

The Bulletin



ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO

Ontario Federation of School Athletic Associations

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¹CBA Chair

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PHOTO CREDITS:

Front Cover: Student-Athlete Jared Cook of Sir Winston Churchill SS (SOSSA). Photo by Martin Harris.

Back Cover: Student-Athlete Emma Meng of St. Robert CHS (YRAA). Photo by Jennifer Beland.



Thank you to the Ministry of Education and the Ministry of Sport for their generous contributions and support.

OFSAA Assistant Director Message

By Nicole Clarke



It is my pleasure to welcome you to the 2024-2025 school year! We are excited to see the enthusiasm and energy that students, coaches, and families bring to our events, and we look forward to another year of memorable experiences.

Reflecting on the past school year, OFSAA is proud of the strides made toward enhancing inclusivity within the organization. A significant

development is the transition of the Gender Equity Committee to a standing committee that will be renamed the Equity, Diversity, and Inclusion (EDI) Committee. This motion was passed at the 2024 OFSAA Annual Meeting and represents OFSAA's long-term commitment to embedding these values within the fabric of OFSAA.

OFSAA's initiatives and policies continue to reflect OFSAA's ongoing dedication to fostering an inclusive atmosphere where every student-athlete feels valued and supported. I extend my heartfelt thanks to the members of the Gender Equity Committee and the Inclusivity Task Force for their invaluable contributions. Your efforts have been instrumental in driving these positive changes.

As we embark on the new school year, I am confident that we will continue to make significant progress in promoting inclusivity within high school sport. Together, we will enrich all individuals in the school community by providing opportunities for overall health, personal growth, and education through school sport.

Best wishes for a successful and rewarding year ahead. If you have any questions, or need assistance, do not hesitate to contact me at (416) 426-7436 or nicole@ofsaa.on.ca.



Nicole presents the 2023 Team Sportsmanship Award to É.C. Saint-Charles Garnier (LOSSA).

Age Classifications for the 2024-25 School Year

For the 2024-25 school year, a Novice will be born in 2010 or later and may only compete at OFSAA in the Novice category for one year in Grade 9. A Junior will be born in 2009 or 2010 and a Senior will be born in 2005 or later.

2004 or earlier	Ineligible
2005	Senior
2006	Senior
2007	Senior
2008	Senior
2009/10	Junior
2010	Novice

How old was the student on January 1, 2024?

Years of eligibility

Coaches and students are reminded that students are eligible for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

2024 - 25 Transfer Appeal Meeting Dates

Deadline for Applications	Meeting Date
Wed. Sept. 25, 2024	Thurs. Oct. 3, 2024
Wed. Oct. 16, 2024	Thurs. Oct. 31, 2024
Wed. Nov. 27, 2024	Thurs. Dec. 12, 2024
Wed. Feb. 5, 2025	Thurs. Feb. 20, 2025
Wed. April 2, 2025	Thurs. April 17, 2025

OFSAA Transfer Workshop
Thursday, September 19, 2024

To appeal to an Association decision, please call the OFSAA office and give the name of the student and school, as well as the name of the principal. Please see the deadline dates posted above.

A letter will be sent to the student, c/o the school, stating the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.



OFSAA Social Spotlight

Keep up to date with OFSAA news, photos, videos, championship information, scholarships, conferences, and much more, by following OFSAA on Facebook, Twitter (X), LinkedIn, Instagram, TikTok and YouTube!



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Follow individual championship results with live updates from OFSAA Championship Twitter (X) accounts. Updates and pics right from the source!

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Annual Meeting News - 2024-25 Policy Changes

The OFSAA Annual Meeting (AM) was held April 18th – 19th with Association Representatives across the province in attendance. The assembly voted on several motions, a selection of which are detailed here.

TRANSFER POLICY

- Students who have transferred because of a board designated placement (i.e. demitted from a program, personal safety, completed expulsion program) and are attending that designated school are eligible to participate. Senior Administrators from the board must validate the designation.
- Students who have transferred from an English Language school to a French Language school and have a parent/guardian who is a rights holder or have been admitted to a French-Language school pursuant to a school board admissions committee process are eligible to participate.
- Refugee students, arriving to Ontario, are not considered transfer students and are eligible for all sports within the first two years from their date of entry into school.

Visit <http://www.ofsaa.on.ca/governance/policies/transfer-policy-meeting-dates/> for the newly adopted sections of the OFSAA Transfer Policy.

EQUITY, DIVERSITY & INCLUSION

- OFSAA has adopted an Equity, Diversity and Inclusion Standing Committee to continue its' progress towards equity and inclusion for all members of the school sport community. The EDI committee will work to further support member associations and OFSAA with issues or concerns related to EDI and consistently review the OFSAA governance structure.

CHAMPIONSHIPS & FESTIVALS

- Starting in the 2025-26 school year the OFSAA Tennis Championship will be held during the fall season. The dates for the event will be determined by the OFSAA Tennis Sports Advisory Committee and added to the OFSAA regulations at the 2025 Annual Meeting.
- A new definition of an Open and High School trained student-athlete in Badminton and Swimming were adopted. Be sure to review these new definitions within the respective playing regulations for each event.



The key to your pre-game routine.

Your sport is hard enough, using a tampon shouldn't be too.

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SCAN ME TO LEARN MORE





OFSAA/CIAAA COURSE RECAP FOR 2024

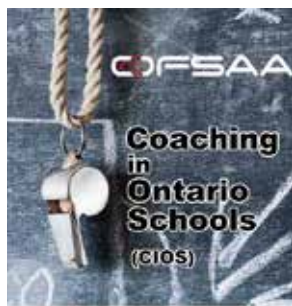
OFSAA, in cooperation with the Canadian Interscholastic Athletic Administrators Association (CIAAA), delivered 3 courses to Ontario Athletic Directors during the 2023-24 school year. In a new initiative to provide Professional Development to current and aspiring AD's, OFSAA subsidized the registration fee for 30 Athletic Directors to take the following courses either in person or via the zoom platform:

LEGAL ISSUES 1 - The Basics of Negligence, Liability, and Risk Management (504C)

ATHLETIC ADMINISTRATION; Enhancing School Based Athletic Programs (503C)

LEGAL ISSUES 2- Enhanced Legal Topics for the Athletic Administrator (506C)

OFSAA will be looking to offer more programming for teachers during the 2024-25 school year so look for more information to be published early in the fall via the various communication platforms that OFSAA uses. If you have any questions or would like to host an in-person course in your association, please contact Jim Barbeau, Sport Coordinator, at jim@ofsaa.on.ca.



COACHING IN ONTARIO SCHOOLS (CIOS) COURSES

CIOS is a program developed by the Coaching Association of Canada and the Ontario Federation of School Athletic Associations to give teacher-coaches and community volunteers the special skill-set they need to coach effectively in the school environment. CIOS also provides 3 PD points to maintain NCCP certification.

Online courses are available in both English and French. Please contact Erik Espinola at erik@ofsaa.on.ca or 416-426-7440.

Registration information can be found at ofsaa.on.ca/programs



WELCOME TO OFSAA

Jordan Bates



OFSAA is excited to welcome **Jordan Bates** to the role of Operations Coordinator.

Jordan is a graduate of the University of Guelph's Bachelor of Commerce program and she was a passionate OFSAA Track & Field athlete and champion.

We look forward to Jordan's contribution within the OFSAA team!



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Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches. Please support these sponsors by using their products.

Badminton

Yonex



- Official racquet of OFSAA: B4000, B6500I, B7000 MDM
- Official Nylon shuttlecocks of OFSAA: Mavis 350, Mavis 300, Mavis 10

Baseball

Mizuno



- Official baseball of OFSAA: Mizuno MB380

Basketball

Molten



- Official basketball of OFSAA: G4500

Cross Country and Track and Field

Nike

Exclusive Supplier of the athletic footwear, apparel, and accessory products of XC and Track & Field.



Hockey

Franklin Sports Inc.

- Official hockey equipment supplier of OFSAA



Soccer

Molten

- Official soccer ball of OFSAA: Molten F5A4900 official game ball



Volleyball

Baden

- Official volleyball of OFSAA: Baden VCOR VSS-220



Accommodations

InnVest Hotels

- Official hotel partner of OFSAA



Video Analysis Solution

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- The exclusive Video Solution of OFSAA



Character Athlete Award

Baron

- Official ring supplier of OFSAA



General Sponsorship

University of Guelph-Humber

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Kruzee Driving School

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- Proud supporter of OFSAA



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Code Of Conduct For Spectators For OFSAA Events

Any OFSAA event must attempt to achieve a standard of organizational and educational excellence which will serve to place it beyond reproach in either area. OFSAA is committed to providing a safe and inclusive environment that is free of discrimination and harassment. Everyone is welcome and should expect to help promote an environment where people are treated in a courteous, professional, considerate and respectful manner by all spectators, staff and participants.

The following points address conduct that is inconsistent with OFSAA's mission, goals and values and detracts from the overall OFSAA experience and is prohibited at all OFSAA events:

- Behaviour that is unruly, disruptive, threatening or violent in nature, including verbal or physical harassment of officials, student-athletes, teacher-coaches, staff or other spectators
- Conduct that is illegal
- Conduct that results in damage to the facility or other personal property
- Displaying signs, symbols, images (including those associated with hate based organizations), using language or making gestures that are threatening, abusive, or discriminatory, including on the basis of race, ethnicity, national origin, religion, gender, gender identity, ability, and/or sexual orientation
- Interfering with the competition, including; entering the field of play, throwing objects of any kind, incidents of distraction (e.g. artificial noisemakers, noise during a serve or foul shot, etc.)
- Throwing objects of any kind, or entering the field of play
- Failing to follow requests from staff regarding event operations, policies and emergency response procedures
- Consumption or being under the influence of any alcoholic beverage or drugs, other than medication prescribed by a medical doctor, whether of legal age or not, at any time during an OFSAA event
- Any disruptive, harmful or disorderly behaviour or any act which, in the opinion of the convenor or OFSAA representative, presents a risk to the safety of other individuals, interferes with the competition or otherwise targets other spectators or other spectators enjoyment of the competition.



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2024-25 Sanctioned Invitational High School Events

Learn more at [ofsaa.on.ca/events/sanctioned events](https://ofsaa.on.ca/events/sanctioned%20events)

MOUNTAIN BIKING

Earl of March MTB High School Invitational

September 24, 2024 Wesley Clover Parks
 Convenor: Katherine Hill Ottawa
katherine.hill@ocdsb.ca

HOCKEY

Boys', Girls' & Junior Boys Tournaments @ York University

For Registrations Information please contact Andre Boudreau at:
aboudreau@canlansports.com

Please note that on all our tournament dates, we are offering divisions for various teams as noted below, thereby enabling schools to save on bus costs by bringing more than one team to any given tournament. With six rinks all under one roof, we can accommodate large numbers of teams as there is more than enough ice time available.

