position** (unless extraordinary circumstances dictate a change).

**b. Duties**

- i. The Committee shall evaluate the interschool activity in their specific sport and shall make recommendations in the form of motions to the Representatives' Council as to changes in existing rules of play, (rulebook revisions) and in conduct of future competitions. These recommendations must first be reviewed by the CBA (for boys' sports) and/or CGA (for girls' sports) before coming for voting to the Representatives' Council. All recommended changes to rules of play must be addressed by the specific Sport Advisory Committee prior to being forwarded to the Representatives' Council for discussion and decision. These committees may also make recommendations to the Annual Assembly relevant to Standing Rules common to all sport.
- ii. The Committee shall review convenor comments from Championships/Festivals held since the last meeting in their respective sport, as well as any information regarding the next Championships/Festivals that will be taking place, and make any motions or recommendations deemed necessary.
- iii. The Committee will work with staff and convenors to promote and assist the Championships/Festivals of that sport. The chair of the Committee will be invited to attend the Championship/Festival on behalf of The Committee.
- iv. The Committee will assist with the selection of official Federation game equipment by play testing items and providing feedback to the Federation staff.
- v. The Committee will assist with the circulation of coaching clinics, best practices and scholarship information related to the sport of the Committee.
- vi. The Committee will assist with gathering information, when needed, from each member's own region with respect to issues concerning the sport of the Committee.
- vii. The Committee Chair (and possibly other committee members) may be asked to approve schedule and seeding for championships/festivals.
- viii. Perform other duties as requested by the Board.

**c. Meetings**

- i. Meetings shall be held at the call of the Assistant Director or Sport Coordinator. Each committee shall meet at least once every two (2) years, or more if special circumstances

arise.

- ii. The quorum for the transaction of business shall be a majority of the Committee.

d. **Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 7 - Transfers Committee**

a. **Structure**

- i. This Committee shall consist of not fewer than three (3) members. One shall be a currently employed principal or vice principal, and the other two shall be currently employed teachers/administrators. They shall be selected by the Executive Director and approved by the Board.
- ii. The members of the Committee, other than the Chairperson, shall be appointed for a term of three (3) years, **with a maximum of two (2) terms**. The terms shall be staggered so that the turn-over shall not exceed two at the end of any one year, under normal circumstances.
- iii. The Chairperson shall be appointed by the Committee for a three (3) year term.

b. **Duties**

- i. The Transfers Committee shall be empowered to interpret the Federation's Transfer Policy.
- ii. Enforce the Federation's Transfer Policy and make decisions related to formal appeals of an Association's Transfer Committee.
- iii. Perform other duties as requested by the Board.
- iv. All expenses involved in calling together members of the Committee shall be borne by the Federation. The Committee is however empowered to levy expenses against the parties involved when such action is deemed necessary.

c. **Authority**

- i. Decisions made by the Transfers Committee are considered final and may not be appealed.

d. **Meetings**

- i. The Transfers Committee shall meet five (5) times per school year. Meeting dates will be approved by the Board in April of each school year. Other meetings throughout the school year may be called by the Chairperson.
- ii. The quorum for the transaction of business shall be a majority of the Committee.

e. **Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 8 – Sanctions Committee**

a. **Structure**

- i. This Committee shall consist of not fewer than three (3) members, who are currently employed teachers/administrators, selected by the Executive Director or their designate, and approved by the Board.
- ii. The members of the Committee shall be appointed for a term of three (3) years, **with a maximum of three (3) terms – although this maximum term limit may be extended by the Board if members are not forthcoming.**
- iii. The Chairperson shall be appointed by the Committee for a three (3) year term.

b. **Duties**

- i. Receive and adjudicate reports from teachers and/or school administrators and/or the OFSAA Championship Representative regarding matters that might discredit the aims, objectives, and values espoused by the Federation.
- ii. Receive and adjudicate reports from teachers and/or school administrators **and/or the OFSAA Championship Representative** regarding violations of Federation’s By-Laws, Regulations, Playing Regulations, and Policies. The reporting of the alleged violation must be received by the Executive Director or their designate within **thirty (30)** school days of the alleged violation. All parties with a legitimate interest in the matter will be notified within ten (10) school days by the Executive Director or their designate.
- iii. The Sanctions Committee may, when it is relevant and appropriate, consider previous sanctions against an individual, team and/or school when assigning new sanctions against said individual, team and/or school.
- iv. Perform other duties as requested by the Board.
- v. All expenses involved in calling together members of the Committee shall be borne by the Federation. The Committee is however empowered to levy expenses against the parties involved when such action is deemed necessary.

c. **Authority**

- i. Penalties imposed by the Sanctions Committee may include, but are not limited to stripping of awards, removal of records and standings, suspension from future OFSAA competition, identification of offenders in the OFSAA Bulletin, notification to

appropriate sport governing bodies, requiring written letter of apology and requiring appropriate restitution.

- ii. Appeals to decisions reached under (b) above may be made to the Appeals Committee within fourteen (14) school days.

d. **Meetings**

- i. The Sanctions Committee shall meet three (3) times per year in conjunction with each season of sport and as called by the Chair of the Committee.
- ii. The quorum for the transaction of business shall be a majority of the Committee.

e. **Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 9 – Appeals Committee**

a. **Structure**

- i. The Committee shall consist of not fewer than three (3) members. There shall be a minimum of one (1) Director from the Board while the remaining members shall be currently employed teachers and/or administrators. They shall be selected by the Executive Director and approved by the Board.
- ii. The members of the Committee shall be appointed for a term of three (3) years, **with a maximum of three (3) terms – although this maximum term limit may be extended by the Board if members are not forthcoming.**
- iii. The Chairperson shall be appointed by the Committee for a three (3) year term.

b. **Duties and Process**

- i. To hear appeals related to Sanctions Committee decisions and to make a final decision on those appeals.
- ii. A written request for the convening of the Appeals Committee shall be made through the Executive Director and the President of the Federation within thirty (30) days of the occurrence of the issue under dispute. It is the responsibility of the person requesting same to ensure that the request has been received by the Executive Director or their designate.
- iii. Reasons for an appeal of a Sanctions Committee decision must be based upon one (1) or both of the following:
  - a. There must be a specific, articulated procedural error identified during the Sanctions Committee hearing. This will guarantee procedural fairness to all parties involved.
  - b. New evidence or information is presented that wasn't previously available. This

evidence must be pertinent to the decision that was made.

- iv. If the Appeals Committee determines that the matter is within its jurisdiction, it shall inform all parties of the date of the hearing, the composition of the Appeals Committee, and request any necessary documentation and/or other information that may be deemed necessary. Parties to the matter shall be given as much notice as possible prior to the date of the hearing.
- v. A sum of \$200.00 must be received prior to the convening of the Appeals Committee.
- vi. All expenses involved in calling together members of the Committee shall be borne by the Federation. The Committee is however empowered to levy expenses against the parties involved when such action is deemed necessary.
- vii. Perform other duties as requested by the Board.

c. **Authority**

- i. Decisions made by the Appeals Committee are considered final and may not be appealed.

d. **Meetings**

- i. The Appeals Committee meetings will be called when appeals are submitted to the Executive Director of the Federation.
- ii. The quorum for the transaction of business shall be a majority of the Committee.

e. **Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 10 – Championship Review Committee**

a. **Structure**

- i. The Committee shall be comprised of a minimum of six (6) members. The members shall represent each of the Federation's Regions and the different classifications, where applicable. A member of either the Board or OFSAA Staff shall be present at each meeting.
- ii. The members of the Committee shall be appointed for a term of three (3) years, **with a maximum of three (3) terms – although this maximum term limit may be extended by the Board if members are not forthcoming.**
- iii. The Chairperson shall be appointed by the Committee for a three (3) year term.

b. **Duties**

- i. Review motions put forward by Associations/Sport Advisory Committees or referred to the Championship Review by other committees or groups.

- ii. Perform annual review of convenor reports and make recommendations to address recurring issues with Championships and Festivals.
- iii. Perform “Hard Review” of Championships and Festivals against established event criteria/requirements as outlined in **Appendix VII** of the Regulations annually in June.
- iv. Receive applications and make recommendation for sports wishing to become an OFSAA Festival or move from an OFSAA Festival to an OFSAA Championship.
- v. Perform other duties as requested by the Board.

c. **Meetings**

- i. The Championship Review Committee shall meet three (3) times per year, ideally in October, February and June.
- ii. The quorum for the transaction of business shall be a majority of the Committee.

d. **Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 11 – Classifications Committee**

a. **Structure**

- i. The Committee shall consist of not fewer than three (3) members. There shall be a minimum of one (1) Director from the Board while the remaining members shall be currently employed teachers and/or administrators. They shall be selected by the Executive Director and approved by the Board.
- ii. The members of the Committee shall be appointed for a term of three (3) years, **with a maximum of three (3) terms – although this maximum term limit may be extended by the Board if members are not forthcoming.**
- iii. The Chairperson shall be appointed by the Committee for a three (3) year term.

b. **Duties**

- i. Conduct hearings and make decisions related to formal appeals of classification decisions made by an Association.
- ii. Perform annual review of provincial FTE students and determine school classifications for the province.
- iii. Perform other duties as requested by the Board.

c. **Meetings**

- i. The Classifications Committee meetings shall meet two (2) times per year.

- ii. The quorum for the transaction of business shall be a majority of the Committee.

**d. Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is a quorum, will carry or defeat a motion.

**Section 12 – Equity, Diversity and Inclusion Committee**

**a. Structure**

- i. The committee shall be comprised of a minimum of six (6) members. The members shall represent each of the Federation’s Regions and the different classifications, where applicable. A member of either the Board or OFSAA’s Staff shall be present at each meeting.
- ii. The members of the Committee shall be appointed for a term of three (3) years, with a maximum of three (3) terms – although this maximum term limit may be extended by the Board if members are not forthcoming.
- iii. The Chairperson shall be appointed by the Committee for a three (3) year term.

**b. Duties**

- i. Provide guidance and support to OFSAA and member associations with equity, diversity and inclusion related issues or concerns.
- ii. Perform review of OFSAA ByLaws, Regulations and Policies annually through an Equity, Diversity and Inclusivity lens.
- iii. Perform other duties as requested by the Board.

**c. Meetings**

- i. The Equity, Diversity and Inclusion Committee shall meet three (3) times per year, ideally in October, February and June.
- ii. The quorum for the transaction of business shall be a majority of the Committee.

**d. Voting**

- i. Each committee member shall have one (1) vote. Proxy votes shall not be accepted.
- ii. A majority of votes cast, providing there is quorum, will carry or defeat a motion.

## (D) COMPETITION

### Section 1 - Sports

a. The Federation shall co-ordinate inter-Association competition in the following sports:

#### (a) Team Sports

Boys' Baseball  
 Boys' Basketball  
 Girls' Basketball  
 Boys' Curling  
 Girls' Curling  
 Girls' Field Hockey  
 Boys' Field Lacrosse  
 Boys' Football  
 Boys' Hockey  
 Girls' Hockey  
 Boys' Rugby  
 Girls' Rugby  
 Girls' Slo-Pitch  
 Boys' Soccer  
 Girls' Soccer  
 Co-ed Ultimate  
 Boys' Volleyball  
 Girls' Volleyball

#### (b) Individual with a Team Component Sports

Coed Alpine  
 Coed Cross Country  
 Boys' Golf  
 Girls' Golf  
 Co-ed Nordic Skiing  
 Co-ed Snowboard Racing  
 Co-ed Swimming  
 Co-ed Track and Field  
 Co-ed Wrestling  
 Co-ed Badminton  
 Co-ed Tennis

The OFSAA Board has the authority to remove sports that do not meet the criteria as provided in **Appendix VII** of these Regulations.

### b. Rules

Revision to rulebooks governing play at the OFSAA Championships and Festivals shall be reviewed by the Sport Advisory Committee and approved by the Representatives' Council prior to implementation at any Championship/Festival.

### Section 2 – Championship/Festival Dates

The OFSAA Championships and Festivals shall be held as presented in the following chart, unless extraordinary circumstances dictate a change.

Sport	Date: Championship/Festival shall be held:
Alpine Skiing	during the last week of February or the first (1 <sup>st</sup> ) week of March.