Mini Matches- Girls, Senior Boys & Junior Boys	November 21, 2024
Holiday Classic- Girls, Senior Boys & Junior Boys	December 11 & 12, 2024
Mini Matches- Girls, Senior Boys & Junior Boys	December 18, 2024
Mini Matches- Girls, Senior Boys & Junior Boys	January 8, 2025
All Canadian Classic- Girls, Senior Boys & Junior Boys	February 5 & 6, 2025
Mini Matches- Girls, Senior Boys & Junior Boys	February 20, 2025
Early March Mini Matches- Girls, Senior Boys & Junior Boys	March 5, 2025
Late March Mini Matches- Girls, Senior Boys, Junior Boys & COED	March 20, 2025
Spring Classic- Girls & Junior Boys	April 9 & 10, 2025

Gator Varsity Boys Invitational

January 7 & 8, 2025 Vale Centre
 Convenor: Stephen Sim Port Colborne
stephen.sim@ncdsb.com

Titans Junior Girls & Boys Invitational

March 27, 2025 Earl Nichols and Bostwick Arenas
 Convenor: Mike Pepe London
mpepe@ldcsb.ca

Titans Senior Boys Invitational

December 12 & 13, 2024 Earl Nichols and Bostwick Arenas
 Convenor: Mike Pepe London
mpepe@ldcsb.ca

Lady Titan Senior Girls Invitational

December 10 & 11, 2024 Carling and Stronach Arenas
 Mike Pepe London
mpepe@ldcsb.ca

FASTPITCH

Paris DHS Girls' Fastpitch Tournament

June 10, 2025 Paris DHS
 Shelley Weaver Paris ON
shelley.weaver@granderie.ca

OFSAA INTER-PROVINCIAL/USA SANCTIONED EVENTS

CROSS COUNTRY

McQuaid Invitational

September 28, 2024 McQuaid Jesuit HS
 Todd Stewart Rochester NY
 Approved School: Sir Winston Churchill (St. Catharines)

Regional Events

The Regional Events program returned for its second year and the growth in the program has been remarkable.

In the 2023-2024 school year, we approved fourteen events, with over 1,000 students taking part. We had six events from last year return and added nine new events, including Cheerleading, Rugby 7s, Disc Golf, Ringette, Cross Training, Arm Wrestling, Cornhole, and Pickleball!

Regional events were introduced to increase and improve opportunities for participation. We aim to build on the success of this initiative! Don't miss out on the OFSAA Regional Event Honorary when we relaunch the program in September!

More information and the application form can be found on our website.



Philosophy behind Regional Events:

- Priority on participation, not competition
- Provide student leadership opportunities
- Target students who are not currently participating in athletics at the school
- Event which introduces a new activity or one currently popular in the region
- No eligibility requirements (ex. Transfers)

The OFSAA Experience



My name is Kiana Charest, I am from Timmins, Ontario, and this is my OFSAA experience. I started grade 9 in September 2023, having only heard of OFSAA, yet already being anxious to compete on this big “stage”. As a grade 9 student, I was fortunate enough to compete at three OFSAA championships: cross-country running, nordic skiing, and track and field. I truly enjoyed

competing at all of these events in 2023-24, and it has given me the desire to compete again next year.

Competing at OFSAA allows me to perform at a higher level with some of the best athletes in the province. The events are bigger than any of the local and regional championships I compete at. My first year of high school sports has been a very memorable one. My very first OFSAA competition of 2023 was for cross-country running. I was a bit nervous going into it, but was also excited to compete with the top runners in Ontario high schools. Our École secondaire catholique Thériault team competed very well, taking home the novice girls team gold medal. Individually, I placed 5th and was left slightly disappointed, as I felt I could have done better. Regardless, it was an amazing experience that I will forever remember, and I cherish the memory of my teammates and I standing on the podium and holding the OFSAA banner!



The slight disappointment in my individual performance drove me to train harder, and I decided to try nordic skiing to support my training through the winter months. This led to the second highlight of my grade 9 OFSAA experience: competing in nordic skiing in February 2024. Our team competed very well, and we won the girls’ junior team gold medal and sprint relay gold medal! Individually, I also won the junior girls high school division gold medal. I felt very proud that the hard work my team and I had put in had paid off. The success at nordic skiing OFSAA motivated me to train even harder, as I wanted to be ready for the upcoming track and field season. My last and most recent

OFSAA competition was equally memorable, when I competed at OFSAA track and field in London in June of 2024. I competed in the 1500m, the 800m and the 3000m races, which I knew would be challenging. I ran the qualifier for the 1500m on day one and qualified for the finals. On day two, I went on to win the OFSAA gold medal in the 1500m novice girls and achieved a personal best time.



It was an incredible feeling of joy and accomplishment. I was excited to receive my first ever OFSAA track and field medal. I knew I still had a lot of work to do, as on day three I had to run an 800m qualifier, an 800m final, and a 3000m timed final. I won a silver medal in the 800m novice girls with another personal best time, which left me tired, yet determined. Less than an hour later, I dug deep and ran the 3000m race. I trusted that my training would carry me through, and it did! I won the silver medal. I couldn’t believe that I had done it! I had medaled in three events at OFSAA track and field. I finished my first year of high school with seven OFSAA medals: five gold and two silver. This was absolutely amazing, and the experience and memories are what I value the most. I learned lessons and made friendships that will last a lifetime.

As I move forward in my journey, I continue to learn. I have quickly realized that to compete with the best athletes in the province, I have to maintain a high level of commitment. I must maintain a strict training program, all while managing my time to juggle multiple sports, school, family commitments and other responsibilities. This sometimes involved prioritizing things and sacrificing others, such as missing out on some social events.



Every athlete has obstacles they must overcome. The biggest obstacle I have had to overcome was when I broke my leg playing hockey. On December 18th, 2022, I crashed into the boards during a drill and broke my left tibia/fibula. The prognosis was 12 weeks in a cast, followed by rehabilitation, which meant I was going to miss my hockey season and many other sports. The physical trauma and pain were excruciating, but not nearly as difficult as the mental challenge of not being able to compete, train, and play! Not knowing if I would be able to compete at the same level again was worrisome. With a lot of support from family and friends, I focused on the things that



I had control over and would aid in my recovery. I worked really hard to rehabilitate and remained focused on my goals of playing hockey before the end of the season, as well as competing in my club track and field season. Once back on the ice, I worked hard and I was able to play at the hockey provincials in April 2023. I also had a very successful first track and field season post injury in the spring/summer of 2023.

I look forward to many more OFSAA competitions, and hope that I am fortunate enough to continue this amazing journey for years to come. I am grateful for each opportunity and realize that none of this would be possible without the help and support of a whole team of people who are always in my corner. I would like to thank my family, my teammates, my coaches, and my mentors for their unwavering help, support, and faith in me.

I don't know where this journey will take me, but at this point in my young athletic tenure, my goal is to compete for a Division I school. I dream of competing at Olympic trials and of representing Canada at the Olympics someday. At this point, this is merely a vision and a dream. But then again, not long ago, so was winning OFSAA gold!



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Congratulations 2023-2024 Alumni Scholarship Winners

Five deserving student-athletes from Ontario High Schools have been awarded \$550.00 scholarships by the OFSAA Alumni Association. Over 45 applications were received from the following eligible associations: COSSA, TDCAA, GHAC, NCCSAA, CISAA & NWOSSAA. This year's winners are Gabi Grof from I.E. Weldon (COSSA), Anderson Steiner from Nelson (GHAC), Michael Kung of ÉSC Pierre-Savard (NCCSAA), Kaden Busch from St. Patrick (NWOSSAA) and Aya Kinsey from Fr. John Redmond (TDCAA).



GABI GROF

Gabi Grof is a grade 12 student who plans to study Human Kinetics at the University of Windsor in the fall. During her time at I.E. Weldon in Lindsay, Ontario, Gabi took part in the following sports: cross country, golf, rugby, hockey, soccer, badminton, and track & field while

maintaining a 95% average in her academic courses. She was also the Co-President of the school's Athletic Union which was responsible for organizing numerous events for students and staff throughout the school year. Gabi was also heavily involved

in community organizations including Care for the Elderly, Lindsay Lynx Girls Hockey Association and Fresh FuelL. In her personal statement, Gabi stated that "high school athletics have allowed me to experience a wider variety of sports at different levels of competition and have increased my social confidence significantly". One of Gabi's teacher-coaches said this about her importance to the athletic program at I.E. Weldon: "Gabi was considered one of the leaders on all of these teams, as she played a pivotal role for each and every team that she was a part of. Her positivity lifts the team when they need it and the coaches can always rely on her to get the momentum back on their side if need be."

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MICHAEL KUNG

Michael Kung is a grade 12 student at ÉSC Pierre-Savard in Nepean, Ontario. Michael was involved in numerous sports at the school including volleyball, badminton, ultimate and volleyball while at the same time maintaining an average of over 90%. Michael was also a two-

year member of the school's student council and was President of the Sports Committee for the past two years. He has helped out in numerous school activities like the Relay for Life as the Marketing Director as well as being the photographer and editor of the school's yearbook. His community outreach involvement is highlighted by his involvement as the volunteer coach in various club and elementary school volleyball programs in the Ottawa area. Michael believes that his involvement in school sport has allowed him "to become a student leader who has dedicated a lot of time into promoting physical health and encouraging people to try new things, in hopes that they will have a good time." One of Michael's teachers had this to say about him: "Michael's leadership capabilities are evident in his current role as a coach for the grade 7 boys' volleyball team, where he not only imparts his knowledge and expertise but also instills in his players the values of hard work, perseverance, and unity." In the fall, Michael will be studying Commerce at the University of Ottawa.



ANDERSON STEINER

Anderson Steiner is a grade 12 student at Nelson High School in Burlington, Ontario. Another outstanding student-athlete with an average of 90%, Anderson participated in six different sports during her high school career. Being involved in basketball, volleyball,

soccer, football, soccer, ultimate and badminton clearly illustrate how organized and dedicated Anderson was towards both her studies and athletics. In addition, Anderson was the President of the SAA as well as a member of the school's Student Council and was the lead organizer in the first ever Relay for Life at Nelson. Her community involvement was extensive and included volunteering in activities like Special Olympics, track and field, and club tennis events. In her letter to the committee, Anderson emphasized that being a part of sports teams has allowed her to "learn valuable lessons about the genuine meaning of being a leader." In her letter of recommendation to the committee, one of Anderson's teachers said this about her: "In the realm of athletics, Anderson is a true standout. She is a phenomenal athlete, demonstrating exceptional skill, discipline, knowledge and sportsmanship." In the fall, Anderson will be studying Business at either Western or Queens.

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KADEN BUSCH

Kaden Busch is a grade 12 student at St. Patrick High School in Thunder Bay. During his time in high school, Kaden participated in golf, football, soccer and track and field. In addition, Kaden was involved in Student Council and Athletic

Councils in leadership roles. His community involvement included volunteering as a minor baseball coach, assisting with drama and play productions and offering his services at local craft fairs. In his application, Kaden said this about the role of high school sports in his overall development: "Sports offer the ultimate opportunity to learn about yourself, to conquer your fears, to overcome every obstacle placed in front of you and grow as an individual and to challenge yourself not only physically but also socially, mentally and emotionally." One of his teachers had this to say about Kaden: "Most importantly, he uses his abilities and personality to advocate for other students and teammates and focuses on making the school community an inclusive one through his kindness, positive attitude, and humility." In September, Kaden is going to study Police Foundations at Confederation College.