Badminton	the Thursday, Friday and Saturday of the first (1 <sup>st</sup> ) week of May.
Boys' Baseball	the second (2 <sup>nd</sup> ) full week of June.
Boys' Basketball	the Monday, Tuesday and Wednesday of the week immediately prior to the Ministry March Break.
Girls' Basketball	the Thursday, Friday and Saturday of the twelfth (12 <sup>th</sup> ) weekend after Labour Day.
Cross Country	the first (1 <sup>st</sup> ) Saturday of November.
Boys' and Girls' Curling	during the first (1 <sup>st</sup> ) or second (2 <sup>nd</sup> ) week following the Ministry March Break.
Girls' Field Hockey	the Thursday, Friday, and Saturday of the first (1 <sup>st</sup> ) week in November.
Boys' Football Bowls	during the latter part of November and before the second weekend of December.
Boys' Golf	over a period of two (2) days during the week after Thanksgiving.
Girls' Golf	over a period of two (2) days during the week after Thanksgiving.
Boys' Hockey	the week immediately following the Ministry March Break
Girls' Hockey	the week immediately following the Ministry March Break
Boys' Lacrosse	during the first (1 <sup>st</sup> ) full week of June.
Nordic Skiing	during the week of the fourth (4 <sup>th</sup> ) Monday in February. The first (1 <sup>st</sup> ) day of competition must take place in February.
Boys' Rugby	the Thursday, Friday and Saturday of the first (1 <sup>st</sup> ) week of June.
Girls' Rugby	the Monday, Tuesday and Wednesday of the first (1 <sup>st</sup> ) week of June.
Girls' Slo-Pitch	the Monday and Tuesday of the second week in June.
Snowboarding	during the first (1 <sup>st</sup> ) week of March.
Boys' and Girls' Soccer	over the Thursday, Friday and Saturday of the first (1 <sup>st</sup> ) week of June.
Swimming	during the first (1 <sup>st</sup> ) week of March.
Tennis	during the first (1 <sup>st</sup> ) week of June. starting 2025-26, to be played in the fall. Date TBD.
Track and Field	on the Thursday, Friday and Saturday of the first (1 <sup>st</sup> ) week of June.
Boys' and Girls' Volleyball	Boys': The Thursday, Friday and Saturday of the twelfth (12 <sup>th</sup> ) weekend after Labour Day. Girls': The Monday, Tuesday and Wednesday of the week immediately prior to the Ministry March Break.
Co-ed Ultimate	the Thursday and Friday of the last week of May.
Wrestling	over two (2) days of the first (1 <sup>st</sup> ) week in March.

### Section 3 – Championship/Festival Location

The location of the Championships and Festivals shall be decided no later than June 25<sup>th</sup> of each school year.

### Section 4 – Championship/Festival Association Commitment and Deadline Date

#### a. Championship/Festival Association Commitment

- i. For all team sports, associations withdrawing a team(s) after the commitment deadline the minimum sanction imposed will be a fine equal to the entry fee.
- ii. For all individual sports, for associations withdrawing an individual(s) after the commitment deadline the minimum sanction imposed will be a fine equal to the entry fee or \$100 per individual, whichever fee is greater. This amount may be adjusted in consultation with OFSAA staff depending on the nature of the withdrawal.
- iii. Further, if the withdrawal takes place at a time that impacts on the convener, financially or logistically, a further fine may be issued. This fine may encompass costs incurred by the convenor for entry fee, banquet meals, banners, etc. as reviewed and approved by OFSAA. The association and/or school may also be brought forward to the Sanctions Committee.

#### b. ENTRY DEADLINES

Championship/Festival Play Begins	Entry Deadline
Monday	The preceding Tuesday @ 11:59 pm
Tuesday	The preceding Wednesday @ 11:59 pm
Wednesday	The preceding Thursday @ 11:59 pm
Thursday	The preceding Saturday @ 11:59 pm
Friday	The preceding Monday @ 11:59 pm
Saturday	The preceding Tuesday @ 11:59 pm

### Section 5 - Inter-Association Competition

There shall be two (2) levels of inter-Association competition:

- a.
  - i. OFSAA Championship
  - ii. OFSAA Festival

To be classified as an OFSAA Championship or Festival a sport must meet the criteria provided in **Appendix VII**.
- b.
  - i. In order for an OFSAA event to change from Festival to Championship status or Championship to Festival status, formal approval must be made by the OFSAA Board.
  - ii. In order for a Championship or Festival to be removed as an OFSAA event, formal approval must be made by the OFSAA Board.

OFSAA Championships and Festivals include all facets of competition, player/team registration, coaches' meeting and banquet, where applicable, not exceeding a maximum of three (3) school days for Championships and two (2) school days for Festivals, unless extraordinary circumstances dictate a change at the discretion of the OFSAA Executive Director or designate. See **Appendix VII** for full outlines of each level of competition. OFSAA Championships and Festivals shall be conducted in accordance with the Playing Regulations appended hereto. The provisions of the Playing Regulations shall apply from the beginning of the Championship/Festival (the arrival and/or registration of teams/individuals at the venue and vicinity of the Championship/Festival) to its conclusion (the departure of teams/individuals from the venue and vicinity of same) at the end of Championship/Festival play.

## **Section 6 – OFSAA Sanctioned Invitational Events**

A sanctioned event is one which adheres to these Regulations and all other OFSAA sanction guidelines and is structured so that the standards and practices reflect the intent and goals of the OFSAA Playing Regulations. Approval for sanctioning must be completed before any public disbursement of literature, and promotional materials must contain a prominent declaration of OFSAA sanctioning.

*Invitational events, sanctioned by OFSAA, require that all participants be eligible under the rules and regulations of their Association and of OFSAA, that all participants are members of a 'bona fide' school program in the current season, and that the OFSAA supervisory policy be strictly enforced. Schools should also check their Board supervisory policy to ensure they comply with their own regulations.*

### **a. Hosting OFSAA-Sanctioned Invitational Events**

- i. OFSAA may grant sanctioning for inter-association invitational events hosted in Ontario.
- ii. High School tournaments or competitions involving teams/student-athletes from outside the province **must** be sanctioned by OFSAA.
- iii. There must be teacher-involvement in organizing and conducting the event. *Outside organizations requesting OFSAA sanction must have a teacher on the organizing committee as a contact for the event.*
- iv. All competing teams/student-athletes must meet OFSAA eligibility and supervision requirements. *Student-athletes must be a 'bona fide' member of the school program in the current season.*
- v. The host's school principal and Association representative to OFSAA must approve the event before OFSAA sanction will be granted.
- vi. The use of the terms "*championship*", "*provincial*", "*Ontario*" or "*Canadian*" may **not** be

used in the title of any OFSAA-sanctioned invitational event, and the OFSAA logo may not be used.

**b. Attending Out-of-Province Invitational Events**

- i. All participating teams/student-athletes from Ontario must comply with OFSAA eligibility and supervision requirements. *Student-athletes must be 'bona fide' members of the school program during the current season.*
- ii. Teams/student-athletes attending invitational events in other provinces **must** obtain OFSAA sanction and meet the requirements in b (i) above.
- iii. Teams/student-athletes attending invitational events in the United States, sanctioned by the host state or by the National Federation of State High School Athletic Associations (NFHS), **must** obtain OFSAA sanction. The principal of the school must approve participation before OFSAA sanctioning can be granted.

**c. Requests for OFSAA sanction** must be received by the OFSAA office at least thirty (30) days prior to the date of the event.

**d. Any failure to comply** with these regulations for sanctioning of invitational events will be referred to the OFSAA Sanctions Committee, as per **Regulation C, Section 8 (b)**.

**Section 7 – Co-operation**

The Board may empower the Executive Director to consult and/or meet with any non-education sport body, the effect of which shall be to promote closer co-operation in conducting activities for secondary and elementary school students.

**Section 8 - Three-Year Calendar**

The Federation office shall, in consultation with the Chairpersons of the Representatives' Council and the Board, be responsible for maintaining a Three-Year Calendar. It shall list the Associations which are hosting Federation Championships/Festivals in the following three (3) school years. It shall be presented to the Annual Meeting.

**(E) ELIGIBILITY FOR COMPETITION**

**Section 1 - Associations**

- a. Each Association shall be entitled to representation at each Federation Championship. Reference should be made to the individual sport Playing Regulations for additional information on how representation is to be determined.
- b. The following are entry confirmation deadline dates for Federation Championships. Any

Association which does not confirm its entry by the specified date shall be deemed to have forfeited its entry into the Championship:

September 30th	Girls' Field Hockey, Cross Country, Boys' Volleyball, Girls' Basketball, and Boys' Football (September 15 <sup>th</sup> ), Girls' and Boys' Golf.
December 1st	Nordic Skiing, Alpine Skiing, Wrestling, Swimming, Boys' Basketball, Girls' Volleyball, Boys' Hockey, Girls' Hockey, Boys' and Girls' Curling, Snowboarding.
April 1st	Badminton, Boys' Rugby, Girls' Rugby, Boys' Soccer, Girls' Soccer, Track and Field, Boys' Baseball, Tennis, Boys' Field Lacrosse, Ultimate, Girls' Slo-Pitch.

Additional entries for team sports as identified in **Regulation D, Section 1(a)**, shall be determined by OFSAA as outlined in **Appendix XVI** and conditional upon confirmation of the OFSAA office.

## Section 2 - Schools

- a. Membership in an Association and conformity with the By-Laws and the Regulations of the Association concerned is a pre-requisite for participation in any Championship/Festival coordinated by the Federation.
- b. **Classification**
  - i. Associations shall place their schools in classifications for the following school year based on their student full time equivalent enrolment as of October 31<sup>st</sup> of the current school year:

Northern Associations (NEOAA, NOSSA, NWOSSAA, and schools within the Muskoka-Parry Sound Athletic Association (part of GBSSA)) -

“A” = 1-600; “AA” = 601-1000; “AAA” = 1001 +

All other Associations -

“A” = 1-500; “AA” = 501-950; “AAA” = 951+

An all-boys or all-girls school shall have their enrolment doubled for the purposes of determining student population numbers.

If a student(s) enrolled in a sport school or sport academy in a French language public school board or French language Catholic school board participates in a team sport in their sport of specialty and the school is not their designated school according to school board boundaries (or closest school where no boundaries exist), the team must compete at the next classification level with a higher population than their student numbers designate.

If a student(s) enrolled in a sport program at a French language public school board or French language Catholic school board participates on a team of that same sport and the school is not their designated school according to school board boundaries (or closest school where no boundaries exist), the team must compete at the next classification level with a higher population than their student numbers designate.

The OFSAA Classifications Committee shall review FTE numbers annually and propose changes to the classifications numbers as it sees fit.

c. **General**

- A school may appeal its classification (see **(d) Appeal Process**). If the appeal is successful, Associations may only shift a school to the next classification with a lower population what their student numbers designate. When schools are moved to the next classification with lower population numbers and the school's population exceeds the OFSAA classification numbers by 10%, the Association must gain final approval from the OFSAA Classifications Committee. Associations must outline the reasons for their decision.
- Any school, with Association approval, may elect to compete in a classification with higher population numbers.
- A school may participate in only one school classification of competition in any one sport during a school year at the Federation level.
- For coeducational Badminton and Tennis championships, and Ultimate festival coordinated by the Federation, an all-boys' school and an all-girls' school may combine for entry. Associations must declare such school combinations to the Federation office when the spring season declarations are due.
- Schools which have entered into an official twinning arrangement as described in **Regulation E, Section 3(b)**, shall use the combined FTE of the twinned schools for purposes of determining the classification level in the sports for which the two schools have twinned.
- Schools without a full complement of all grades (9-12) shall have their classification level determined by pro-rating their population based on this formula:
  - One grade only – school population x 4
  - Two grades only – school population x 2
  - Three grades only – school population x 1.33
- When a school closes and the school board designates all of the affected students to one receiving school, then the receiving school's population numbers shall be based on the combined student equivalent enrolment of both schools as of October 31st of the current school year.
- When a school closes and the school board designates all of the affected students to more than one receiving school, then the population numbers of each of the receiving schools shall be based on student equivalent enrolment as of October 31st of the current school year plus the number of students designated from the closed school by the school board.

d. **Appeal Process**

**Guidelines for appeal may be based on, *but not limited to*, the following:**

- An appeal process shall be in place which allows schools to appeal the placement of their school/team after they have been classified using the number criteria outlined in (b)(i).
- The first level of appeal is to the Association.
- If the school's appeal is denied at the Association level, they may appeal to the OFSAA Classifications Committee. This appeal must come through the Association and shall include an outline of the rationale for the Association decision, and the school's rationale for their appeal.
- All appeals to OFSAA, as well as requests for approval if the school's population exceeds the classification limit by 10%, must be received by June 1<sup>st</sup> and will be resolved by June 9<sup>th</sup>.

e. **Guidelines for appeal may be based on the following criteria:**

i. Location of School

- The location of a school could allow an Association to shift the classification of the school in either direction. For example, a large school in an isolated area may be moved to a lower student population classification.
- Consideration of urban vs. rural advantages.

ii. School Composition

- Program focus may require a shift of a school from one classification to another (e.g., composite vs. collegiate).
- Schools with a residential component have definite benefits and may warrant a shift to a higher student population classification.
- High performance sport schools should be considered for a shift to a higher student population classification.

iii. School classification

- School classification, following an appeal, shall be determined by FTE students who are age eligible to compete in high school sport.

iv. Sport schools, sport academies and schools with a sport program

**An Association may allow**, upon appeal from a school in a French language public school board or French language Catholic school board, a sport school, a sport academy or school with a sport program to remain at the classification level that their FTE numbers designate, in any sport in which the sport school, sport academy or school with a sport program would otherwise have had to compete at a classification level with a higher population. Appeals shall be based upon the fairness of the competition level and the competitive results of previous years in the particular sport for which the request is made. If the school's appeal is denied at the

Association level, it may appeal to the OFSAA Classifications Committee and such requests must be received by June 1<sup>st</sup>.