AYA KINSEY

Aya Kinsey is a grade 12 student at Fr. John Redmond CSS in Etobicoke, Ontario. In the fall, Aya is planning on attending Western University to study Economics. While at Redmond, Aya played soccer, softball, basketball, hockey, ultimate and was part of the

track and field team. Aya is also an outstanding student, carrying an overall average of 97%. Aya was also extensively involved in community service in her local church and the City of Toronto sports camps as well as playing hockey on a boys' team in the GTHL. In her personal essay, Aya reflected on her involvement in sport and how it helped to shape her as a person: "As a team player, I learned the importance of respect, dedication, and discipline as I balanced academics and extracurriculars. Through encouragement and challenges by coaches and teammates, I learned the importance of perseverance, as I navigated not only team adversities but personal ones." One of her teacher-coaches had this to say about Aya and the impact that she has had at the school during her time there: "I have not seen many students her age excel as young leaders and driven people early in life, as a person, athlete and student. Aya has single-handedly transformed athletics at Redmond, where through the use of Instagram to create social media content, highlights and messages she was able to significantly increase traffic in just a few months."

OFSSA would like to congratulate Gabi, Michael, Anderson, Kaden and Aya and wishes them well in all of their future endeavours.

For more information on the criteria for selection and application requirements, please go to: <https://www.ofsaa.on.ca/recognition/scholarships/>

The advertisement features three championship rings prominently displayed. The left ring is a diamond-encrusted ring with a blue and green design and the word 'CHAMPION' at the bottom. The middle ring is a diamond-encrusted ring with a red and blue logo and the word 'ATHLETE' at the bottom. The right ring is a diamond-encrusted ring with a gold horseshoe logo and the word 'CHAMPIONS' at the bottom. Above the rings, the Baron logo is shown, consisting of a stylized 'B' and the word 'BARON'.

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Congratulations 2024 Brian Maxwell Memorial Scholarship Winners

OFSAA and the Brian Maxwell Memorial Scholarship Fund were very pleased to announce the student-recipient for 2024.

These student-athletes, with a track and field or cross country pedigree in high school, will continue their post-secondary education at a Canadian college or university. The scholar-athletes display qualities of honesty, integrity, compassion and an unwavering quest to accomplish the best academically and athletically while supporting fellow team members. These were all qualities of Brian Maxwell. Each recipient will receive \$5,000.

The scholarship fund is in memory of Brian Maxwell, a successful distance runner. Brian competed in track and field and cross country and achieved success as an OFSAA champion, and a Canadian junior, juvenile and senior champion. In 1980, he was selected to the Canadian Olympic team and later became a successful entrepreneur who, with his wife, Jennifer, co-founded the nutritional supplement PowerBar.

Brian was born with a defective heart valve and in 2004, at only 51 years of age, died of a heart attack.

OFSAA is appreciative for the opportunity to partner with the Brian Maxwell Memorial Scholarship Fund each year to support students continuing their education in Canada.

Please meet the worthy recipients of the 2024 Brian Maxwell Memorial Scholarship:



Chantal is heading to the University of Victoria to study Kinesiology and compete for the Vikings in cross country and track & field. She has an impressive athletic background, having competed in seven

OFSAA championships in high school, with highlights including a fifth-place finish in the 3000m and an eighth place finish in the same event in Grade 10.

Chantal is an Ontario Scholar and received an entrance scholarship at UVic for her academic achievements.

In addition to her track and field and cross-country achievements, she was a member of her school's Nordic ski team, where she won two OFSAA gold medals. She was also involved in her school's soccer team and environmental club. Beyond school, Chantal has volunteered as a coach with the Collingwood Clippers Swim Club, where she also served as a swim instructor and head lifeguard. She is a competitive swimmer who enjoys hiking, camping, and cooking. Her coaches admire her discipline, perseverance, and leadership, noting how she inspires those around her with her passion for sports.



Lauren Alexander is a remarkable student-athlete from Glebe Collegiate Institute in Ottawa. She has qualified for OFSAA track and field and cross-country events eight times, with notable achievements such as a 7th and 14th place finish individually and a silver and 6th place in cross-country over the past two years. In track, she placed 5th in the 800m and 7th in the 1500m as a Grade 10 student. Recently, she finished 16th in the U20 3000m at the Athletics Canada Championships in Montreal.

In addition to her track and field accomplishments, Lauren is a well-rounded athlete who has represented her school in hockey, touch football, and Nordic skiing. Academically, she is an Ontario Scholar and will be attending Western University, where she plans to study Engineering and Medical Sciences.

Lauren's contributions extend beyond athletics and academics. She has served as Co-President of the Glebe Student Council and has been involved in a program that integrates students with developmental delays into sports. Her community involvement includes volunteering at the Caldwell Family Centre, helping with the "Out of the Cold Supper" group, working at summer camps for the Royal City Soccer Club, and assisting with a group that sponsored a refugee family from the Democratic Republic of the Congo.

In her spare time, she enjoys baking and outdoor activities such as hiking, skiing, and biking.

Congratulations, Lauren!



A dedicated athlete, he's a seven-time qualifier for OFSAA in cross country and track & field. His standout moment in cross country was helping his junior team win OFSAA gold in 2021, where he placed 28th individually. In Grades 11 and 12, his school team placed fourth each year, with Nolan finishing 56th and 83rd. On the

track, he achieved 17th in the 1500m and 14th in the 800m this past June in London and also qualified for the 1500m in Grades 10 and 11.

Nolan's leadership qualities are well-recognized, with his high school coach describing him as the undisputed leader of the cross-country team, not just through his performances but through his unwavering support for his teammates. He was also named MVP of his school's hockey and badminton teams and earned both the LEP Male Athlete of the Year and the Colin Hood OFSAA School Sport Award. He's known as a natural leader—honest, kind, and driven.

Beyond his school achievements, Nolan's compassion shines in his community work, including assisting a neighbor through a challenging health situation. He's an avid alpine skier who coaches U-8 and developmental programs at his local club, as well as coaching with his local track and field club, all while managing the demands of school and sports.

Nolan is set to attend Wilfrid Laurier University this fall, where he'll be enrolled in the Biochemistry and Biotechnology program.

Congratulations, Nolan!



Ian McAllister is heading to the University of Victoria this fall to study Kinesiology. He has an exceptional background in cross country and track & field, having won the OFSAA Cross Country Championship twice in a row (2022 and 2023). His team also achieved significant success, winning the OFSAA Senior Boys' title in 2022 and earning a silver medal in 2023. On the track, Ian placed third in the 1500m in London and third in the 3000m and 11th in the 1500m in 2023. He was also selected to represent Canada at the World Athletics U20 Cross Country Championship in Serbia this past spring, where he finished as Canada's top finisher by placing 46th in the world.

In addition to his athletic achievements, Ian has been active in school, participating in wrestling, playing in the strings orchestra, and joining various clubs, including house league sports as well as skiing, and fishing.

He volunteers as a developmental coach at the London Ski Club and with the London-Western Track and Field Club. Ian's hobbies include skiing, biking, golfing, cooking, hiking, fishing, and beekeeping, where he produces honey production for gifts and sales. His coaches admire his ability, coachability, and dedication to his team.

Congratulations, Ian!



With an impressive track record in cross country and track & field, Iain Thomson has qualified for OFSAA eight times. In cross country, Iain placed 11th, 26th, and 12th individually over the past three years, leading his school to 11th, 5th, and bronze medal finishes. On the track, he placed eighth in the 3000m and 11th in the 1500m this past June. In Grade 11, he was 16th and 12th in the same events and finished 12th in the 3000m in Grade 10. Recently, he finished 6th in the 3000m at the U20 Athletics Canada Championships.

At school, Iain has been active as a Valley Advisor, mentoring younger students and contributing to school spirit. He also served on the DVSS Athletic Council and was a Global Connect Leader, a role that taught him valuable skills in responsibility, organization, and preparedness. He played school badminton, participated in many intramural sports, and was a captain for the cross country and track & field teams.

In his community, Iain volunteered at the Salvation Army and served as a race marshal through his club. He co-founded the Instagram account @runnercycle with a coach to give away lightly used running attire to those in need.

Looking forward, Iain is heading to McMaster University's DeGroot School of Business to study Commerce. He is interested in pursuing a career in business, particularly in the stock exchange, while maintaining a strong commitment to environmental preservation.

Congratulations, Iain!



Poppy Thomson is a standout student-athlete from Adam Scott Collegiate in Peterborough and a seven-time qualifier for OFSAA track & field and cross country. Her achievements include a sixth-place finish in the 2000m steeplechase this past June, and in Grade 10, she placed fifth in cross country and 10th in both the 1500m and 3000m. An Ontario Scholar, Poppy is heading to St. Francis Xavier University this fall to study Human Kinetics and compete for the Women's Cross Country and Track & Field teams.

Poppy's athletic involvement extends beyond track and cross-country, having participated in volleyball, badminton, lacrosse, nordic skiing, and hockey teams at her school. She has also been part of the LEAD Sports SHSM program, which focuses on leadership opportunities.

In her community, Poppy has contributed by assisting with the Peterborough Pride Parade, working with the Pathway Project (an environmental program for children), and volunteering with the Peterborough Relay for Life organization. Outside of school, she enjoys canoeing, camping, biking, swimming, skating, skiing, and crafts. Her coaches commend her gritty resolve and skill, earning her Athlete of the Year and MVP honors at her school.

Poppy is especially proud of her work with the Kate Lynch Scholarship Fund, where she helps raise money to provide educational opportunities for Tanzanian girls. She also volunteers at the New Canadian Centre in Peterborough, supporting refugees as they transition to life in Canada.

2023-24 Pete Beach Recipients

Pete Beach was a former Executive Director of OFSAA whose life was dedicated to sport and helping others, especially young people, achieve their full potential. These winners exemplify the same dedication, spirit and love of sport that made Pete Beach such a success in both his professional and private life.

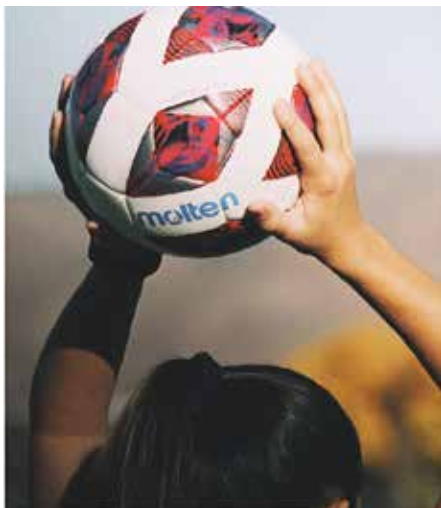
CISAA Brent MacKay
 COSSA Leslie Creeden
 CWOSSA Ray Boehm
 EOSSA Pat Farrell
 GHAC Jeff Carey
 LOSSA Teena McNee
 NCSAA Gary Monsour
 NEOAA Anita Anderson
 NOSSA Bill Gordon

NWOSSAA Wayne Pittman
 ROPSSAA Natalie Currah
 SOSSA Andy Cecchini
 SWOSSA Gerald Hlady
 TDCAA Laura Tomasicchio
 TDSSAA Lisa Edwards
 WOSSAA Theresa Simpson
 YRAA Kevin Julyan

2023-2024 OFSAA Team Sportsmanship Award Recipients

The Team Sportsmanship Award is given out at each Championship to the team that displays outstanding teamwork, positive attitude and respect for opponents.

Girls' Field Hockey	South Huron D.H.S.	WOSSAA	Boys' A/AA Hockey	St. Charles College	NOSSA
Boys' A Volleyball	Red Lake D.H.S.	NWOSSAA	Boys' AAA Hockey	Stouffville District S.S.	YRAA
Boys' AA Volleyball	Port Perry H.S.	LOSSA	Boys' Curling	Port Perry H.S.	LOSSA
Boys' AAA Volleyball	Upper Canada College	CISAA	Girls' Curling	Cardinal Leger C.S.S.	ROPSSAA
Girls' A Basketball	É.C. Saint-Charles Garnier	LOSSA	Girls' A/AA Rugby	Centre Dufferin D.H.S.	CWOSSA
Girls' AA Basketball	É.s.c. Beatrice-Desloges	NCSSAA	Girls' AAA Rugby	John F. Ross C. & V.I.	CWOSSA
Girls' AAA Basketball	Bishop Allen Academy	TDCAA	Boys' A/AA Rugby	St. Michael C.S.S.	WOSSAA
Boys' A Basketball	Kenner CVI.	COSSA	Boys' AAA Rugby	Barrie North Collegiate	GBSSA
Boys' AA Basketball	É.s.c. Theriault	NEOAA	Girls' A Soccer	E. S. Algonquin	NOSSA
Boys' AAA Basketball	St. Peter C.S.S.	COSSA	Girls' AA Soccer	Anderson C. & V.I	LOSSA
Girls' A Volleyball	The York School	CISAA	Girls' AAA Soccer	Korah C. & V.S.	NOSSA
Girls' AA Volleyball	Port Perry H.S.	LOSSA	Boys' A Soccer	Toronto District Christian HS	YRAA
Girls' AAA Volleyball	É.s.c. Franco-Cité	NCSSAA	Boys' AA Soccer	Crestwood SS	COSSA
Girls' A/AA Hockey	St. Mark H.S.	NCSSAA	Boys' AAA Soccer	St. Mary's H.S. Kitchener	CWOSSA
Girls' AAA Hockey	Medway H.S.	WOSSAA			



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2023-2024 OFSAA Leadership in School Sport Award Recipients

The OFSAA Leadership in School Sport Award is presented at each OFSAA Championship to a teacher-coach who has made a significant contribution to their educational athletic program. The recipient exemplifies the values of fair-play and sportsmanship, while promoting enjoyment, personal growth, and educational achievement through school sport.

Girls' Golf
Boys' Golf
Cross Country

Girls' Field Hockey
Boys' A Volleyball
Boys' AA Volleyball
Boys' AAA Volleyball
Girls' A Basketball
Girls' AA Basketball
Girls' AAA Basketball
Nordic Skiing
Alpine Skiing
Wrestling Girls
Wrestling Boys
Boys' A Basketball
Boys' AA Basketball
Boys' AAA Basketball
Girls' A Volleyball
Girls' AA Volleyball
Girls' AAA Volleyball
Girls' A/AA Hockey

Jason Boose
Gary Rankin
Glenn Duncan
Rachael Simpson
Steve Clark
Wayne Harris
Mark Dewan
Steve Burke
Tim Coates
Coleen Driscoll
Mario Susi
Aimee Vereecke
Adele LeMaire
Roberta Woodcroft
Mike Varraso
Eric Labonte
Michael Rowley
Dave Ormerod
Heather Whitten
Michelle Fraser
Stephen Hutchinson
Chris Mckee

Girls' AAA Hockey
Boys' A/AA Hockey
Boys' AAA Hockey
Boys' Curling
Girls' Curling
Badminton
Ultimate
Boys' A/AA Field Lacrosse
Boys' AAA Field Lacrosse
Girls' A/AA Rugby
Girls' AAA Rugby
Boys' A/AA Rugby
Boys' AAA Rugby
Girls' AA Soccer
Girls' AAA Soccer
Girls'/Boys' A Soccer
Boys' AA Soccer
Boys' AAA Soccer
Track & Field

Baseball
Girls' Slo Pitch

Craig Nemis
Derrick Rushton
Josh French
Sarah Depew
Mark Dunham
Mark Martynshyn
Kevin McLeod
Rob Bladon
Timm Stephenson
Chris Conway
JoAnne Robinson
Ean Moffat
Darrell Wright
Eric Ursic
Sean Culhane
Eric Vrieling
Chris Cassidy
Chris Thomson
Courtney Bovin
Todd Mackay
Jesse Dynes
Rachel Hart

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2024-2025 OFSAA CHA

Boys' Golf (NEOAA)

Oct. 16-17, 2024, Timmins
Colin Sullivan, Timmins High and Vocational School
(705) 360-1411
colin.sullivan@dbsb1.ca
Entry Deadline: Oct. 10, 2024

Girls' Golf (SWOSSAA)

Oct. 16-17, 2024, Tecumseh
Chance Conrad, Tecumseh Vista Academy
(519) 739-2189
chance.conrad@publicboard.ca
Entry Deadline: Oct. 10, 2024

Cross Country (NCSAA)

Nov. 4, 2024, Ottawa
Kirk Dillabaugh, Glebe Collegiate
(613) 239-2424
kirk.dillabaugh@ocdsb.ca
Entry Deadline: Oct. 29, 2024

Girls' Field Hockey (CISAA)

Nov. 7-9, 2024, St. Catharines
Courtney Smith, Ridley College
(905) 684-1889
courtney_smith@ridleycollege.com
Entry Deadline: Nov. 2, 2024

Boys' A Volleyball (SWOSSAA)

Nov. 21-23, 2024, Chatham
Sharon Smith, Chatham Christian School
(519) 352-4980
sharonsmith@chathamchristian.ca
Entry Deadline: Nov. 16, 2024

Boys' AA Volleyball (SOSSA)

Nov. 21-23, 2024, St. Catharines
Tammy Short, Sir Winston Churchill
(905) 684-6349
Tammy.Short@dbsn.org
Entry Deadline: Nov. 16, 2024

Boys' AAA Volleyball (EOSSAA)

Nov. 21-23, 2024, Kingston
David Loken, Kingston SS
(613) 544-4811
lokend@limestone.on.ca
Entry Deadline: Nov. 16, 2024

Girls' A Basketball (CWOSSA)

Nov. 21-23, 2024, Kitchener
Katie Plaisier, Woodland Christian HS
(519) 648-2114
k.plaisier@woodland.on.ca
Entry Deadline: Nov. 16, 2024

Girls' AA Basketball (NOSSA)

Nov. 21-23, 2024, North Bay
Sam Levac, West Ferris SS
(705) 475-2333
samuel.levac@nearnorthschools.ca
Entry Deadline: Nov. 16, 2024

Girls' AAA Basketball (ROPSSAA)

Nov. 21-23, 2024, Brampton
Douglas McAnally / Sean Forrest, Castlebrooke SS
(905) 794-2485
douglas.mcanally@peelsb.com
Entry Deadline: Nov. 16, 2024

Football Bowls (SWOSSAA)

Nov. 25-27, 2024, Windsor
James Clarke, John McGregor SS
(519) 354-1740
James.Clarke@lkdsb.net
Entry Deadline: Nov. 19, 2024

Nordic Skiing (NOSSA)

Feb. 20-21, 2025, Sudbury
Kerry Abols, Lockerby Composite
(705) 522-1750
abolsk@rainbowschools.ca
Entry Deadline: Feb. 15, 2025

Alpine Skiing (GBSSA)

Feb. 24-25, 2025, Collingwood
Melissa Wheatcroft, Our Lady of the Bay
(705) 445-2043
mwheatcroft@smcdsb.on.ca
Entry Deadline: Feb. 18, 2025

Snowboarding (YRAA)

Feb. 26, 2025, Duntroon
Adrienne Chong, Markville SS
905-940-8840
adrienne.chong@yrdsb.ca
Entry Deadline: Feb. 20, 2025

Swimming (CISAA)

March. 4-5, 2025, Toronto
Tim White, Trinity College School
905-373-9656
twhite@cisontario.ca
Entry Deadline: Feb. 26, 2025

Wrestling (CWOSSA)

March 4-5, 2025, Kitchener
Stephen Gross, Resurrection CSS
(519) 741-1990
stephen.gross@wcdsb.ca
Entry Deadline: Feb. 26, 2025

Boys' A Basketball (WOSSAA)

March 3-5, 2025, Woodstock
Eric Molinaro, Woodstock Collegiate Institute
(519) 537-1050
e.molinaro@tvdsb.ca
Entry Deadline: Feb. 25, 2025

Boys' AA Basketball (NOSSA)

March 3-5, 2025, North Bay
Sam Levac, West Ferris SS
(705) 475-2333
samuel.levac@nearnorthschools.ca
Entry Deadline: Feb. 25, 2025

Boys' AAA Basketball (EOSSAA)

March 3-5, 2025, Kingston
Duncan Cowan, Frontenac SS
613-389-2130
cowand@limestone.on.ca
Entry Deadline: Feb. 25, 2025

Girls' A Volleyball (TDCAA)

March 3-5, 2025, Toronto
Garry Kollins, University of Toronto Schools
(416) 978-3212
gkollins@utschools.ca
Entry Deadline: Feb. 25, 2025

Girls' AA Volleyball (NOSSA)

March 3-5, 2025, North Bay
Sara Pickles, Chippewa SS
(705) 475-2341
Sara.Pickles@nearnorthschools.ca
Entry Deadline: Feb. 25, 2025

Girls' AAA Volleyball (GHAC)

March 3-5, 2025, Burlington
Mike Skeoch / Krista Caron, Dr. Frank J. Hayden SS
(905) 332-5235
caronk@hdsb.ca / skeochmi@hdsb.ca
Entry Deadline: Feb. 25, 2025

Girls' A/AA Hockey (NOSSA)

March 18-20, 2025, Sudbury
Darren Michelutti / Kristy Hebert, St. Charles College
705-566-9605
darren.michelutti@sudburycatholicschools.ca / kristy.hebert@sudburycatholicschools.ca
Entry Deadline: Mar. 6, 2025

Girls' AAA Hockey (YRAA)

March 18-20, 2025, Aurora
Kate Treacy / Joe Gaudio, St Maximilian Kolbe CHS
(905) 727-5652
kate.treacy@ycdsb.ca / joseph.gaudio@ycdsb.ca
Entry Deadline: Mar. 6, 2025

Boys' A/AA Hockey (NOSSA)

March 18-20, 2025, Sudbury
Darren Michelutti / Kristy Hebert, St. Charles College
705-566-9605
darren.michelutti@sudburycatholicschools.ca / kristy.hebert@sudburycatholicschools.ca
Entry Deadline: Mar. 6, 2025

Boys' AAA Hockey (SWOSSAA)

March 18-20, 2025, Windsor
Steve Burke / Ben Dubois / Matthew Vezina, St. Anne CHS
519-727-8908
steve_burke@wecdsb.on.ca
Entry Deadline: Mar. 6, 2025

CHAMPIONSHIP CALENDAR

Boys & Girls Curling (SWOSSAA)

March 19-22, 2025, Sarnia
Kelly Boston, Northern Collegiate
(519) 542-5545
Kelly.Boston@kdsb.net

Entry Deadline: Mar. 6, 2025

Badminton (GHAC)

May 1-3, 2025, Burlington
Virginia Houston, Acton District
(519) 853-2920
houstonv@hdsb.ca

Entry Deadline: Apr. 26, 2025

Ultimate (GBSSA)

May 29-30, 2025, Barrie
Carla Morrison, St. Peter's CHS
705-734-0168
carlamorrison@smcdsb.on.ca

Entry Deadline: May 24, 2025

Boys' A/AA Lacrosse (SOSSA)