### Section 3 - Teams

- a. A team consists of all student-athletes from the same school, except as noted in (b), who qualify for Federation competition as a unit. Each and every member of a team must be eligible in order for that team to be eligible to compete. Reference should be made to the individual sport Playing Regulations for additional eligibility requirements. **Note:** OFSAA will accept "A" twinned school team entries to its Championships as submitted by NWOSSAA.
- b. Student-athletes from two schools may participate on the same school team when all of the following criteria are met:
  - i. The two schools have entered into an official mutual arrangement of co-participation for the purposes of school sports activities not currently offered at the smaller school **providing** the smaller school is in compliance with subheading (ii).
  - ii. The student population of one of the schools is under 100 students, except in the case of football, in which case the student population of one of the schools must be under 240 students. The two schools either share facilities or are in close proximity to each other.

The Association supports the mutual arrangement of co-participation of the two schools for sports not currently offered at the smaller school **providing** the smaller school is in compliance with the first two subheadings (i, ii).

- c. OFSAA Championships or Festivals for team sports shall only involve teams which have used OFSAA-eligible student-athletes in all competition during the school year. OFSAA-eligible means the student meets all eligibility requirements as defined in the OFSAA Playing Regulations. Any team using an ineligible student-athlete(s) in any competition during the school year forfeits the right to participate in the OFSAA Championship or Festival.
- d. Teams deemed to have competed in any league not governed by their school athletic association are ineligible for the OFSAA championship/festival in that same school year.

#### Notes:

1. The term "competition" does not exclusively refer to league play; it is defined as any time that two teams play against each other on a playing surface, whether in Ontario or elsewhere.
2. The requirement that only OFSAA-eligible student-athletes be used in all competition applies solely to teams qualifying for OFSAA Championships or Festivals. This does not apply to teams in leagues that do not send teams to OFSAA Championships or Festivals unless otherwise stated by the local or regional high school athletic body of which the school is a member.
3. Team sports shall be considered to be:
  - a. Field hockey
  - b. Football

- c. Basketball
- d. Volleyball
- e. Hockey
- f. Curling
- g. Baseball
- h. Rugby
- i. Field Lacrosse
- j. Soccer
- k. Ultimate
- l. Slo-Pitch

#### Section 4 - Individuals

- a. To represent a school in any Championship/Festival co-ordinated by the Federation, in any Federation sanctioned event, or in competitions outside Ontario where participation of student-athletes has been sanctioned by the Federation, a student must:
- i. Be eligible for competition under the By-Laws, Regulations and Playing Regulations of the Association to which their school belongs.
  - ii. Be certified as eligible by the Principal of the school.
  - iii. Meet the following age requirements:
 

<b>Senior</b>	The individual's birth certificate indicates that they have not reached their 19th birthday by January 1st prior to the start of the school year in which the competition is held.
<b>Junior</b>	The individual's birth certificate indicates that they have not reached their 15th birthday by January 1st prior to the start of the school year in which the competition is held.
<b>Novice</b>	The individual's birth certificate indicates that they have not reached their 14th birthday by January 1st prior to the start of the school year in which the competition is held. Students may compete in this category for one year only in Grade 9.
  - iv. Be in Grades 9 – 12.
  - v. Be eligible under the Federation's Transfer Policy. See **subsection (f)** below.
  - vi. Be eligible for no more than five (5) consecutive years from date of entry into Grade 9. See **subsection (g)** below.
  - vii. Have executed the Federation's Release of Liability form where required.
  - viii. Have signed the Rules of Behaviour signature form for the competition.
  - ix. In accordance with Rowan's Law, confirm in writing on the OFSAA form provided, that they and their parent/guardian (if student is under 18 years of age) have reviewed the concussion awareness resource and OFSAA concussion code of conduct within the previous twelve (12) months. Students participating in badminton, cross country,

golf and tennis are exempt from this requirement.

- x. Students who play on a school prep/elite team and then are no longer on that team but remain at the school, are ineligible for the 'bona fide' school team for the current school year and the following school year. A school prep/elite team is a team that represents the school in competition and/or is under the oversight of the school administration.
- b. A student may only play on one team in the same sport (team or individual) at the OFSAA level during a school year.
  - c. All participants should be encouraged to achieve creditable academic progress and to make a contribution to the general educational program of the school:
    - i. Each Association, indeed each member school, should develop a policy which would be used to educate students with respect to personal commitment to school and all of its programs, goal setting and goal achievement within school setting, and behaviour of student-athletes as school representatives.
    - ii. The objective of any policy is to educate, not to punish, and the policy should focus on positive outcomes, not on limiting participation.
    - iii. Academic progress is a nebulous concept - it should be measured for each individual since arbitrary standards are exclusive and not necessarily educative.
    - iv. The policy should be used to monitor and mentor student-athletes, their attendance, well-being and their behaviour, as well as their grades.
    - v. Any change in a student-athlete's attendance, behaviour or academic standing should be reviewed by teacher-coach, student-athlete and appropriate administrator(s). Positive change would be rewarded through recognition and continued eligibility while negative changes would be used to establish parameters for continued eligibility.
  - d. **Course Requirements Policy**
    - i. Students who have fewer than twenty-two (22) credits must be taking courses which define them as full-time students under the Ministry of Education definition. Namely, a student in a traditional school must be registered in a minimum of six (6) full day school credit courses; in a semestered school, a student must be registered in a minimum of three (3) full day school credit courses in the semester in which they participate.
    - ii. Students who have achieved twenty-two (22) credits must be taking four (4) non-semestered full day school credit courses over the school year or two (2) full day school credit courses in the semester in which they participate.
    - iii. Students may be exempted from the above course requirements if they have an accommodated timetable or course load as directed by a regulated mental health professional with education and training to assess, diagnose, and treat mental health conditions (i.e. Psychiatrist, Psychologist, Clinical Psychiatric Nurse) and supported by medical documentation. A request for an exemption, with a letter from a regulated

mental health professional confirming the student is under their care and that an accommodated timetable or reduced course load is required, must be presented to the Association for approval prior to or during the applicable competition season. In such cases, the student in a non-semestered school must be registered in a minimum of two (2) full day credit courses; in a semestered school, a student must be registered in a minimum of one (1) full day school credit course in the semester in which they participate.

- e. Any suspension or disciplinary action in Association play shall be carried forward into Federation competition. The Association convenor shall be responsible for reporting such student-athletes and the nature of the disciplinary action on the Championship Entry Form.
- f. Any student who registers and either (i) attends one full term or semester, or (ii) practises or plays, or attends a try-out with an intercollegiate team at a post-secondary institution, and then returns to any high school is ineligible for OFSAA competition in all sports for the remainder of his/her high school career.

g. **The Federation's Transfer Policy**

No school shall include in its line-up any student who has been registered as a transfer from another school within the previous twelve (12) months. The Federation's Transfer Policy applies to all students transferring into Ontario high schools.

In accordance with the Federation's Transfer Policy Procedural Process, a student or his/her representative may apply to the Federation's Transfers Committee to be deemed eligible to participate in Federation sponsored events according to the following criteria.

- a.
  - i. There has been an accompanying change in permanent residence by the student and their immediate family to the designated school from any system (public, catholic or independent) according to school board boundaries (or is the closest school in the student's choice of school system to the student's home if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith. The student must have moved out of the school board boundaries of the sending school, or if the sending school has no school board boundaries, the receiving school must be closer to the student's new permanent residence than the sending school (see **Note 6**). Immediate family is the parent(s) or the student's legal guardian as determined by a court of competent jurisdiction. The student and his/her immediate family must completely and permanently move from the former residence. The student must provide evidence/documentation confirming that they are residing in a new permanent residence, and evidence/documentation that they have completely and permanently moved from the former residence (See **Note 8**).
  - ii. The student has transferred to an Ontario school from outside Canada and outside the United States and is attending the designated school in their choice of system

- (public, catholic or independent) according to school board boundaries; or is attending the closest school in the student's choice of system to the student's home if no school boundaries exist; or is attending a school assigned by the school board. If the independent school is faith-based, the student must attend the closest independent school of that particular faith (See **Note 6**).
- iii. The student has transferred as a result of the closure of their former school and is attending the school designated by the School Board.
  - iv. **The student has transferred as a result of a board designated placement (i.e. demitted from a program, personal safety, completed expulsion program) and is attending that designated school. The appeal must be accompanied by documentation from the school or school board confirming the designation.**
- b.
- i. The student did not participate in any sports at the interschool level for twelve months prior to the date of transfer. Written confirmation from the Vice Principal, Principal, Department Head, or Athletic Director at the previous school is required. Students in their first year of Grade 9 may not apply under this section.  
**OR**
  - ii. The student accepts their ineligibility under the Transfer Policy, but requests eligibility for the sports they did not participate in at the interschool level for the twelve months prior to the date of transfer. Written confirmation from the Vice Principal, Principal, Department Head, or Athletic Director at the previous school is required. Students in their first year of Grade 9 may not apply under this section.
  - iii. The student transferred to another school for a period of less than one school year and is returning to the school they attended prior to the transfer. The student must not have participated in any sports at the interschool level while attending the other school. Written confirmation from the Vice Principal, Principal, Department Head or Athletic Director at the previous school is required.
- c.
- i. The student **has been placed** in a school by an I.P.R.C. (Identification, Placement and Review Committee) decision. The Federation's Board of Reference shall require and receive a letter from the principal of the school, from which the student has transferred, stating the reason for the placement of the student by I.P.R.C.
  - ii. The student has transferred from an independent school to a public or catholic school as the result of an educational exceptionality which the independent school was unsuccessful in accommodating. In such cases, the student was unable to access the I.P.R.C. process (Identification, Placement and Review Committee). The appeal must be accompanied by the following information: a psycho educational assessment diagnosing an educational exceptionality; documentation from the independent school demonstrating the strategies used to attempt to accommodate the educational exceptionality; and documentation from the receiving school confirming additional and/or new methods being provided to accommodate the educational exceptionality, which were not being provided at the sending school.
  - iii. The student has completed an English Language Learner or English Dialect Learner

program, and as a result, the school board is requiring the student to transfer to their designated school. The student must transfer by the beginning of the school year following completion of the program, and must provide documentation from the school board confirming completion of the English Language Learner or English Dialect Learner program and confirming the student has been placed in his/her designated school.

- iv. The student has transferred to a French Language school and has a parent/guardian who is a rights holder or has been admitted to a French-language school pursuant to a school board admissions committee process. The French-language school shall provide evidence of their admission. See note 10.

d. The student:

- i. Has transferred prior to their grade 10 year for exceptional personal, social or academic reasons. The appeal must be accompanied by documentation from the sending school's administration and/or independent sources to confirm the exceptional reasons. The student must attend the next closest school to their home residence if remaining in the same system. If changing systems, the student must attend the designated school according to school board boundaries (or the closest school to the student's home residence if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith.
- ii. Has changed residence to live with a custodial parent for exceptional personal reasons or the student has changed residence to live with a new court-appointed legal guardian for exceptional personal reasons. Documentation showing that there was just cause for the move must accompany the appeal. The student must attend the designated school from any system (public, catholic, or independent) according to school board boundaries (or the closest school in the student's choice of school system to the student's home residence if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith.
- iii. Has transferred to remove themselves from an abusive home environment. Documentation detailing the abusive situation shall be provided by the applicant from the sending school, psychologists, social worker, medical doctor or police, as the case may be. (All documentation will be reviewed respecting confidentiality.) The student must attend the designated school from any system (public, catholic, or independent) according to school board boundaries (or the closest school in the student's choice of school system to the student's home residence if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith.
- iv. Has been forced to leave an independent school specifically due to financial hardship. The appeal must include the following information: documentation confirming change in tuition fees; documentation regarding family requests for bursary assistance to meet financial hardship; documentation regarding significant changes in the financial situation of the family; and, confirmation that the student will be attending the designated school in their home catchment area. The student must attend the

next closest school to their home residence if remaining in the same system. If changing systems, the student must attend the designated school according to school board boundaries (or the closest school to the student's home residence if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith.

- v. Was the victim of bullying and after attempts to resolve the issue the sending school agreed that it was in the best interests of the student to transfer schools. The appeal must be accompanied by the following information: documentation from the sending school's administration or the police, confirming the seriousness and frequency of the bullying, including a description of the incidents and dates; documentation from the sending school's administration describing the strategies put in place to resolve the bullying and the reasons the strategies did not succeed; and a letter from the sending school's administration in support of the transfer. The student must attend the next closest school to their home residence if remaining in the same system. If changing systems, the student must attend the designated school according to school board boundaries (or the closest school to the student's home residence if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith.
  
- vi. Has transferred schools as a result of the recommendation of a regulated mental health professional with education and training to assess, diagnose, and treat mental health conditions (psychiatrist, psychologist, and/or clinical psychiatric nurse). Prior to transferring, the student must have been diagnosed with a mental health condition and be undergoing treatment by the regulated mental health professional. Documentation must be provided by the mental health professional confirming the student is receiving treatment and requires a change in schools to assist with their recovery. Unless otherwise confirmed in writing by the mental health professional, the student must attend the next closest school to their home residence if remaining in the same system. If changing systems, the students must attend the designated school according to school board boundaries (or is the closest school to the student's home residence if no school boundaries exist). If the independent school is faith-based, the student must attend the closest independent school of that particular faith.

Notwithstanding any of the above, no student may participate in the same sport for more than one school in the same league or municipality in the same school year unless the student is ruled eligible by the Federation's Transfers Committee under subsection (a) of the Transfer Policy. Participate means competing in exhibition games and invitational tournament/events, not just league play.

**Notes:**

1. Once a student has changed schools they are considered a transfer student and even if they return to a school, they must comply with the Transfer Policy.
2. The word "participate" in section (b) of the Transfer Policy means competing for your school

in that activity. This includes exhibition games and invitational tournaments/events, not just league play.

3. The Transfers Committee **will not consider** as reasons for transfer:
  - i. The relative ranking of schools or the differences in delivery of courses with the same Ministry course codes.
  - ii. That a sport or team is no longer offered at the previous school.
4. Students moving from a school in a strike/lock-out area are ineligible for all sports played in the previous 12 months from their date of entry into the new school.
5. Students who attended an alternative school or alternative program who are returning to the school they attended prior to the alternative school or alternative program, are not considered transfer students provided they did not play sports while at the alternative school or alternative program.
6. Driving distance shall be used to determine the closest school to a student's home residence.
7. Students transferring from other provinces, states or countries are ineligible for OFSAA competition if they have graduated from high school or equivalent, or if they have used their years of athletic eligibility in the province, state or country from which they are transferring. This does not apply to students who have graduated in the previous school year from secondary school in Quebec, provided they meet one of the criteria for eligibility in sections a – d of the transfer policy.
8. When applying under section (a)(i), the student must provide evidence/documentation confirming that they and their immediate family are residing in a new permanent residence and that they have completely and permanently moved from the former residence. When applying under section d(ii) of the policy the student must provide evidence/documentation confirming that they are residing in a new permanent residence. In both cases, such evidence/documentation may include:
  - Telephone and utility service operative at the new residence.
  - Telephone and utility service disconnected at the former residence.
  - Real estate documents indicating and verifying a change of residence (e.g., sale and purchase).
  - Parents/court-appointed guardians' property tax bill listing the new residence.
  - Insurance slip for home and auto insurance.
  - School documentation showing that sibling(s) attend local elementary school and/or the same high school as the transferring student.
  - Any other documentation that is requested which establishes the student and his/her immediate family is living at the new residence.
  - For a(ii) only, students may provide documentation confirming they have been processed by the school board's assessment center.

***Production of evidence/documentation described above does not guarantee eligibility.***

9. Prep/elite teams fall into two categories: a **school prep/elite team** and a **non-school prep/elite team**. A school prep/elite team is a team that represents the school in competition and/or is under the oversight of the school administration. If a student participates for a **school prep/elite team**, and then that student transfers schools, they may not apply under section b (i), and they are considered to have participated in the prep/elite team sport at the interschool level if applying under section b (ii) or b (iii).

10. A French-language school means a school within the French-language public district school board or a French-language separate district school board. Evidence must confirm the parent/guardian is French-language rights holder or the student has passed the school board admission test.
11. Refugee students, arriving to Ontario, are not considered transfer students and are eligible for all sports within the first two years from their date of entry into school. Refugees are defined as those students who have been forced to leave their country to escape war, persecution, or natural disaster.

The Federation's Transfers Committee shall, in its sole and exclusive discretion and authority, consider such application and rule the student eligible or ineligible.

### Transfer Policy Procedural Process

1. All transfer students are ineligible for OFSAA competition until cleared by their Association Transfer Appeal Board, or the Federation's Transfers Committee under Transfer Policy sections (a), (b), (c), or (d).
2. Students may appeal in writing in the following manner:
  - a. Through their school to their respective Association's Transfer Committee.
  - b. In the event that they wish to appeal the decision of the Association's Transfer Committee, they may appeal to the OFSAA Transfers Committee.

**Note:** In all sections above, proper documentation must be received by the appropriate group before a decision may be rendered at that level.

3. All decisions of the Federation's Transfers Committee are final.
4. The deadline for any appeal of eligibility to the Federation's Transfers Committee is fifteen (15) days prior to the scheduled dates of the meetings of the Federation's Transfers Committee. Such appeals must be accompanied by a \$50.00 fee, refundable if the appeal is successful.
5. A challenge to the eligibility of a student may be made to the Federation's Transfers Committee by any member of an Association through that Association's representative.
6.
  - a. In the event that a student, ineligible by reason of the Transfer Policy, seeks to appeal their ineligibility to the Federation's Transfers the following procedure shall be followed:
    - i. The student, or their representative, shall submit, in writing, on the designated form, to the Transfers Committee, the grounds of the appeal and the reasons why the student claims to be eligible.
    - ii. Upon receipt of the application for appeal, the Transfers Committee shall notify the student, in writing, of the date, time and place that the appeal is to be heard.

- The student shall also be advised that he or she may personally attend the hearing of the appeal, along with their representative.
- iii. The Transfers Committee shall send letters, post-marked or delivered, no later than fourteen (14) days before the date of hearing, addressed to the student and principal at the school which the student attends.
  - iv. At the hearing the student or representative may make whatever submissions, or call whatever witnesses they choose, and which the Transfers Committee shall permit in its sole and exclusive discretion.
  - v. The Board of Reference shall render its decision, in writing, and in doing so shall state briefly the reason(s) for its decision. The decision of the Transfers Committee shall be final and conclusive and there shall be no right of appeal to any body or court of competent jurisdiction.
- b. In the event that a student is declared eligible by the Association Appeal Board, and that determination of eligibility is challenged by way of an appeal to the Federation's Transfers Committee, the following procedure shall be followed:
- i. The challenge to the eligibility of the student shall be in writing and shall include the reasons for the challenge and shall refer to the section or sections of the Transfer Policy on which the challenge is based. The challenge shall be directed through the Association's Transfer Committee to the OFSAA Transfers Committee and shall be received no later than fourteen (14) days prior to the Federation competition in question. This challenge must be accompanied by a \$50.00 fee, refundable if challenge is upheld.
  - ii. Upon receipt of a challenge, the Transfers Committee shall notify the student and the student's principal, in writing, of the date, time and place that the appeal will be heard. In conjunction with the aforesaid notification, the Transfers Committee shall also include a copy of the challenge as submitted to the Transfers Committee.
  - iii. The Transfers Committee shall notify the student and the student's principal of the date, time and place of the appeal, by way of letters post-marked or delivered, no later than fourteen (14) days before the date of the appeal hearing.
  - iv. At the hearing, the student and/or representative may attend and may call whatever witnesses or make whatever submissions they choose, and the Board of Reference shall permit in its sole and exclusive discretion.
  - v. The Transfers Committee shall render its decision, in writing, and in so doing shall state briefly the reason(s) for its decision. The decision of the Transfers Committee shall be final and conclusive and there shall be no right of appeal to any body or court of competent jurisdiction.
- c. In the event a student is declared eligible by the Federation's Transfers Committee, and another party (the challenging party) alleges that the student falsified information on the transfer form, in the documents submitted with their appeal, or in information presented by or on behalf of the student during the appeal hearing, the following procedure shall be followed:

- i. A request for the convening of the Appeals Committee shall be made by the challenging party through the Executive Director to the Chair of the Committee.
  - ii. The Appeals Committee shall notify the student, the student's principal, and the challenging party, in writing, of the date, time, and place a hearing will be held. The Appeals Committee shall request at this time any necessary documentation and other information that may be necessary for the Appeals Committee to rule on the challenge. The Appeals Committee shall provide to the transfer student particulars of the challenge received from the challenging party. All information received shall be shared with the parties involved. The transfer student and the challenging party shall be given as much notice as practicable prior to the date of the hearing.
  - iii. A sum of \$50.00 must be received from the challenging party prior to the convening of the Appeals Committee.
  - iv. At the hearing the student and/or representatives and the challenging party and/or representatives may call whatever witnesses or make whatever submissions they choose and the Appeals Committee shall permit in its sole and exclusive discretion. The Appeals Committee shall determine if the transfer student falsified information as alleged by the challenging party.
  - v. If the student is found by the Appeals Committee to have falsified information on their transfer form, in the documents submitted with their appeal, or in the information presented at the appeal hearing, they shall be ineligible for competition in all sports for twenty-four (24) months from the date of transfer.
  - vi. The Appeals Committee shall render its decision in writing and in so doing shall state briefly the reason(s) for its decision. The decision of the Appeals Committee shall be final and conclusive and there shall be no right of appeal to any body or court of competent jurisdiction.
- d. The procedures as set out in this section shall only apply to 6(a), 6(b) and 6 (c). In the event that there has been imperfect compliance with the procedures as set out herein, the Appeals Committee may, in its sole discretion, waive any failure to comply with the procedures.
- h. **Five-Year Eligibility Rule**

Students in their fifth consecutive year from date of entry into Grade 9 are permitted to participate. There is no appeal to participate beyond five consecutive years from date of entry into Grade 9.

i. **Sport Schools, Sport Academies and Sport Programs**

Sport schools and sport academies are schools that offer flexible or modified timetabling to accommodate students' athletic training, competition and/or travel schedules; or schools that admit athletes due to their level of athletic status who are required to take additional credits in health and physical education specific to fundamental and fitness training principles.

Sport programs are considered to be a course or courses offered by a school which are sport-specific curricular programs.

- i. Any student enrolled in a sport school, sport academy, or sport program will be eligible to compete in all individual sports. Students in a sport school or sport academy are not eligible for a team component of an individual sport if the sport in question is their sport of specialty and they are not attending their designated school (or closest school where no boundaries exist). Students in a sport program for an individual sport who are not attending their designated school (or closest school where no boundaries exist) cannot compete in the team component of that sport. Schools that are a sport school or sport academy are not eligible for team awards in individual sports. Schools that have a sport program in an individual sport are not eligible for team awards in that sport.
- ii. Any student enrolled in a sport school, sport academy, or sport program will be eligible to compete in any team sport provided they are attending the designated school according to school board boundaries (or the closest school where no boundaries exist).
- iii. Any student enrolled in a sport program and the school is not his/her designated school according to school board boundaries (or not their closest school where no boundaries exist), will be eligible to compete in any team sport except the team sport being provided through their sport-specific curricular program. The period of ineligibility will continue as long as the student attends the school where the sport program exists.
- iv. Any student enrolled in a sport school or sport academy and the school is not their designated school according to school board boundaries (or not their closest school where no boundaries exist), will be eligible to compete in any team sport except their declared or designated team sport of specialty. The period of ineligibility will continue as long as the student attends the sport school or sport academy.
- v. The declared or designated individual or team sport of specialty shall be the sport played at the highest level within the 12 months prior to the student entering the sport school, sport academy or sport program. Schools must submit each new student's declared or designated sport of specialty along with a list and the level of all sports played outside the school system for approval by the local athletic association (e.g. district, zone) by September 15th of the current school year or within 15 school days of the student's enrolment at the school.
- vi. An appeal of a student's declared or designated sport may be made by the school's athletic director, principal, or vice principal to the OFSAA Member Association by September 30 of the current school year. A challenge of an Association approved sport of specialty can be made by another school's athletic director, principal, or vice principal to the OFSAA Member Association. Such challenge must be received by the

Member Association no later than fourteen (14) days prior to the OFSAA competition in question.

**Students enrolled in a sport school or sport academy** in a French language public school board or French language Catholic school board, are exempt from the eligibility rules noted above regarding sport schools and sport academies, however if a student(s) enrolled participates in a team sport in their sport of specialty and the school is not their designated school according to school board boundaries (or closest school where no boundaries exist), the team must compete at the next classification level with a higher population than their student numbers designate.

**Students enrolled in a sport program** at a school in a French language public school board or French language Catholic school board, are exempt from the eligibility rules noted above regarding sport programs, however if a student(s) enrolled in a sport program participates on a team of that same sport and the school is not their designated school according to school board boundaries (or closest school where no boundaries exist), the team must compete at the next classification level with a higher population than their student numbers designate.