June 2-3, 2025, St. Catharines
Wade Pychel / Billy McLaren /
Matthew Vinc, Denis Morris CHS
(905) 684-8731
Wade.Pychel@ncdsb.com,
matthew.vinc@ncdsb.com,
william.mclaren@ncdsb.com

Entry Deadline: May 27, 2025

Tennis (TDSSAA)

June 2-4, 2025, Toronto
Larry Laughlin, Marc Garneau CI
416-396-2414
larry.laughlin@tdsb.on.ca

Entry Deadline: May 27, 2025

Girls' A/AA Rugby (COSSA)

June 2-4, 2025, Cobourg
Greg Conway, St Mary CSS
(905) 372-4339
gconway@pvnccdsb.on.ca

Entry Deadline: May 27, 2025

Girls' AAA Rugby (YRAA)

June 2-4, 2025, Aurora
Frank Ienna, St Maximilian Kolbe CHS
(905) 727-5652
frank.ienna@ycdsb.ca

Entry Deadline: May 27, 2025

Baseball East Regional (LOSSA)

June 4-5, 2025, Whitby
Geoff Whent, Sinclair SS
(905) 666-5400
geoffrey.whent@ddsbc.ca

Entry Deadline: May 29, 2025

Baseball West Regional (SWOSSAA)

June 4-5, 2025, Lakeshore
Steve Burke, St. Anne CHS
519-727-8908
sburke066@gmail.com

Entry Deadline: May 29, 2025

Boys' AAA Lacrosse (CWOSSA)

June 4-5, 2025, Owen Sound
Owen Ferguson, Owen Sound DSS
(519) 376-6050
owen_ferguson@bwdsb.on.ca

Entry Deadline: May 29, 2025

Boys' A/AA Rugby (COSSA)

June 5-7, 2025, Belleville
Kyle Ripley / Pete Hercus, Centennial SS
613-962-9233
kripley@hpedsb.on.ca

Entry Deadline: May 31, 2025

Boys' AAA Rugby (YRAA)

June 5-7, 2025, Aurora
Frank Ienna, St Maximilian Kolbe
(905) 727-5652
frank.ienna@ycdsb.ca

Entry Deadline: May 31, 2025

Girls' A Soccer (SOSSA)

June 5-7, 2025, Welland
Jason Duthie/Glen Beauregard, ÉSC Saint
Jean de Brébeuf
(905) 714-7882
jduthie@cscmonavenir.ca / gbeauregard@
cscmonavenir.ca

Entry Deadline: May 31, 2025

Girls' AA Soccer (EOSSAA)

June 5-7, 2025, Kingston
Kristin Lawlor, Lasalle SS
(613) 546-1737
lawlork@limestone.on.ca

Entry Deadline: May 31, 2025

Girls' AAA Soccer (GHAC)

June 5-7, 2025, Oakville
Peter Bonfiglio, Holy Trinity CSS
(905) 257-3534
BonfiglioP@hcdsb.org

Entry Deadline: May 31, 2025

Boys' A Soccer (SOSSA)

June 5-7, 2025, Welland
Jason Duthie/
Glen Beauregard, ÉSC Saint Jean de Brébeuf
(905) 714-7882
jduthie@cscmonavenir.ca /
gbeauregard@cscmonavenir.ca

Entry Deadline: May 31, 2025

Boys' AA Soccer (NCSSAA)

June 5-7, 2025, Ottawa
Carl Martineau, ESP Gisele Lalonde
(613) 833-0018
carl.martineau@cepeo.on.ca

Entry Deadline: May 31, 2025

Boys' AAA Soccer (EOSSAA)

June 5-7, 2025, Kingston
David Loken, Kingston SS
(613) 544-4811
lokend@limestone.on.ca

Entry Deadline: May 31, 2025

Track & Field (TBD)

June 5-7, 2025

Entry Deadline: May 31, 2025

Girls' Slo-Pitch (SWOSSAA)

June 9-10, 2025, Windsor
Jim Kittl, FJ Brennan
(519) 945-2351
jim_kittl@wecdsb.on.ca

Entry Deadline: June 3, 2025

Baseball Final (OFSAA)

June 10, 2025 (TBD)
Brian Poste, OFSAA
brianposte@ofsaa.on.ca



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OFSAA Boys' A/AA Field Lacrosse Festival

Georgina

June 3-4, 2024



The A/AA Boys Lacrosse Festival was hosted by Keswick High School (YRAA) & Sutton District High School (YRAA) with the teams traveling to the beautiful Town of Georgina.

Convenors Ian Black and Andy Hagerman commitment to excellence was evident in every detail, from the seamless organization to the

warm hospitality extended to all guests. It was a truly remarkable gathering that exemplified the best of sportsmanship and unity.

The night before the competition, participants gathered at Keswick High School for a banquet where they enjoyed a delicious meal, watched inspiring video messages, and received several giveaways. The highlight of the evening was the presentation of the Leadership in School Sport Award to Robert Bladon, recognizing his dedication to lacrosse at Aurora High School and the York Region Athletic Association for over 25 years!

The competition was held at the Georgina Civic Centre Athletic Fields, where athletes demonstrated their exceptional skills. The matches were closely contested, and as the finals approached, Governor Simcoe SS (SOSSA) made it to their third consecutive final, aiming for back-to-back golds. Their opponents- McKinnon Park S.S. (CWOSSA) - had different plans. In a hard-fought final, McKinnon Park secured the win, claiming gold for the first time since 2018!

Congratulations to Mackinnon Park student-athletes: Rhys Doolittle, Lucas Ecker, Rakawineh Elijah, Owen Fess, Braedy Francis, Cameron Hill, Aason Hill, Shayne Holloway, Jacob Hozjan, Jozey Jacobs, Dayton Jamieson, Cole Jennings, Aubri John, Ryder Johnson Benjamin Love, Layton MacDonald, Dayton Martin, Cadence Martin, Jason Montour-Cayuga, Liam Porter, Kalem Powless, Ryker Powless, Jacob Skye, Grayson Skye, Joe Squire, Owen Vyse and coaches Jason Johnson, Brad McPherson, Delby Powless, Andrew Young.

PARTICIPATING TEAMS (12)

Crestwood Preparatory College	CISAA
Holy Cross C.S.S.	COSSA
McKinnon Park S.S.	CWOSSA
Patrick Fogarty C.S.S.	GBSSA
Huntsville H.S.	GBSSA
King's Christian Collegiate	GHAC
Holy Trinity S.S.	LOSSA
St. Mark H.S.	NCSSAA
E.L. Crossley S.S.	SOSSA
Governor Simcoe S.S.	SOSSA
Keswick H.S.	YRAA
Aurora H.S.	YRAA

SEMI-FINALS

Governor Simcoe def. Holy Cross C.S.S.	9-3
McKinnon Park S.S def. Patrick Fogarty	7-6

BRONZE MEDAL GAME

Patrick Fogarty def. Holy Cross C.S.S.	6-4
--	-----

GOLD MEDAL GAME

McKinnon Park S.S def. Governor Simcoe	10-7
--	------

OFSAA Boys' AAA Field Lacrosse Festival

Georgetown

June 5-6, 2024



Christ the King Catholic Secondary School (GHAC) in Georgetown hosted this year's Boys' AAA Field Lacrosse Festival. A strong organizing committee led by experienced convenor Timm Stephenson welcomed schools from across the province to showcase their skills. With 12 teams competing fiercely for the title, this year's festival

showcased remarkable skill and spirit. Each game highlighted the dedication and hard work that these young athletes have put in throughout the season

Following the games on Day 1, participants enjoyed a BBQ picnic, which offered a chance for teams to bond and enjoy each other's

company outside of the competition. During the picnic, the Leadership in School Sport Award was presented to convenor Timm Stephenson in recognition of his outstanding commitment to school sport in the province. Timm's dedication and hard work have made a significant impact on the community, and everyone joined in congratulating Timm on this well-deserved honor. Congratulations, Timm!

The championship culminated in a highly-anticipated final match between Brooklin HS (LOSSA) and St. Peter SS (COSSA) with Brooklin HS emerging victorious by a score of 11-5.

Congratulations to student-athletes: Xavier Beattie, Matt Bradica, Brayden Brown, Emerson Cudmore, Jack Dean, Matthew Elsenaar, Ethen Fines, Layne Gallacher, Justin Handsor, Caleb Hills, Rhys Huinink, Jackson Irvine, Carson MacNeal, Lucas Marshall, Bennett McLean, Marcus Mori, Aaron Mulford, Shadrach Nzopfabarushe, Chase Parnell, Will Serviss, Broden Shea, Zachary Shepard, Ryan Slapkauskas, Ryan Tavares, Vann Williamson, Josh Yoshida and coaches David Brown and Matt Parfitt.

PARTICIPATING TEAMS (12)

St. Peter S.S.	COSSA
Assumption College School	CWOSSA
St. Joseph's C.H.S.	GBSSA
Christ the King C.S.S.	GHAC
Milton District H.S.	GHAC
Brooklin H.S.	LOSSA
Sacred Heart H.S.	NCSSAA
Mayfield S.S.	ROPSSAA
Denis Morris H.S.	SOSSA
Neil McNeil H.S.	TDCAA
Humberside C.I.	TDSSAA
Bill Crothers S.S.	YRAA

SEMI-FINALS

St. Peter S.S. def. Christ The King	10-9
Brooklin H.S. def. Denis Morris H.S.	14-4

BRONZE MEDAL GAME

Denis Morris H.S. def. Christ The King	7-6
--	-----

GOLD MEDAL GAME

Brooklin H.S. def. St. Peter S.S.	11-5
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OFSAA Girls' Slo-Pitch Festival

Hamilton June 10-11



Charley Giudice and his organizing committee at St. Mary Catholic Secondary School (GHAC) welcomed sixteen teams to Turner Park in Hamilton for the second annual OFSAA Girls' Slo-Pitch Festival. This new festival has showcased amazing talent while providing exciting games on

the ball diamond. OFSAA thanks convenor Charley Giudice and the team of volunteers for their outstanding work in delivering an excellent event!

On the evening of day one, the organizing committee held a banquet at the host school, St. Mary C.S.S., where teams

socialized, took pictures at the photo booth and enjoyed a nice meal. At the banquet, Rachel Hart, the athletic director of the host school, was presented with the Leadership in School Sport Award for her ongoing dedication and support of high school athletics. Congratulations, Rachel!

The games observed throughout the festival were exciting to watch, showcasing good competition and sportsmanship among all of the teams. The gold medal game saw a rematch of the SWOSSAA Final as Sandwich Secondary School defeated Kingsville 7-1 to take home the OFSAA banner.

Congratulations to the winning team members: Braelyn Banks, Breslyn Banks, Gwen Bissonnette, Averie Blanchard, Caitlin Brayford, Emily Crosby, Claire Findlay, Samantha Garant, Serena Gatt, Mycahyla Hinton-Taylor, Olivia Koszegi, Mately MacNeill, Kylie Parent, Kyra Smith, Brook Ward and coaches Sydney Booth, Michael MacNeill and Michael Trudell.

Congratulations to all participants for qualifying for the 2024 OFSAA Girls' Slo-Pitch Festival!