**An Association may allow**, upon appeal from a school in a French language public school board or French language Catholic school board, a sport school, a sport academy or school with a sport program to remain at the classification level that their FTE numbers designate, in any sport in which the sport school, sport academy or school with a sport program would otherwise have had to compete at a classification level with a higher population (See **Regulation E, Section 2 (b), Classifications**).

## (F) SUPERVISION AND DEPARTMENT

### Section 1 - Supervision

***A teacher is defined as a member of the Ontario College of Teachers or a holder of an Ontario Teacher's Certificate or equivalent.***

- a. For team sports, (reference **Regulation E, Section 3**), a teacher from the same school, or a retired teacher, as approved by the principal of the school, must accompany and be responsible for the team.
- b. For individual sports (those sports in which student-athletes from a school qualify for Federation competition as individuals), the principal of the school **must designate a teacher or retired teacher to accompany and be responsible for the student-athletes throughout the duration of the competition. In addition the principal may also designate an adult who is not a teacher to accompany the student-athletes along with the designated teacher.**
- c. For all sports, where the teacher, as indicated in (a) and (b) above, is not of the same sex as the student-athlete(s), and where the student-athlete(s) are required or might be required to stay overnight, a supervisory adult, as approved by the principal of the school, of the same sex as the student-athlete(s), must be present and available at the accommodation site for the

- duration of their stay in the accommodation.
- d. The supervision policy applies to all OFSAA competitions, OFSAA-sanctioned competitions, and competitions outside Ontario where participation of student-athletes has been sanctioned by OFSAA.
  - e. For all OFSAA Championships, OFSAA-sanctioned competitions, and competitions outside Ontario where participation of student-athletes has been sanctioned by OFSAA, including OFSAA-sanctioned invitational events for individual sports that occur out-of-province, the supervision policy as described above must be followed, and in addition:  
The designated teacher-coach responsible for the student-athletes **MUST BE FROM THE SAME ASSOCIATION**. A maximum of six (6) students from different schools may be supervised by the same designated teacher-coach in addition to the student-athletes from the teacher coaches' school.

## Section 2 – Department

- a. A team is defined as, "All participants representing the same school at an OFSAA Championship/Festival event".
- b. A participant is defined as, "Anyone who has been granted proper authorization to enter a restricted area." "Restricted area" includes "those areas occupied by student-athletes and to which access by the general public is restricted or prohibited."
- c. All participants are expected to abide by the Rules of Behaviour for Participants to OFSAA Championships/Festivals. (see **Appendix I**)
- d. Supervising adults are responsible for the behaviour of participants for the duration of the Championships/Festivals.
- e. Teams are open to censure for failure of its participants to abide by the "Rules of Behaviour." (See **Appendix I**)
- f.
  - i. All coaches are expected to adhere to the Code of Ethics for Coaches to OFSAA Championships/Festivals. (See **Appendix II**)
  - ii. School personnel and coaches are expected to adhere to the Statement of Principle on Recruiting. (See **Appendix IV**)
  - iii. Spectators are expected to adhere to the Code of Behaviour for Spectators. (See **Appendix III**)
  - iv. All coaches are expected to adhere to the "Return to Play Guidelines". (See **Appendix VI**)
  - v. School personnel and coaches are expected to adhere to the Policy on dispensing drugs, medication and food supplements. (See **Appendix IX**)
- g. All schools entering a Federation Championship shall, by signature of the school principal on the Championship Entry Form, acknowledge responsibility for making restitution for damage resulting from misconduct by their participants.

#### h. **The Federation's Uniform Sponsorship Policy**

All competitors are expected to abide by the General Uniform Policy as well as the Sport-Specific Uniform Requirements outlined in the Playing Regulations.

### **(G) AMENDMENTS**

#### **Section 1 – Emergency Amendment**

The Board shall have the authority, if it deems necessary, to make amendments to the Regulations and Playing Regulations (general sections and sport-specific), when those amendments are necessary or desirable for reasons related to the COVID-19 pandemic. Such amendments require a two-thirds (2/3) majority vote of the votes actually cast by the Board and shall apply for the 2022-23 school year only.

#### **Section 2 – Amendments to the Regulations**

- i. These Regulations can be amended at the Annual Meeting by two-thirds (2/3) of the votes cast (excluding abstentions) of all eligible voting individuals at a Members meeting. No Member shall have more than one vote.
- ii. Proposed amendments for the Annual Meeting must be in the hands of the Executive Director a minimum of sixty (60) days prior to the meeting of the Members, for circulation to the appropriate Councils or Committee(s) for review and input. The Executive Director shall circulate to all Board Directors and Council/Committee members a minimum of thirty (30) days prior to their respective meeting.
- iii. Proposals to amend the Regulations shall be moved and seconded at a meeting of Members by voting Delegates or members of the OFSAA Board, per the OFSAA By-laws.
- iv. In extraordinary circumstance(s) the Board may authorize receipt of a motion(s) outside the stated period. The sixty-day submission requirement and thirty-day Council/Committee circulation requirement may be suspended by a 2/3 majority of votes cast are in the affirmative to consider the amendment.
- v. Such adopted amendments become effective as of September 1st following their adoption, unless otherwise stated in the motion.

#### **Section 3 – Amendments to the Playing Regulations (per sport)**

- i. The Playing Regulations, as defined in these Regulations, are the sport specific rules of play at the various Championships and Festivals sponsored by the Federation. They are documented separately from these Regulations.
- ii. The Playing Regulations of the Federation can be amended by two-thirds (2/3) of the votes cast (excluding abstentions) of the Representatives' Council. No Representatives Council member shall have more than one vote.
- iii. Proposed amendments to the Playing Regulations may be made at one of the two scheduled Representatives' Council meetings (Fall and Spring). Proposed amendments for the Playing Regulations must be submitted to the OFSAA office no later than October

- 15th for the Fall Representatives' Council meeting or February 15th prior to the Representatives' Council meeting in the Spring. The Executive Director will circulate them to the Representatives' Council a minimum of thirty (30) days prior to the respective meeting.
- iv. In extraordinary circumstance(s) the Board may authorize receipt of a motion(s) outside the stated period. The sixty-day submission requirement and thirty-day Council circulation requirement may be suspended by a 2/3 majority of votes cast of the Board to consider the amendment.
  - v. Such amendments to the Playing Regulations shall become effective as of September 1<sup>st</sup> following their adoption, unless otherwise stated in the motion.

#### **Section 4 – Amendments to the Standing Rules (all of the Playing Regulations)**

- i. The Standing Rules, as defined in these Regulations, refer to rules or guidelines that apply to ALL of the Federation's Playing Regulations (rules that apply to all sports). As such, *the requirement to amend the Standing Rules includes a vote by all Members for its adoption, whereas the Playing Regulations are approved only by the Representatives Council.*
- ii. The Standing Rules can be amended at the Annual Meeting by two-thirds (2/3) of the votes cast (excluding abstentions) of all eligible voting individuals at a Members meeting. No member shall have more than one vote.
- iii. Proposed amendments for the Standing Rules must be in the hands of the Executive Director a minimum of sixty (60) days prior to the meeting of the Members, for circulation to the appropriate Councils or Committee(s) for review and input. The Executive Director shall circulate to all Board Directors and Council/Committee members a minimum of thirty (30) days prior to their respective meeting.
- iv. Proposals to amend the Standing Rules shall be moved and seconded at a meeting of Members by voting Delegates or members of the OFSAA Board.
- v. In extraordinary circumstance(s) the Board may authorize receipt of a motion(s) outside the stated period. The sixty-day submission requirement and thirty-day Council/Committee circulation requirement may be suspended by a 2/3 majority of votes cast of the Board to consider the amendment.
- vi. Such amendments become effective as of September 1<sup>st</sup> following their adoption, unless otherwise stated in the motion.

#### **(H) COMMITTEE MEETINGS AND CHAMPIONSHIP/FESTIVAL CONDUCT**

- a. There shall be no smoking during any meeting of the Federation's Committee meetings, Championships, or Festivals.
- b. Participants at any Federation Championship/Festival must obey the Ministry of Education's Code of Conduct.

## (I) ADOPTION OF THESE REGULATIONS

### Section 1 - Ratification

These Regulations and their accompany appendices below, were ratified by the voting Members of the Federation at a meeting of Members duly called and held on April 20, 2023, to become effective September 1, 2023.

## (J) APPENDICES

### A P P E N D I X I - RULES OF BEHAVIOUR FOR PARTICIPANTS TO OFSAA CHAMPIONSHIPS

Any OFSAA Championship must attempt to achieve a standard of organizational and educational excellence which will serve to place it beyond reproach in either area.

A school student-athlete jointly represents both school and Association when attending an OFSAA Championship. This consequently confers a responsibility upon him/her during the time of absence from school. This responsibility assumes greater meaning when individual teacher-coaches instruct their competitors in the degree of importance attached to it. The following principles and rules will therefore apply to all OFSAA Championships and are in addition to the OFSAA Playing Regulations and Governing Rules of athletic contests.

1. The teacher-coach must prepare participants with regard to the behaviour expected of them at the Championship.
2. The teacher-coach bears the responsibility for supervising his or her student-athletes for the entire period during which they are absent from school or home. If the coach of a team is of the opposite sex, a suitable adult of the same sex, as approved by the principal of the school, must be present and available at the accommodation site for the duration of their stay in the accommodation. (Reference **Regulation F, Section 1(c)**).
3. The consumption of any alcoholic beverages or use of cannabis products by participants, whether of legal age or not, at any time during an OFSAA Championship is expressly forbidden. "Participants" are defined as "students, parents or guardians, volunteers, teachers and any other staff member as well as anyone else who has been granted proper authorization to enter a restricted area." A "restricted area" includes "those areas occupied by student-athletes and to which access by the general public is restricted or prohibited."
4. Drugs, other than medication prescribed by a medical doctor for a specific competitor, are expressly forbidden. This includes the use of cannabis and cannabis related products.
5. All participants will deport themselves in a manner becoming representatives of their school,

Association and OFSAA while attending a Federation Championship. Attention must be paid to:

- Respect for others; all participants have the right to freedom from harassment (as defined by the Canadian Human Rights Commission), equal treatment without discrimination based on race, place of origin, colour, ethnic origin, creed, physical or mental ability, sexual orientation, or sex;
  - Respect for property;
  - Conduct;
  - Language;
  - **Dress. I am aware of the dress code for Championships as stated in the General Uniform Policy and playing regulations.**
  - Student-athletes must remain fully clothed in the appropriate team uniform in the competition area, AND use the designated locker room or change area to change to and from competition attire.
6. Participants staying in tournament accommodation are expected to respect the right of others to undisturbed rest. Those who create disturbance in rooms or corridors after a reasonable hour will be subject to disciplinary measures. Student-athletes are expected to observe any curfew imposed by the OFSAA convenor at the Championship.
7. All schools entering a Federation Championship shall, by signature of the school principal on the Championship Entry Form, acknowledge responsibility for making restitution for damage resulting from misconduct by their participants. (Reference **Regulation F - Section 2 (g)**).

### **Procedure**

Actions contrary to these Rules shall be referred to the Protest Committee of the Championship or Festival which shall investigate the matter and decide on the penalty, if any, to be assessed. A report of the matter in question and penalty, if any imposed, shall be sent to the Principal of the school and the appropriate Association Representative. The report will also be forwarded to the Sanctions Committee where further action may be taken and/or penalties imposed.

### **Penalty**

Penalties imposed by the Sanctions Committee may include, but are not limited to: stripping of awards, removal of records and standings, suspension from future OFSAA competition, identification of offenders in the OFSAA Bulletin, notification to appropriate sport governing bodies, requiring written letter of apology and requiring appropriate restitution.

***These Rules of Behaviour for Participants recognize and reflect the Ministry of Education's "Code of Conduct".***

## **A P P E N D I X II - OFSAA CODE OF ETHICS FOR COACHES TO OFSAA CHAMPIONSHIPS**

### **I. Respect for Participants**

The principle of *respect for participants* challenges coaches to act in a manner respectful of the dignity of all participants in sport. Fundamental to this principle is the basic assumption that each person has value and is worthy of respect.

Acting with *respect for participants* means that coaches:

- i. Do not make some participants more or less worthy as persons than others on the basis of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socioeconomic status, marital status, age or other conditions.
- ii. Have a responsibility to respect and promote the rights of all participants.
- iii. Interact with others in a manner that enables all participants in sport to maintain their dignity
- iv. Build mutual support among fellow coaches, officials, spectators, student-athletes and their family members.

### **II Responsible Coaching**

The principle of *responsible coaching* carries the basic ethical expectation that the activities of coaches will benefit society in general and participants in particular and will do no harm. Fundamental to the implementation of this principle is the notion of competence - responsible coaching (maximizing benefits and minimizing risks to participants) is performed by coaches who are "well prepared and current" in their discipline.