PARTICIPATING TEAMS (16)

Bayside S.S.	COSSA
St. Mary's H.S.	CWOSSA
Norwell D.S.S.	CWOSSA
St. Peter's C.S.S.	GBSSA
Orillia S.S.	GBSSA
Bishop P.F. Reding C.S.S.	GHAC
St. Mary C.S.S.	GHAC
Bishop Alexander Carter C.S.S.	NOSSA
St. Martin C.S.S.	ROPSSAA
A.N. Myer S.S.	SOSSA
Kingsville D.H.S.	SWOSSAA
Sandwich S.S.	SWOSSAA
Michael Power/St. Joseph	TDCAA
Riverdale C.I.	TDSSAA
South Huron D.H.S.	WOSSAA
Father Bressani C.H.S.	YRAA

SEMI-FINALS

Sandwich def. South Huron	13-0
Kingsville def. Bishop Reding	5-4

BRONZE MEDAL GAME

Bishop Reding def. South Huron	6-5
--------------------------------	-----

GOLD MEDAL GAME

Sandwich def. Kingsville	7-1
--------------------------	-----

OFSAA Ultimate Festival

Lakefield

May 30-31, 2024



The OFSAA Ultimate Festival continues to demonstrate the sport's growth and it provides athletes, coaches, and spectators with unforgettable memories of intense competition through remarkable sportsmanship. Hosted by Lakefield College School (CISAA), this year's event surpassed all expectations.

The success of this year's event would not have been possible without the unwavering support and dedication of convenors Todd Melville and Chris Burns along with their hosting committee. A huge thank you to the organizing committee for their meticulous planning and seamless execution of the event.

After round-robin games, participants enjoyed a BBQ with a campfire theme, with the lake providing a lovely backdrop for the festivities. Congratulations to Kevin McLeod who received the Leadership in School Sport Award for his efforts within the sport of ultimate.

Throughout the festival, spectators watched highly-competitive ultimate games during both pool play and the playoff rounds.

In the gold medal match, Bowmanville H.S. (LOSSA) defeated Sir Winston Churchill S.S. (SOSSA) and in the bronze medal match Havergal College/Crescent School (CISAA) defeated Clarkson S.S. (ROPSSAA).

Congratulations to Bowmanville High School student-athletes: Grady Avarell, Mara Avarell, Elliot Blouin, Austin Bradley, Lexie Brown, Morgan Campbell, Liam Crawford, Drew Crawford, Vijuut Giritharan, Chad Hardy, Mylee Jackson, Troy Jamieson, Noam Kassirer, Nicholas Kentner, Samantha Lee, Abby Redlarski, Olivia Robinson, Sophia Santos, Kaleb Schakelaar, Luke Schakelaar, Meredith Short, Kacie Stolarek, Holden Watson, Cedar Watson, Alden Whitman, Anna Wright, Isabelle Wunderlich and coaches Kevin MacLeod, Chris Beatty.

Bowmanville HS was recognized with the Team Spirit Award for setting a positive example, both on and off the field, as noticed by all participants.

We thank everyone who contributed to making this championship a success and extend our congratulations to all the teams for their hard work and achievements.

Congratulations!

PARTICIPATING TEAMS (16)

Crescent School & Havergal College	CISAA
Lakefield College School	CISAA
Adam Scott C.V.I.	COSSA
Cobourg C.I.	COSSA
Brantford C.I.V.S.	CWOSSA
Vankleek Hill C.I.	EOSSAA
St. Joan of Arc C.H.S.	GBSSA
Georgetown D.H.S.	GHAC
Bowmanville H.S.	LOSSA
Clarkson S.S.	ROPSSAA
Sir Winston Churchill S.S.	SOSSA
Kingsville D.H.S.	SWOSSAA
Marshall McLuhan C.S.S.	TDCAA
Etobicoke C.I.	TDSSAA
St. Marys D.C.V.I.	WOSSAA
Markville S.S.	YRAA

QUARTER-FINALS

Havergal/Crescent def. Adam Scott CVI	10-8
Sir Winston Churchill SS def. Markville SS	11-3
Bowmanville HS def. Cobourg CI	12-2
Clarkson SS def. Etobicoke CI	10-3

SEMI-FINALS

Sir Winston Churchill SS def. Havergal/Crescent	7-6
Bowmanville HS def. Clarkson SS	15-2

BRONZE MEDAL GAME

Havergal/Crescent def. Clarkson SS	12-6
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GOLD MEDAL GAME

Bowmanville HS def. Sir Winston Churchill SS	15-0
--	------

OFSAA Badminton Championship

Barrie

May 2-4, 2024



After completing Day 1 of the competition, participants gathered for the customary banquet at Innisdale S.S. The host committee decorated the venue beautifully, and the attendees enjoyed a fantastic meal. The Leadership in School Sport Award was presented to convenor Mark Martynshyn for his dedication to the sport. Congratulations and thank you for your commitment to school sports, Mark!

The tournament featured intense and closely-contested matches that kept spectators on the edge of their seats. The venues were excellently equipped, providing ample space for multiple badminton courts, allowing the tournament to run smoothly and efficiently. Additionally, the venues offered all the necessary amenities for players and officials, contributing to a seamless and enjoyable experience for all involved.



Innisdale Secondary School (GBSSA) hosted the 2024 OFSAA Badminton Championship in Barrie, Ontario. Under the guidance of convenor Mark Martynshyn, the organizing committee truly provided a memorable experience for all players, coaches, and

spectators involved. Special thanks are extended to them for their outstanding efforts in preparing for the event.

OFSAA would like to thank Yonex Canada for their support of this year's championships.

Well done to all the players and coaches for representing your school with respect and sportsmanship throughout the competition!

GIRLS' SINGLES

A FLIGHT

- | | |
|---------------------|---------|
| 1. Kaylee Wang (O) | CISAA |
| 2. Emma Meng (O) | YRAA |
| 3. Karen Ki (O) | TDCAA |
| 4. Brindha Raja (O) | ROPSSAA |

B FLIGHT

- | | |
|---------------------------|---------|
| 1. Nishtha Dubey (O) | GHAC |
| 2. Celine Karavally (O) | NCSSAA |
| 3. Maddie Martynshyn (HS) | GBSSA |
| 4. Sanvika Wadhwa (HS) | ROPSSAA |

C FLIGHT

- | | |
|-------------------------|--------|
| 1. Nina Anderson (HS) | NEOAA |
| 2. Nadine Buchanan (HS) | NCSSAA |
| 3. Georgia Baldwin (HS) | YRAA |
| 4. Chloe Ye (HS) | YRAA |

BOYS' SINGLES

A FLIGHT

- | | |
|----------------------------|--------|
| 1. Vedant Sardeshpande (O) | NCSSAA |
| 2. Ethan Zhang (O) | YRAA |
| 3. Hlib Derevianko (O) | YRAA |
| 4. Ferdinand Zhang (O) | TDSSAA |

B FLIGHT

- | | |
|---------------------------|--------|
| 1. James Zhang (HS) | CISAA |
| 2. Vidun Nanayakkara (HS) | NCSSAA |
| 3. Julius Guan (O) | TDCAA |
| 4. Kevin Liang (HS) | YRAA |

C FLIGHT

- | | |
|-------------------------|---------|
| 1. Brayden Neville (HS) | GHAC |
| 2. Kayo Lake (HS) | NWOSSAA |
| 3. Brad Hu (HS) | GBSSA |
| 4. Hardy Kurz (HS) | NEOAA |

MIXED DOUBLES

A FLIGHT

- | | |
|-------------------------------|--------|
| 1. Paula Guo / Michael Ji | YRAA |
| 2. Sydney Yeung / Oliver Chen | CISAA |
| 3. Jasmine Shi / Chenyi Tao | YRAA |
| 4. Reath Roth / Jessica Jian | NCSSAA |

B FLIGHT

- | | |
|-----------------------------|--------|
| 1. Jiayi Peng / Kaiwen Feng | GHAC |
| 2. Frank Shen / Claire Shi | SOSSA |
| 3. Roy Mei / Isabelle Mei | LOSSA |
| 4. Ella Koch / Mark Barton | WOSSAA |

C FLIGHT

- | | |
|---------------------------------|---------|
| 1. Vanessa Eng / Charlie Shi | WOSSAA |
| 2. Ashley Zhong / Gabriel Yu | GHAC |
| 3. Jack Countryman / Sam Louzon | SWOSSAA |
| 4. Annie Liang / Nathan Chau | CISAA |

GIRLS' DOUBLES

A FLIGHT

- | | |
|-------------------------------|--------|
| 1. Lyric Su / Cindy Zhao | YRAA |
| 2. Katie Lau / Catherine Pang | YRAA |
| 3. Jolin Zhang / Joyce Zhong | GHAC |
| 4. Chloe Lee / Maya Leung | TDSSAA |

B FLIGHT

- | | |
|----------------------------------|--------|
| 1. Tina Tian / Alicia Wang | GHAC |
| 2. Anika Guo / Joanna Wang | WOSSAA |
| 3. Marina Sobotka / Vera Sobotka | SOSSA |
| 4. Carlie Popp / Rory Corbeil | NOSSA |

C FLIGHT

- | | |
|--|--------|
| 1. LJay De Guzman / Liyenne Valdez | TDCAA |
| 2. Monica Xue / Emma Yu | CWOSSA |
| 3. Ava Martynshyn / EJ Cudmore | GBSSA |
| 4. Piper Stephenson / Jorja Stephenson | EOSSAA |

BOYS' DOUBLES

A FLIGHT

- | | |
|---------------------------------------|--------|
| 1. Rayce Su / Matthew Yu | YRAA |
| 2. Kousihan Balachandran / Asher Bedi | YRAA |
| 3. Bosco Lai / Rishi Subramani | TDSSAA |
| 4. Michael Li / William Zhang | GHAC |

B FLIGHT

- | | |
|---------------------------------------|---------|
| 1. Dennis Lu / Alex Chen | CISAA |
| 2. Chrisfusion Adiwana / Cruz Adiwana | CWOSSA |
| 3. Bismaad Kalral / Abhijay Singh | ROPSSAA |
| 4. Michael Qu / Kevin Chang | NCSSAA |

C FLIGHT

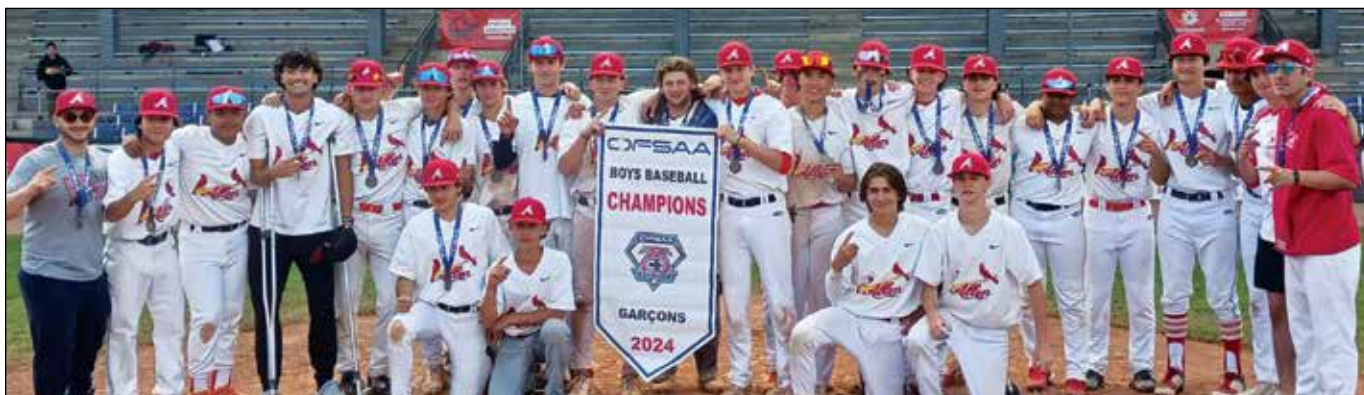
- | | |
|--------------------------------------|--------|
| 1. Teague Chan-Carusone / Will Zhang | GHAC |
| 2. Zachary Ng / Ethan Luo | NCSSAA |
| 3. Arnav Papreja / Vincent Xie | WOSSAA |
| 4. Andi Tse / Terrence Zhu | YRAA |



OFSAA Boys' Baseball Championship

Whitby and Lakeshore
London

June 5-6, 2024
June 11, 2024



Another fantastic few days of baseball occurred again this year at the Regionals and the Finals. Although the weather didn't cooperate during the regionals with games being postponed in Windsor after the skies opened up and then delayed in Oshawa with overnight rain, the Regionals were both completed on time.

Congratulations to Steve Burke (St. Anne Secondary School - SWOSSAA) and Geoff Whent (Sinclair Secondary School - LOSSA) for running outstanding Regional Championships! When the skies opened up during a game in Windsor, the true spirit of OFSAA came through when Ethan Charron and Nathan Maj from Notre Dame CSS in GHAC left the protection of the dugout and helped the grounds crew finish tarping the field in

order to preserve the playing surface for the next day.

At the conclusion of the Regionals, the following teams qualified for the finals: St. Anne SS (SWOSSA) and St. Martin Catholic Secondary School (ROPSSAA) from Windsor along with Donald A. Wilson Secondary School (LOSSA) and Bishop Allen Academy (TDCAA) from Oshawa. The sun came back for the Finals in London hosted by Taylor Jones from Clarke Road Secondary School. After the semi-final games, it was a rematch from the Oshawa Regional with Bishop Allen Academy coming out on top.

Congratulations to Paul Rebelo and the Bishop Allen Academy Cardinals on their first OFSAA Baseball Championship! The Leadership in School Sport Award was given to Jesse Dynes from Anderson CVI (LOSSA). Jesse has been an important part of LOSSA baseball for many years and he is a deserving candidate.

Congratulations to the Bishop Allen Cardinals players Lucas Aucoin, Gavin Baraniuk, Joshua Bullock, Aidan Chanderbhan, George Di Matteo, Petar Dunn, Julian Fabizio, Jayden Gallo, Leo Hjartarson, Kai Howard, Adam Kim, Aaron Krautner, Zach Mair, Daniel Marquez, Jack Mullin, Andrew Pacheco, William Paz, Kristopher Pedrosa, Matthew Rebelo, Jackson Rose, Scott Smith, Steven Trkulja, Luke Van Hezewyk, Lucas Vukovic, Nolan Walsh, Noah Yim and coaches Paul Rebelo and Steven Minicheillo.

PARTICIPATING TEAMS – WEST REGIONAL (9)

Simcoe Composite School	CWOSSA
Bradford District H.S.	GBSSA
Notre Dame C.S.S.	GHAC
St. Charles College	NOSSA
St. Martin C.S.S.	ROPSSAA
Ancaster H.S.	SOSSA
St. Thomas of Villanova SS	SWOSSAA
St. Anne S.S.	SWOSSAA
Mitchell District H.S.	WOSSAA

PARTICIPATING TEAMS – EAST REGIONAL (9)

St. Michael's College School	CISAA
Cobourg C.I.	COSSA
Frontenac S.S.	EOSSAA
RS McLaughlin C.V.I.	LOSSA
Donald A. Wilson S.S.	LOSSA
St. Joseph's H.S.	NCSSAA
Bishop Allen Academy	TDCAA
Humberside C.I.	TDSSAA
St. Maximilian Kolbe C.H.S.	YRAA

SEMI-FINALS

Bishop Allen def. St. Anne	15-1
Donald A. Wilson def. St. Martin	5-1

BRONZE MEDAL GAME

St. Martin def. St. Anne	17-4
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GOLD MEDAL GAME

Bishop Allen def. Donald A. Wilson	10-0
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OFSAA Boys' A/AA Rugby Championship

Stratford

June 6-8, 2024



The 2024 Boys' A/AA Rugby Championship was hosted by F.E. Madill Secondary School in Wingham but matches took place in Stratford at the Stratford Education Recreation Centre fields and the Army Navy Field. Convenor Pat Donnelly and his organizing committee put on an

excellent event that will be remembered by participants for years to come. The banquet was held at the Stratford Rotary Complex. Will Kelly, the head coach of the McMaster Marauders men's rugby program and former national and professional level rugby player, spoke about the value of athletic participation in high school, the lifelong friendships made playing rugby and what we can learn from the ups and downs experienced in sport.

The championship exhibited exceptional skill and sportsmanship, shining a spotlight on the remarkable talents of the participating teams. The 2024 OFSAA Boys' A/AA Rugby Champions banner was awarded to LaSalle Secondary School (EOSSAA) who defeated Appleby College (CISAA) in the gold medal match.

Congratulations to the gold medal-winning LaSalle student-athletes: Jordan Askew-Kirkland, Rahman Abdel Atrach, Kaden Byne, Kieran Cardinal, Jeremy Castellarin, Joshua Coathup, Andrew Correia Snider, Ethan Cox, Aaron Curtis, Josh Dixon, Carter Ebrahim, Hayden Fern, Kole Glover, Brayden Gosse, Grady Irwin, Joe Kaufman, Ryan Lavigne, Nick Manuel, Bram Morton, Philip Peroff, Levi Ruttan, Cohen Sands, Tristan Savard, Kallen Serson, Keaghan Spellman, Sam Stutt, Carter Swim, Ryker Vanspriel, Dylan Webster, Avery Woodman. Coaches Reuben Brunel, David Cameron and Romulo Severino navigated the team to victory.

At the championship, St. Michael Catholic Secondary School (WOSSAA) was selected to receive the OFSAA Team Sportsmanship Award for their demonstration of sportsmanship and OFSAA values on and off the pitch.

At the banquet, the Leadership in School Sport Award for the Boys' A/AA Rugby Championship was presented to Ean Moffat. Ean, a teacher at F.E. Madill S.S., has coached for all 19 years that he has taught at the school. He has coached soccer, basketball, volleyball, slo-pitch and hockey. His teams have been well represented at OFSAA championships with gold and bronze medal finishes in hockey. He is the current convenor for girls' hockey at the WOSSAA level and is an excellent leader in the greater school sport community. Congratulations, Ean!

PARTICIPATING TEAMS (16)

Trinity College School	CISAA
Appleby College	CISAA
Holy Cross C.S.S.	COSSA
Centennial S.S.	COSSA
Holy Trinity C.H.S.	CWOSSA
LaSalle S.S.	EOSSAA
T.A. Blakelock H.S.	GHAC
Henry Street H.S.	LOSSA
Eastdale C. & V.I.	LOSSA
Ashbury College	NCSSAA
Cairine Wilson S.S.	NCSSAA
Streetsville S.S.	ROPSSAA
St. John Henry Newman C.H.S.	TDCAA
Parkside C.I.	WOSSAA
F.E. Madill S.S.	WOSSAA
St. Michael C.S.S.	WOSSAA

SEMI-FINALS

LaSalle def. Trinity College	26-0
Appleby College def. Holy Cross	26-14

CONSOLATION FINAL

Holy Trinity def. Cairine Wilson	31-14
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BRONZE MEDAL GAME

Trinity College def. Holy Cross	19-19 (K)
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GOLD MEDAL GAME

LaSalle def. Appleby College	15-8
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OFSAA Boys' AAA Rugby Championship

Peterborough

June 6-8, 2024



The 2024 OFSAA AAA Boys' Rugby Championship took place in Peterborough Ontario, under the leadership of convenor Sandy Keay. His organizing committee dedicated countless hours to creating an exceptional experience for all participants.

Adam Scott CVI and Nicholes Oval Park served as excellent venues for the competition, providing an outstanding environment that elevated the overall experience for players, spectators, and organizers alike. The action-packed first day of competition wrapped up with the championship banquet at the Healthy Planet Arena, where the staff provided excellent food. At the banquet, Darrell Wright received the Leadership in School Sport Award, recognizing his years of coaching and the positive influence he had on student-athletes.

The championship provided many exciting games and in the gold medal game between Kitchener Waterloo C. & V. S.

(CWOSSA) and the host school Adam Scott C. & V. I. (COSSA), neither team could gain the upper hand, resulting in a draw. This led to penalty kicks to decide the outcome. In the end, Kitchener Waterloo C. & V. S. claimed victory.

Congratulations to: Matt Ball, Sean Beckermann, Solomon Chung, Luc de Visser, Owen Diplock, Cole Dwyer, Rayyen Elsaifi, Bryce Gray, Jude Hawthorn, Jacob Hirschberger, Sakuma Kano, Adeel Kara, Ryan Kropf, Matthew MacLeod, Wyatt Mellow, Matthew Montgomery-Hintz, Daniel Muzaliwa, Anthony Nguyen, Ian Nykamp, Cole O'Donnell, Easton Oberholtzer, Joel Park, Filip Radulovic, Calum Roberts, Dryden Runstedler, Owen Secord, Jimmy Stuart, Robbie Thorman, Logan Tomlinson, Branden Wenderoth, Owen Wilbur, Brodin Young and coaches Cody Roberts, Kevin Horn, and Adam Smit.

The Team Sportsmanship Award was awarded to Barrie North Collegiate (GBSSA), whose success can be attributed to their behaviour both on and off the pitch. Congratulations on a great season!

PARTICIPATING TEAMS (16)

Crescent School	CISAA
Bayside S.S.	COSSA
Adam Scott C. & V. I.	COSSA
Kitchener Waterloo C. & V. S.	CWOSSA
Kingston S.S.	EOSSAA
Barrie North C.I.	GBSSA
Oakville Trafalgar H.S.	GHAC
Uxbridge S.S.	LOSSA
Sacred Heart H.S.	NCSSAA
Lorne Park S.S.	ROPSSAA
A.N. Myer S.S.	SOSSA
St. Patrick's H.S.	SWOSSAA
Neil McNeil H.S.	TDCAA
Northern S.S.	TDSSAA
Medway H.S.	WOSSAA
St. Theresa of Lisieux C.H.S.	YRAA

QUARTER-FINALS

Crescent School def. Northern S.S.	12-3
Kitchener Waterloo C. & V. S. def. Lorne Park S.S.	15-7
Adam Scott C. & V. I. def. Barrie North C.I.	26-0
Oakville Trafalgar H.S. def. Medway H.S.	29-17

SEMI-FINALS

Kitchener Waterloo C. & V. S. def. Crescent School	17-7
Adam Scott C. & V. I. def. Oakville Trafalgar H.S.	8-0

BRONZE MEDAL GAME

Oakville Trafalgar H.S. def. Crescent School	21-12
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GOLD MEDAL GAME

Kitchener Waterloo C. & V. S. def. Adam Scott C. & V. I.	17-17 (2-1 PK)
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OFSAA Girls' A/AA Rugby Championship

Courtice

June 3-5, 2024



The 2024 OFSAA Girls' A/AA Rugby Championship was hosted by Courtice Secondary School (LOSSA) and was marked by high competition and excitement. Convenors David Chatten and Kaela Stewart, along with their entire organizing committee, deserve praise for organizing a smoothly-

run and successful event.