In addition, *responsible coaching* means that coaches:

- i. Act in the best interest of the student-athlete's development as a whole person.
- ii. Recognize the power inherent in the position of coach.
- iii. Are aware of their personal values and how these affect their practice as coaches.
- iv. Acknowledge the limitations of their discipline.
- v. Accept the responsibility to work with other coaches and professionals in sport.

### **III. Integrity in Relationships**

Integrity means that coaches are expected to be honest, sincere and honourable in their relationships

with others. Acting on these values is most possible when coaches possess a high degree of self-awareness and the ability to reflect critically on how their perspectives influence their interactions with others.

In being faithful to the principle of *integrity in relationships*, coaches would adhere to the following ethical standards:

- i. Explore mutual expectations with student-athletes in an honest and open manner, giving due consideration to the age and experience of individuals.
- ii. Accurately represent personal coaching qualification, experience, competence and affiliations in spoken and written communications, being careful not to use descriptions or information that could be misrepresented.
- iii. Make student-athletes and others clearly aware of coaching qualifications and experience.
- iv. Notify other coaches when working with those coaches' student-athletes.
- v. Honour all promises and commitments, both verbal and written.
- vi. Act with an enthusiastic and genuine appreciation of sport.

#### **IV. Honouring Sport**

The principle of *honouring sport* challenges coaches to recognize, act on and promote the value of sport for individuals and teams and for society in general.

*Honouring Sport* means that coaches:

- i. Act on and promote clearly articulated values related to coaching and sport.
- ii. Encourage and model honourable intentions and actions in their coaching practice.
- iii. Show high regard for and promote the value of sport in Canadian society and around the world.
- iv. Accept both the letter and the spirit of the rules that define and govern sport.

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<sup>1</sup> ***The OFSAA Code of Ethics for Coaches to OFSAA Championships was adapted from the Coaching Association of Canada's "Coaches Code of Ethics - Principles and Ethical Standards".***

## **A P P E N D I X III - CODE OF BEHAVIOUR FOR SPECTATORS**

*Cheer in a positive manner*

*Respect officials' decisions*

*Do not interfere with the competition*

*Keep off the playing area*

*Be courteous and respectful*

**Failure to comply with this Code of Behaviour may lead to ejection. Any suspensions or disciplinary actions of spectators during association play shall be upheld at OFSAA championships and festivals.**

## APPENDIX IV - RECRUITMENT

### Definition of Recruitment:

Recruiting is defined as a representative of a school, either directly or through another party, encouraging a student to attend a school other than that in whose catchment area they reside-and/or within a shared catchment area for the purpose of being involved in extracurricular sport. The school representative could be a teacher, administrator, school district employee, school employee, student, parent, alumnus, or any person representing themselves as a school contact.

### Rationale:

A recruiting prohibition discourages exploitation of students; prevents over emphasis of athletics; gives average student-athletes more opportunity to participate; discourages adults from jeopardizing a student's eligibility; and prevents misuse of athletic programs.

### Indicators and Inducements for Athletic Purposes:

There may be many legitimate times that a school representative and/or coach of a school team will be in contact with students from another school. Therefore, indicators of recruiting have been developed to provide parameters of behavior and expectations for coaches and other school representative(s).

- A school representative shall not initiate contact with any student who does not attend, or does not directly feed into a school, in order to suggest, encourage or explain a transfer to a different school.
- A school representative shall not encourage any other person, including past and present players, to contact any student to suggest, encourage or explain a transfer to a different school.
- A school representative shall not permit a student who is not currently enrolled at a school, or whose present school does not directly feed into the representative's school, to participate in team practices or participate in scheduled team activities (including travel to games/events, team meetings or trips).
- A school representative shall not permit a student who is not currently enrolled at the representative's school, or whose present school does not directly feed into the representative's school, to attend "open gym" at the representative's school or attend spring or summer practices, games or camps specifically designated for enrolled students.
- A school representative shall not entice a student who is not currently enrolled at the representative's school, or whose present school does not directly feed into the representative's school, into transferring to the representative's school.
- Where a coach or school representative is approached by a student-athlete or representatives of student-athlete who is not enrolled at the school or at a feeder school, with inquiries concerning the school's sports teams or programs, the coach or school representative must direct the student-athlete or representative of the student-athlete to the school administration.

A student-athlete may not receive or be offered any remuneration of any kind or receive or be offered any inducement of any kind, which is not made available to all students who enroll in or apply to a school. Inducements for athletic purposes include, but are not limited to:

- Offer or acceptance of money or other valuable consideration such as free or reduced tuition during the regular school year or summer school by any person associated with a school.
- Offer or acceptance of room, board, textbooks or clothing, or financial allotment for textbooks or clothing.
- Offer or acceptance of pay for work that is not performed or that is in excess of the amount regularly paid for such service.
- Offer or acceptance of free transportation by any person associated with the school.
- Offer or acceptance of a residence with any person associated with the school which would result with the student-athlete living with a non-custodial parent.
- Offer or acceptance of any privilege not afforded to non-student-athletes.
- Offer or acceptance of free or reduced rent for parents or guardians.
- Offer or acceptance of payments of moving expenses of parents or guardians or assistance with the moving of parents or guardians.
- Offer or acceptance of employment of parent (s) or guardian(s) in order to entice the family to move to a certain community if any person associated with the school makes the offer.
- Offer or acceptance of help in securing a post-secondary athletic scholarship.
- Offer or acceptance of the opportunity to gain significant playing time.
- Offer or acceptance of the opportunity to be associated with a more competitive team.

### Grade 8 Recruitment

A school representative(s) may make general presentations (not just athletic) to eighth grade students (not just student-athletes). There should be a diversity of presenters, speaking on a variety of topics to students of all interests.

When an eighth (8<sup>th</sup>) grade student or the parents of that student, contacts the coach or school representative about attending the representative's school, the coach or representative shall refer the student or parent to the appropriate school administration.

High school coaches or their representatives may not attend grade school or youth club games for the purpose of evaluating and recruiting specific prospective student-athletes.

OPEN HOUSE – The intent of an open house is to allow incoming grade 8 students to gather information regarding curriculum, programs, and the admissions process. School representatives may provide general information to prospective incoming students but no specific details or enticements as to participation if they were to enroll.

## **A P P E N D I X V - B L O O D A N D B O D I L Y F L U I D S P O L I C Y**

- Use impermeable gloves if blood or body fluids containing visible blood are anticipated.
- Stop the bleeding, cover the wound and change the uniform if contaminated with excessive amounts of blood.
- Wash hands and skin after contact with blood.
- Clean any surfaces or equipment with appropriate disinfectant and clean clothes or skin with soap and water or an appropriate antiseptic.
- Use proper disposal procedures for equipment and contaminated clothing.
- Use a ventilation device for emergency resuscitation.
- No direct contact patient care if you have an open skin condition.
- Dispose of disinfected clothes and/or towels.
- Follow accepted guidelines for control of bleeding and for any body fluids containing visible blood.
- Encourage all participants to use individual water bottles.
- For additional information, refer to sport specific rules.

## APPENDIX VI - RETURN TO PLAY GUIDELINES

The following guidelines have been adopted from OPHEA Guidelines - Appendix C – Physical Activity and Sport Related Concussion. For a detailed copy of the guidelines please visit [www.ophea.net](http://www.ophea.net)

### Common Symptoms and Signs of Concussion

*It is important to know that a student-athlete does not need to be “knocked out” (lose consciousness) to have had a concussion.* After the concussion, the student-athlete may experience many different kinds of symptoms, and it is important to remember that some symptoms may appear immediately and others later. Student-athletes may be reluctant to report symptoms of concussion because of a fear that they will be removed from the game, or jeopardize their status on a team. But it is important to consider the permanent repercussions of a concussion. Without proper management, a concussion can result in permanent problems and even death. Concussion should be suspected in the presence of any one or more of the following symptoms and signs:

#### Thinking Problems

- Does not know time, date, place, class, type of activity in which they were participating.
- General confusion.
- Cannot remember things that happened before and after the injury.
- Knocked out.

#### Student’s Complaints

- Headache
- Dizziness
- Feels dazed
- Feels “dinged” or “stunned”
- “having my bell rung”
- Sees stars, flashing lights
- Ringing in the ears
- Sleepiness
- Loss of vision
- Sees double or blurry

#### Other Problems

- Poor coordination or balance, Blank stare, glassy-eyed, Vomiting, Slurred speech.
- Slow to answer questions or follow directions. Easily distracted. Poor concentration.
- Strange or inappropriate emotions, (e.g., laughing, crying, getting mad easily).
- Stomach ache/pain/nausea.
- Not playing as well.

**Note:** All student-athletes need to consult a physician after a suspected concussion. A student who has suffered a physician-diagnosed concussion outside of school time must be diagnosed as symptom-free by a physician before returning to activity.

### Concussion - Initial Response

- i. If there is a loss of consciousness, initiate Emergency Action Plan and call 911. Assume there is a possible neck injury and, *only if trained*, immobilize the student before ambulance transportation to hospital. Otherwise, do NOT move student-athlete or remove athletic equipment e.g. helmet.
- ii. If there is not a loss of consciousness, but a concussion is suspected due to a direct blow to the head or a major physical trauma to other parts of the body (causing a whiplash effect on the head and neck):
  - Remove the student/player from the current game or practice.
  - Do not leave the student-athlete alone.
  - Monitor signs and symptoms.
  - Do not administer medication.
  - The student-athlete needs to be evaluated by a medical doctor.
  - The student-athlete must not return to play in the game or practice that day.
  - Inform the parent/guardian about the injury and of the importance of an evaluation by a medical doctor.

### How long does it take for the student to get better?

The signs and symptoms of a concussion often last for 7 – 10 days, but may last much longer. The exact length of this period is unclear, but the brain temporarily does not function normally, and during this time it is more vulnerable to a **second head injury**. In some cases, student-athletes may take many weeks or months to heal.

Significant cognitive symptoms may result from concussion including (e.g., poor attention and concentration, reduced speed of information-processing and impaired memory and learning). There may also be a significant negative effect on educational and social attainment as these functions are critical for learning new skills and attending to school work.

### When can a student-athlete with a concussion return to sport?

#### Physician Visit #1

If **NO CONCUSSION** is determined by a doctor:

Using the 'Request to Resume Interschool Athletic Activities: Concussion Related Injuries Form':

- Doctor checks the box '**No Concussion - student may return to:**' plus the other appropriate activity boxes and signs and dates the form.
- Student returns the completed form to teacher/coach in order to be allowed to participate in interschool athletic activities.

**Note:** Teacher files the completed form from the doctor in student's O.S.R.

If **CONCUSSION** is determined by a doctor:

Using the 'Request to Resume Interschool Athletic Activities: Concussion Related Injuries Form':

- Doctor checks the box '**Concussion - no activity until symptoms and signs have gone**' and signs and dates the form.
- Student-athlete returns the completed form to teacher/coach and if applicable to the Health and Physical Education teacher to be informed that the student-athlete is not to participate in vigorous activities until symptoms and signs are gone.
- Form is returned to the student-athlete as this form is to be used for the parent permission and

second doctor assessment.

The student-athlete and parents/guardians monitor symptoms and signs of a concussion. As part of this monitoring, ongoing communication must occur between the teacher and parent/guardian throughout Steps 1-4. It is very important that a student-athlete not do vigorous physical activity if they have any signs or symptoms. The 'return to play' process is gradual and must follow the steps as outlined below. **Note: Each step must take a minimum of one day.** If symptoms or signs of the concussion return (e.g. headache, feeling nauseated) either with activity or later that day, the student-athlete needs to rest for 24 hours, and return to the previous step. A student-athlete should **never** return to play if symptoms persist.

### **Parent/Guardian Responsibility**

**Step 1:** No activity, complete rest. Once the student-athlete is asymptomatic (concussion symptoms and signs have stopped), proceed to Step 2.

**Step 2:** Light aerobic exercise, such as walking or stationary cycling, for 10-15 minutes, no resistance training.

Using the 'Request to Resume Interschool Athletic Activities: Concussion-Related Injuries Form', the parent/guardian signs and dates the form to give permission for the student to proceed to Step 3.

### **School Responsibility**

**Step 3:** Sport specific activities (e.g. skating in hockey, running in soccer) for 20-30 minutes. No resistance training or weight lifting.

**Step 4:** On field/court/ice activity such as ball drills, shooting drills and other activities with NO CONTACT (e.g., no checking, no heading the ball). May add light resistance training and progress to heavier weights.

Teachers initial the form to indicate that the student has completed Steps 3 and 4.

**Note:** The time needed to progress from non-contact to contact exercise will vary with the severity of the concussion and the player. Proceed to Step 5 after second clearance by a doctor. **After Step 4, and before Step 5** (returning to full-contact training/practice), the student-athlete must return to the physician, for final approval to engage in full contact activity.

### **Physician Visit #2**

**Doctor assesses that all symptoms and signs of a concussion are gone after Step 4:**

Using the 'Request to Resume Interschool Athletic Activities: Concussion-Related Injuries Form':

- Doctor checks the box '**Concussion symptoms and signs have gone – student-athlete may return to:**' and checks the appropriate box and signs and dates the form.
- The student-athlete brings the completed form to the teacher/coach and if applicable to the Health and Physical Education teacher. The teacher/coach allows the student-athlete to participate in contact activity progressing through Step 5 and Step 6:

### **School Responsibility**

**Step 5:** Full contact training/practice.

**Step 6:** Game play.

**Note: Each step must take a minimum of one day.** If symptoms or signs of the concussion return (e.g. headache, feeling nauseated) either with the activity or later that day, the student-athlete needs to rest for 24 hours, and return to the previous step. A student-athlete should **never** return

to play if symptoms persist.

**Note:** Teacher/coach files the completed form ‘Request to Resume Athletic Participation: Concussion Related Injuries’ from the doctor in student’s O.S.R.

If the teacher/coach is unsure if a student-athlete should play, remember... **when in doubt, sit them out.**

**A P P E N D I X VII - TWO LEVELS OF INTER-ASSOCIATION COMPETITION**

**Ref. Regulation D, Section 6**

**Championship and Festival Criteria Requirements**

Each Championship and Festival will undergo an annual review to determine if it is meeting the criteria provided below.

- Sports which have championship status, and no longer meet the criteria, shall be moved to festival status.
- Sports which have festival status and do not meet the criteria, shall have 3 consecutive years to meet the criteria or will no longer operate under OFSAA jurisdiction.

<b>The following is required <u>ONLY</u> for an association to be counted as participating in the sport <u>NOT</u> for the association to be eligible to attend the OFSAA event. Please see Playing Regulations for specific eligibility requirements.</b>		
<b>CRITERIA</b>	<b>CHAMPIONSHIP</b>	<b>FESTIVAL</b>
Minimum # of Associations Participating: <ul style="list-style-type: none"> <li>- Associations must have a minimum of four (4) schools participating in the sport by gender.</li> <li>- Associations must have their own recognized league &amp;/or playoff/OFSAA qualifying competition.</li> </ul>	10 of 18	6 of 18
Minimum # of Regions:	4 of 6	3 of 6
Minimum # of Schools Participating in Sport Across Province (Team Sports):	200/gender	100/gender
Minimum # of Individuals Participating in Sport Across Province (Individual Sports):	Boys-850 Girls-850	Boys-450 Girls-450
<b>EVENT STRUCTURE &amp; REQUIREMENTS</b>		
Maximum # of school days in length	3	2
Banquet/Social fee permitted (in addition to entry fee)	YES	YES
OFSAA eligibility/supervision rules apply	YES	YES
Established/Approved competition format w/ firm # of entries <sup>12</sup>	YES	NO
Entries approved by association	YES	YES
Standing Sport Advisory Committee	YES	YES

Approved Playing Regulations in place <sup>3</sup>	YES	YES
Individual-based sports require a high school trained division with the exception of the following sports: 1) Cross Country 2) Track & Field 3) Wrestling	YES	YES
<b>CONVENOR REQUIREMENTS</b>		
Preliminary budget submitted 60 days prior to event	YES	YES
Final budget submitted within 60 day following event	YES	YES
Convenor evaluation submitted within 30 days following event	YES	YES
Hosting Fee Applicable	YES	YES
OFSAA Student-athlete Participation Fee collected	YES	YES
<b>EVENT BENEFITS</b>		
Travel Grant funding (if available)	YES	NO
OFSAA assigned staff support	YES	YES
Event webpage and online registration provided (where applicable)	YES	YES
Invitation to convenor workshop (including travel and associated costs)	YES	YES
Sport Advisory Committee meeting (travel and associated costs)	YES	YES
OFSAA Medals provided	YES <sup>4</sup>	YES <sup>4</sup>

<sup>1</sup> Festivals have flexibility in competition structure (including number of entries) as approved by SAC and compliant with OPHEA Guidelines

<sup>2</sup> Festivals shall have minimum Playing Regulations along with guidelines which provide flexibility.

<sup>3</sup> Provided by OFSAA

<sup>4</sup> Must be purchased through OFSAA

## B. Process for moving from a Festival to Championship

Application may be made to Championship Review after a Festival has run for 3 consecutive years.

- i. The Sport Advisory Committee (SAC) for that sport can make an application to the Championship Review Committee and/or the Championship Review Committee can recommend SAC to apply for championship status. Application must be made in writing to the Chair of the Championship Review Committee by December 31<sup>st</sup> to be added to the Championship Review Winter Agenda (Feb/Mar). A representative from the sport must be available to present and answer questions.
- ii. Applications must provide the following information:
  - a. Demonstrate the sport meets all championship criteria.
  - b. Demonstrate positive reviews from convenors, that the festival has moved around the province (if applicable), and provide financial statements showing the festival is in good financial standing.
  - c. Demonstrate how the sport has a school trained component.

- d. Demonstrate organization and commitment to the sport by having OFSAA convenors in place for the next 2 years.

Following a successful application, the Championship Review Committee will make recommendation for sport approval to Championship status. At the OFSAA Annual Meeting, members will vote on approval of application.

### **C. Process to apply to become an OFSAA Festival**

- 1a. The sport must be conducted as an invitational event sanctioned by OFSAA, for a period of 3 years with OFSAA eligibility rules and supervisory policy in effect. If possible these invitational events should be hosted by different Associations during this 3-year period.
- 1b. Reports from each of the 3 invitational events are submitted to the OFSAA office outlining the participants, the finances, the rules followed, and any recommendations for the future.
2. Application for consideration to become an official OFSAA Festival must be submitted to the chairperson of the OFSAA Championship Review Committee by December 31<sup>st</sup> following the final invitational event in order to be considered for the following year.

#### **Applications must include:**

- Detailed reports from the 3 invitational events sanctioned by OFSAA including financial reports.
- Supporting statistics from invitational events to show that the sport meets the criteria numbers (Associations and schools) for consideration for Festival status.
- Best estimates of number of schools (by Association) conducting the sport in their school program.
- Season and timing of Festival.
- Host Associations and convenors in place for the following 3 years
- Draft set of rules used in the invitational events.
- Indication of how the events accommodated school-trained student-athletes.
- Suggested names of teachers to serve on a Sport Advisory Committee.

The Chair will review the application and if all materials are in order, the application will then be reviewed by the Championship Review Committee who will pass on their recommendation to the Board for discussion.

The final decision will be made at the Annual Meeting.

### **D. OFSAA-APPROVED (SANCTIONED) INVITATIONAL EVENT**

A sanctioned event is one which adheres to the OFSAA Regulations and is structured so that the

standards and practices reflect the intent and goals of the OFSAA Playing Regulations.

Approval for sanctioning must be completed before any public disbursement of literature and promotional material which must contain a prominent declaration of OFSAA sanctioning including the use of the OFSAA logo.

The OFSAA Championship Review Committee shall receive and evaluate reports from all OFSAA levels of competition and shall, from time to time, make specific recommendations with regard to status to the Board. It shall also respond to requests for sports to move to Championship status or to move from Level 2 to Level 1. Such requests must be received in writing by March 1st if a change is to be considered for the following school year. Should a Championship move to a lower level, it must stay at that level for a minimum of three (3) years before making application to move back to a higher level.

**In order to make an application for sport status, the application must satisfy the below requirements:**

1. The sport must meet the association threshold for participation as identified in section A.
2. the sport must have DIFFERENT convenors in place to show that there is a true provincial interest.
3. The sport must move to different locations throughout the province.
4. The application must include confirmed convenors for the following three years.
5. The application must include reports of the last two 'events' in order to ascertain the financial viability of the event.
6. The application must explain the entry costs for participation teams/individuals.
7. The sport must have rules developed that are in the same essence of OFSAA Playing Regulations.  
The application must include a suggested list of SAC members committed to formulate regulations and assist in the application process.
8. The application must clearly indicate season and timing preference of the proposed festival/championship.
9. The application should demonstrate that the time period of the festival/championship will not be in the same period in which there already exists two current championships/festivals.
10. The sport must fit into the portfolio of an OFSAA staff member and approval must be received from the Executive Director.

## **A P P E N D I X VIII - OFSAA GENDER EQUITY POLICY**

*Gender equity in school sport is the belief and practice which ensures fair access for all student-athletes, coaches, officials and administrators to participate, compete and lead.*

*Equity does not necessarily mean that all persons must be treated exactly the same. People may need to be treated differently in order to be treated fairly.*

### **VISION**

Student-athletes will enjoy a full and equitable range of opportunities for participation, officiating, competition and leadership in school sport activities.

### **GOAL**

Through the implementation of this policy, it is our intent to raise awareness, educate, and change attitudes and behaviours which increase and improve the opportunities for student-athletes in school sport.

### **POLICY STATEMENTS**

OFSAA is committed to gender equity as highlighted in the guiding principles of the Federation's Strategic Plan.

OFSAA is committed to educating and providing support to its members through the development and distribution of a gender equity policy.

OFSAA believes that the elimination of barriers to participation will contribute to the achievement of gender equity.

OFSAA believes that gender equity should serve as a guiding principle for all decisions and operations of the Federation and is a key consideration when developing, updating or delivering Federation programs, policies and projects.

### **PROCEDURES**

#### **A. Championship Opportunities**

*Statement:* OFSAA to provide equitable championship opportunities for male and female student-athletes.

*Actions:*

OFSAA will continue to do needs assessment through the Championship Review Committee.

Gender equity will act as a guideline for determining the composition of the Championship Calendar.

OFSAA will strive to recognize and promote girls and boys Championships in an equitable manner.

**B. Board and Committee Structure**

*Statement:* OFSAA will strive to have equitable gender representation on all committees.

*Actions:*

OFSAA will encourage Associations to make a conscious effort to involve more women in the leadership of Association committees and activities.

OFSAA will continue to offer mentoring and leadership opportunities at sports schools.

OFSAA will continually monitor committee representation.

**C. Student-athlete Participation**

*Statement:* OFSAA supports student-athlete participation on a team of their lived gender and encourages equitable programs in co-curricular activities in terms of funding, practice time and facilities. OFSAA will continue to provide equitable opportunities for students in co-curricular activities.

*Actions:*

If a sport activity is not available for a female on a girls' team, she is eligible to participate on a boys' team following a successful try out.

Where a sport activity is available for a female on a girls' team, she is eligible to participate on a boys' team if she demonstrates comparable skill and ability during a successful try-out.

If a sport activity does not exist for a boy, he is not eligible to participate on a girls' team.

**D. Sponsorship**

*Statement:* Sponsorship monies shall be apportioned equitably between male and female championships.

*Actions:*

The above statement shall be part of the OFSAA Business Plan.

**E. Equity Partnerships**

**Statement:** OFSAA will continue to interact with organizations that include the promotion of gender equity in their mandate.

**Actions:**

- OFSAA will continue to share mailing lists and resources with such organizations and will continue to work on projects that promote gender equity.
- OFSAA will search out new partnerships with organizations that support gender equity initiatives.

**F. Education**

**Statement:** OFSAA will continue to raise awareness and educate about the issue of gender equity.

**Actions:**

- OFSAA will distribute and promote its gender equity policy.
- OFSAA will encourage Associations to use the OFSAA Gender Equity Checklist as a guideline for developing policies and procedures in their Associations.
- OFSAA will continue to distribute gender equity information through its publications (Bulletin and website).

**G. Research, Evaluation and Monitoring**

**Statement:** OFSAA will continue to monitor and evaluate all policies, programs and initiatives to ensure their adherence to gender equity.

**Actions:**

- OFSAA will continue to gather research material and relevant data to use in this monitoring and evaluating process.

## **A P P E N D I X IX - OFSAA POLICY ON DISPENSING DRUGS, MEDICATION AND FOOD SUPPLEMENTS**

School personnel and coaches should not dispense any drug, medication or food supplement except with extreme caution and in accordance with policies developed in consultation with parent, health-care professionals and senior administrative personnel of the school or official district.

Use of any drug, medication or food supplement in a way not prescribed by the manufacturer should not be authorized or encouraged by school personnel and coaches. Even natural substances in unnatural amounts may have short-term or long-term negative health effects.

In order to minimize health and safety risks to student-athletes, maintain ethical standards and reduce liability risks, school personnel and coaches should never supply, recommend or permit the use of any drug, medication or food supplement solely for performance-enhancing purposes.

## APPENDIX X- OFSAA TEAM AWARDS

SPORT CLASSIFICATIONS	MEDALS	BANNERS	TOTAL MEDALS	ELIGIBILITY RESTRICTIONS
Boys' Baseball Open	Members of top 4 teams	Championship team Prentice Cup	88	NO
Boys' Basketball A/AA/AAA	Members of top 4 teams in each classification	Championship team In each classification (Consolation plaque)	216 (72/event)	NO
Girls' Basketball A/AA/AAA	Members of top 4 teams in each classification	Championship team In each classification Consolation plaque	216 (72/event)	NO
Boys' Curling Open	Members of top 4 teams	Championship team	24	NO
Girls' Curling Open	Members of top 4 teams	Championship team	28	NO
Girls' Field Hockey Open	Members of top 4 teams	Championship team	92	NO
Boys' Field Lacrosse Festival A/AA and AAA	Members of top 4 teams in each classification	Winning team	240 (120/event)	YES (Pro)
Boys' Football Festival - Open 9 Bowl Games	No individual medals	Winner of each Bowl game	0	NO
Girls' Hockey A/AA and AAA	Members of top 4 teams in each classification	Championship team in each classification	200 (100/event)	YES
Boys' Hockey A/AA and AAA	Members of top 4 teams in each classification	Championship team in each classification	200 (100/event)	YES
Girls' Rugby A/AA and AAA	Members of top 4 teams in each classification	Championship team in each classification Consolation plaque	252 (126/event)	NO
Boys' Rugby A/AA and AAA	Members of top 4 teams in each classification	Championship team in each classification Consolation plaque	252 (126/event)	NO
Girls' Soccer A/AA/AAA	Members of top 4 teams in each classification	Championship team in each classification	288 (76/event)	NO
Boys' Soccer A/AA/AAA	Members of top 4 teams in each classification	Championship team in each classification	288 (76/event)	NO
Girls' Volleyball A/AA/AAA	Members of top 4 teams in each classification	Championship team in each classification Consolation plaque	216 (72/event)	NO

Boys' Volleyball A/AA/AAA	Members of top 4 teams in each classification	Championship team in each classification Consolation plaque	216 (72/event)	NO
Ultimate	Members of top 4 teams.	Winning Team	112	No
Girls' Slo-Pitch	Members of the top 4 teams.	Winning Team	88	NO

### OFSAA AWARDS - INDIVIDUAL SPORTS WITH A TEAM COMPONENT

(\*Introducing High School Division/Restrictions in 2017-18)

SPORT	INDIVIDUAL AWARDS	TEAM AWARDS	TOTAL MEDALS	ELIGIBILITY RESTRICTION
<b>Alpine Skiing Championship</b> Girls' and Boys' High School and Open Divisions  Slalom and Giant Slalom Events Para division	1-3 place medals in each event in each category 4-8 place ribbons in each event in each division	Members top 3 - medals 4-8 - ribbons Banners/divisions (8)	162 medals	High School - no league affiliation  Current year's Provincial team or higher, not eligible for OFSAA
<b>*Cross Country Championship</b> Novice/Junior/Senior age groups for boys and girls para	1-3 place medals in each age category 4-10 place ribbons in each age category	Members top 3 teams in each age category - medals 4-10 - ribbons Banners (7) - Divisions + Overall Boys' and Girls'	144 medals	*NONE
<b>*Boys' Golf Championship</b>	1-3 place medals No ribbons	Members top 3 teams - medals No ribbons Banner (1)	18 medals	*NONE
<b>*Girls' Golf Festival</b>	1-3 place medals No ribbons	No school team component	6 medals	*NONE
<b>*Nordic Skiing Championship</b> Junior and Senior age groups for boys and girls Events - Nordic Distance, Nordic Team, Nordic Sprint Relays	1-3 place medals 4-8 place ribbons	Members top 3 teams - medals 4-8 place - ribbons Banners (6)	150 medals	*NONE
<b>Swimming Championship</b> Junior/Senior High School Age Divisions for boys and	1-3 place medals 4-8 place ribbons	Banners (8) <b>No medals for</b>		High School swimmer does not compete for,

girls Open - no age division Events - 8 Junior, 9 Senior, 10 Open Para Division		<b>team members or option to purchase</b>	300  medals	or train with, any other aquatic program
<b>Snowboard Festival</b> High School and Open Divisions for boys and girls Slalom and Giant Slalom	1-3 place medals No ribbons	Members top 3 <u>High school teams</u> - medals Banners (2)	72 medals	High School Division - High School training only
<b>*Track and Field Championship</b> Novice/Junior/Senior age groups for boys and girls Open steeplechase and 1600 Metre Relay Para Division	1-3 place medals in each event in each age group 4-8 place ribbons in each event in each age group	Banners (8)  <b>No medals for team members or option to purchase</b>	442 medals	*NONE
<b>*Wrestling Championship</b> Boys' and Girls'	1-4 place medals in each weight category 5-6 place ribbons in each age category	Top 3 school teams – medals Banners(3) Top <u>Association</u> recognized (No medals but <b>option to purchase</b> )	116 medals	*NONE
<b>INDIVIDUAL SPORTS</b> <b>No Team component</b>				
<b>*Badminton Championship</b> 3 Flights	1-4 place medals in each flight No ribbons	No team component No banners	96 medals	*NONE
<b>Tennis Championship</b> High School and Open Divisions	1-4 place medals No ribbons	No team component No banners	64 medals	Open - ever played Canadian Nat'l , or Prov'l U14, U16, U18

## APPENDIX XI - PLAY DATES

OFSAA recognizes the importance of balance\* in the lives of student-athletes and the impact of school sport on long-term student-athlete development; therefore these are guidelines for the maximum number of play dates for exhibition, tournament, and regular season play:

<b><u>Sport</u></b>	<b><u>Number of Play Dates</u></b>
Alpine Skiing	7
Badminton	8
Baseball	10
Basketball	25
Cross Country	6
Curling	16
Field Hockey	10
Football	8
Golf	6
Hockey	25
Nordic Skiing	7
Rugby	12
Soccer	12
Slo-Pitch	12
Swimming	6
Tennis	7
Track & Field	7
Volleyball	20
Wrestling	6
Lacrosse	12
Snowboarding	7
Ultimate	12

1. Definition of “play dates”: any calendar day where competition occurs.  
Local and association playoffs, association championships, regional play downs, and OFSAA championships are not used in determining the total number of play dates.
2. Definition of “competition”: any time two or more teams play against each other on a playing surface.









\*Balance in student lives includes: commitment to instructional time, academic and athletic achievement and/or personal commitments.

Long term athletic development (LTD) principles including the following also need to be considered:

- Appropriate ratio of training, competition, and recovery; based on the student-athletes’ developmental age. Developmental student-athletes tend to over compete and under train.
- Focus on major skill learning and fitness development in student-athletes.
- Emphasis on physical, mental, emotional, and cognitive development of student-athletes.

**APPENDIX XII – MOTIONS CHART**

**CHART OUTLINING THE PROCESS FOR MOTIONS TO AMEND**

<p align="center"><b>BY-LAWS (Article 10, Sec. 1)</b></p>	<p align="center"><b>REGULATIONS OR STANDING RULES (G, Sec. 2 &amp; 4)</b></p>	<p align="center"><b>PLAYING REGULATIONS</b></p>	
		<p>(A) Sport specific regulations (Rules and Officials, Uniforms and Equipment, Seeding)</p>	<p>(B) Standing Rules relevant to ALL Playing Regulations (Awards, Social, Uniform, General, Department, Supervision, Jury of Appeal, Competition Committee). Higher vote threshold for its adoption than the Playing Regulations (see 2<sup>nd</sup> column of this chart)</p>
<p>1. Input from Council/Committee</p>	<p>1. Input from Council/Committee</p>		
		<p><i>Regulation (G), Sec. 3</i></p>	<p><i>Regulation (G), Sec. 4</i></p>
<p>2. Board and Members (via their voting Delegates) for Vote – either a majority of votes cast (non-Fundamental Changes) OR 2/3 of the votes cast (Fundamental Changes).</p> <p>Any of the three OFSAA Councils (Representatives, Principals’, Presidents’) or any OFSAA Committee may submit By-law motions for consideration.</p>	<p>2. Board &amp; Members (via their voting Delegates) for Vote - 2/3 of votes cast.</p> <p>Any of the three OFSAA Councils (Representatives, Principals’, Presidents’) or any OFSAA Committee may submit Regulations or Standing Rules motions for consideration.</p>		
		 <p><i>Request may be made to have the Championship Review Committee give an opinion on consistency from sport to sport.</i></p>	 <p><i>Request may be made to have the Championship Review Committee give an opinion on consistency from sport to sport.</i></p>
			
		<p>2. Representatives’ Council (including its 6 Principal Reps) for Vote - 2/3 of the votes cast.</p>	<p>2. Board &amp; Members (via their voting Delegates) for Vote - 2/3 of votes cast.</p>

Motions for **By-laws, Regulations, or Standing Rules** must be written on the form provided (available on the web site or from the office), and submitted to the Executive Director a minimum of sixty (60) days prior to the meeting of the Members. Motions not received by these deadlines will be dealt with at a subsequent meeting, unless they are urgent in nature, in which case, the Board may elect to waive the notification period.

All motions shall be moved and seconded by either a voting Delegate or a member of the OFSAA Board.

Motions for **Playing Regulations** must be written on the form provided (available on the web site or from the office), and submitted to the Executive Director by October 15th for the fall Representatives’ Council meeting, and a minimum of sixty (60) days prior to the spring meeting Representatives’ Council meeting. Motions not received by these deadlines will be dealt with at a subsequent meeting, unless they are urgent in nature, in which case, the Board may elect to waive the notification period.

All motions shall be moved and seconded by the Sport Advisory Committee, teachers (current or retired), school administrator, members of the Representatives Council, or a member of the OFSAA Board.

**APPENDIX XIII - PARTICIPATION LIMITS**

<b>OFSAA Championship Participant Limits</b>	
<b>Sport</b>	<b>Participant Limit</b>
Field Hockey	25
Boys'/Girls' Basketball	18
Boys'/Girls' Volleyball	18
Boys'/Girls' Hockey	25
Lacrosse	30
Boys'/Girls' Soccer	24
Boys'/Girls' Rugby	34
Baseball	22
Curling	7
Football	65
Ultimate	28
Slo-Pitch	22

## APPENDIX XIV - HEADINGS

Each of the OFSAA Playing Regulations are divided into two main categories or headings:

- Playing Regulations
- Sport Specific Directives

### **Playing Regulation Headings**

The typical sections under this heading are identified below. Sport Advisory Committees and others suggesting changes to the Playing Regulations must suggest the appropriate section for any new items. If items are for convenor use, i.e. Seeding/pool play structures etc. they should be submitted to the appropriate Sport Specific Directive.

1. Events and/or Classifications
2. Championship/Festival Structure and Procedures
3. Entry
4. Expenses
5. Eligibility – School/Team Eligibility
  - Individual Student Eligibility
  - Sport Specific
6. Rules and Officials
7. Uniforms and Equipment – General
  - Sport Specific
  - Equipment
8. Awards -Team
  - Individual
9. Supervision
10. Department
11. Social
12. Medical
13. Protests – Sport Specific
  - Protest Committee

### **Sport Specific Directive Headings**

The typical sections under this heading are identified below. Sport Advisory Committees and others suggesting changes/additions to the Sport Specific Directives must use/suggest the appropriate section for any new items. In the Sport Specific Directives if a section is not required, it will not show in the Directives.

1. Championship Structure and Procedures
2. Entry
3. Seeding
4. Scoring
5. Officials
6. Facilities and Equipment
7. Medical

## APPENDIX XV – ADDITIONAL ENTRIES

To facilitate additional entries required for OFSAA team sports, the following process will be followed:

1. Associations shall submit entry commitments by the deadline dates stated in **Regulation E, Section 1(b)**.
2. OFSAA will request that associations confirm the accuracy of submitted entry commitments no later than three (3) school days after the deadline dates stated in **Regulation E, Section 1(b)**.
3. To facilitate the draws, additional entries in the Federation Championships and Festivals shall be selected from:
  - i. the gold medal Association of the previous year;
  - ii. the silver medal Association of the previous year;
  - iii. the bronze medal Association of the previous year;
  - iv. the antique bronze medal Association of the previous year.

To further facilitate the draws, entries may be awarded to the association medalists from two years' prior, provided that the additional entries to the previous year's association medalists have been exhausted. Additional entries shall be selected from:

- i. the gold medal Association of two years prior;
  - ii. the silver medal Association of two years prior;
  - iii. the bronze medal Association of two years prior;
  - iv. the antique bronze medal Association of two years prior;
4. The host association is entitled to an additional entry for most events. The association will determine how the entry is awarded.
  5. There will be a maximum of two entries per association. A third entry will only be permitted if required. If the host association has medaled in the previous year, OFSAA will move to the next available association to facilitate the draw.