The teams demonstrated exceptional skill and perseverance throughout the championship. Games were exciting and showcased amazing talent! In the championship match, Holy Cross Catholic Secondary School (COSSA) defeated Centre Dufferin District High School (CWOSSA) to take home the 2024 Girls' A/AA OFSAA Championship.

Congratulations to Holy Cross C.S.S. student athletes: Katie Belk, Lilli Bidgood, Annie Briand, Kassidy Buott, Marielle Collins, Grace Conner, Olivia Cote-Wawryszyn, Olivia Desautel, Shannon Elliot,

Arrisa Fowler, Avery Gaebel, Olivia Gaebel, Harlow Gallagher-Ahern, Macy Harper, Logan Jolley, Victoria Lyons, Myah McCormack, Chloe McMahan, Lily Pascoe, Hannah Patching, Jodyn Scott, Bridget Shannon, Jacey Stonelzabela Sutherland, Isabelle Urie, Charley Wade, Kyrsten White, Jenna Whynot, Jady Whynot, Morgan Yeomans and coaches Jake Fowler, Leah Davis, Brian Greer and Erin Preston.

The Team Sportsmanship Award was presented to Centre Dufferin District High School (CWOSSA) who demonstrated the attributes of sportsmanship and fair play on and off the field.

Chris Conway of Eastdale Collegiate & Vocational Institute (LOSSA) in Oshawa was recognized with the Girls A/AA Rugby Leadership in School Sport Award. Chris is actively involved in the school sport community by coaching rugby, golf, tennis and soccer. Additionally, Chris runs an annual girls' rugby tournament that focuses on development. Chris works tirelessly behind the scenes to ensure there is funding and equipment to support successful rugby programs within the DDSB. His teams are always disciplined and hardworking which is a true testament to his leadership and coaching style. Congratulations, Chris!

PARTICIPATING TEAMS (16)

Holy Cross C.S.S.	COSSA
Centennial S.S.	COSSA
Centre Dufferin D.H.S.	CWOSSA
Holy Trinity C.H.S.	CWOSSA
Napanee D.S.S.	EOSSAA
Georgian Bay D.S.S.	GBSSA
T.A. Blakelock	GHAC
Eastdale C.&V.I.	LOSSA
Clarington Central S.S.	LOSSA
Ashbury College	NCSSAA
Streetsville S.S.	ROPSSAA
Lakeshore C.H.S.	SOSSA
Lambton Central C.&V.I.	SWOSSAA
St. John Henry Newman	TDCAA
Ursula Franklin Academy	TDSSAA
Parkside C.I.	WOSSAA

SEMI-FINALS

Holy Cross def. Centennial	21-12
Centre Dufferin def. Napanee	17-15

CONSOLATION FINAL

Newman def. Parkside	15-10
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BRONZE MEDAL GAME

Centennial def. Napanee	17-5
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GOLD MEDAL GAME

Holy Cross def. Centre Dufferin	24-15
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OFSAA Girls' AAA Rugby Championship

Peterborough

June 3-5, 2024



match, John F. Ross C.V.I. defeated the host school to take home the 2024 OFSAA Girls' AAA Rugby Championship.

Congratulations to the winning student-athletes: Syanna Abouchacra, Rahyssa Aquino Soares, Abby Blashuk, Alex Blashuk, Kaleigh Bruce, Noelle



The 2024 OFSAA Girls' AAA Rugby Championship was hosted by Thomas A. Stewart Secondary School (COSSA) and led by convenor Dave Donald. Dave and his organizing committee did an exceptional job and should be recognized for their efforts. The banquet was held the morning of the first day at the Duoro

Community Centre where Barbara Mervin and Britt Benn, two national level players, shared how their high school rugby experience led them to new opportunities and helped shape them into the individuals they are today.

Thomas. A. Stewart and Nicholls Oval Park in Peterborough were the sites for the rugby matches across all three days. The matches throughout the championship were highly-competitive and highlighted the growth of high school girls' rugby in Ontario. The host school, Thomas A. Stewart fought their way to the gold medal match and faced John F. Ross Collegiate & Vocational Institute (CWOSSA). Ultimately, in an exciting championship

Corbett, Heidi Cowbrough, Alanna Day, Annabelle Dockstader, Kalia Drury, Adison Evans, Abby Granger, Maeve Hagarty, Ashlyn Hebert, Bella Hillen, Charlie Hunt, Jada Jackman, Madisyn Lecompte, Cecilia Lee, Aime MacNeil, Mackenzie Martin, Allie Mcllwraith, Ella Parisotto, Brooke Pembleton, Sydney Petrik, Amanda Sarabura, Brynn Schaefer, Klay Van Lankveld, Julia Weber, Sydney Young. The team was led by coaches Mark Yanchus, Iain Braithwaite, Nick Key and Lacey Scott.

The Team Sportsmanship Award was awarded to the gold medalists and OFSAA champions, John F. Ross C.V.I. for their outstanding display of sportsmanship throughout the entire championship. Teams commended them for their positive attitudes and described them as "deserving champions".

The Girls AAA Rugby Leadership in School Sport Award was presented to JoAnne Robinson of Bayside Secondary School (COSSA). JoAnne has been involved in high school sport since she began her teaching career. She coaches volleyball, rugby and wrestling and has convened or been a committee member of many OFSAA rugby championships and local tournaments. She serves on the COSSA executive and dedicates her time to ensuring student-athletes have opportunities to be involved in high school sport. Congratulations, JoAnne!

PARTICIPATING TEAMS (16)

Bayside S.S.	COSSA
Thomas A. Stewart S.S.	COSSA
John F. Ross C.V.I.	CWOSSA
Kingston S.S.	EOSSAA
Nantyr Shores S.S.	GBSSA
Oakville Trafalgar H.S.	GHAC
Ajax H.S.	LOSSA
Uxbridge S.S.	LOSSA
Glebe C.I.	NCSSAA
Mayfield S.S.	ROPSSAA
Robert F. Hall C.S.S.	ROPSSAA
Eden H.S.	SOSSA
Ursuline College	SWOSSAA
Northern S.S.	TDSSAA
Sir Wilfrid Laurier S.S.	WOSSAA
St. Maximilian Kolbe C.H.S.	YRAA

SEMI-FINALS

Thomas A. Stewart def. Glebe	17-0
John F. Ross def. Bayside	26-5

CONSOLATION FINAL

Nantyr Shores def. Northern	23-20
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BRONZE MEDAL GAME

Bayside def. Glebe	22-7
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GOLD MEDAL GAME

John F. Ross def. Thomas A. Stewart	33-17
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OFSAA Boys' and Girls' A Soccer Championships Jordan Station June 6-8, 2024



Thirty-six teams gathered in Jordan Station, with a fierce competitive spirit for the 2024 OFSAA Boys' and Girls' A Soccer Championships. We extend our sincere thanks to Andrew Pols and his organizing committee from Heritage Christian School (SOSSA) for coordinating such a well-organized event. Their dedication and countless hours of effort

ensured a memorable experience for the teams across both championships. OFSAA greatly appreciates all the volunteers' dedication and effort in making this large event possible.

On the evening before the competition, participants gathered at Parkway Conference Centre for a banquet. The evening's highlight was the presentation of the Leadership in School Sport Award to Eric Vrieling in recognition of his dedication to coaching at Toronto District Christian HS (YRAA) Congratulations, Eric!

During the girls' competition, De La Salle College (CISAA) made a return to the finals, determined to better their performance from last year. They faced off against the skilled team from École Secondaire Catholique E.J. Lajeunesse (SWOSSAA). De La Salle College took the lead early on and held it throughout, earning the gold medal in a thrilling match.

Congratulations to: Francesca Bisceglia, Julia Emanoilidis, Genevieve Ezman, Katarina Gabbana, Rachel Chung Sam Lai, Sadie Lovering, Meline Maldonado-Danayan, Mia Mazomenos, Charlotte Montgomery-Seto, Malena Patera, Sienna Pin, Siena Pirisi, Avery Purkis, Alyssa Sammut, Sierra Sourial, Isabelle Strong, Sophia Strube-Garcia, Audrey Vlach, Sofia Ann Woods and coaches John Voutsinos, Lucas Hunt, Kathryn Manarin, Kathleen Ryan Watson, and Samer Sourial.

On the boy's side, the gold medal game featured École Secondaire Catholique Sainte-Trinité (GHAC) and Hamilton District Christian H.S. (SOSSA). ÉSC-Trinité was looking to make it consecutive years winning the gold medal, and while it took extra time to find the difference, they secured the victory in a seven-goal thriller.

GIRLS' PARTICIPATING TEAMS (16)

De La Salle College	CISAA
Nicholson C.C.	COSSA
Erin District H.S.	CWOSSA
Charlottenburgh & Lancaster D.H.S.	EOSSAA
Our Lady of the Bay C.H.S.	GBSSA
ESAC Mère-Teresa (ACMT)	GHAC
É.C. Saint-Charles Garnier	LOSSA
É.S.C. Sainte-Marie	NEOAA
É.S. Algonquin	NOSSA
St. Thomas Aquinas H.S.	NWOSSAA
Heritage C.S.	SOSSA
Port Colborne H.S.	SOSSA
ÉSC E.J. Lajeunesse	SWOSSAA
University of Toronto Schools	TDCAA
Holy Cross H.S.	WOSSAA
Toronto District C.H.S.	YRAA

QUARTER-FINALS

ÉSC E.J. Lajeunesse def. É.S Algonquin	3-0
De La Salle College def. Holy Cross HS	4-0
Erin DHS def. St. Charles Garnier	1-0
Nicholson Catholic def. Charlottenburgh & Lancaster DHS	6-4

SEMI-FINALS

De La Salle College def. Erin DHS	2-1
ÉSC E.J. Lajeunesse def. Nicholson Catholic	4-2

BRONZE MEDAL GAME

Erin DHS def. Nicholson Catholic	1-0
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GOLD MEDAL GAME

De La Salle College def. ÉSC E.J. Lajeunesse	6-1
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Congratulations to: Karim Asaad, Lucas Borg, Luca DelFrate, Chris Ishak, Paul Yvan Kadio, Alex Kinnear, Omar Kushtoban, Isaac Molouba, Fady Morgan, Aidan Robichaud, Victor Rouleau, Antoine Rouleau, John Simpson, Kyle Staresinic, Hamza Sultan, Alain Tcheuyap, Christ Freddy Noumsi, Maurice Wilhelm and coaches Mamadou Diaby, Aka Ebipe, and Alessia Marzilli.

OFSAA would like to thank Gatorade Canada for providing products and displays at this year’s championship. Special thank you to OFSAA sponsor, Molten, for providing equipment and financial support for the championships.

É. S. Algonquin and Toronto District Christian HS were awarded the Team Sportsmanship Awards at this year’s championships.

BOYS’ PARTICIPATING TEAMS (20)

De La Salle College	CISAA
Nicholson Catholic College	COSSA
Woodland Christian H.S.	CWOSSA
É.S. La Citadelle	EOSSAA
É.S. Roméo-Dallaire	GBSSA
ÉSAC Mère-Teresa (ACMT)	GHAC
É.S.C. Sainte-Trinité	GHAC
É.C. Saint-Charles Garnier	LOSSA
Kirkland Lake D.C.S.	NEOAA
St. Benedict C.S.S.	NOSSA
St. Thomas Aquinas H.S.	NWOSSAA
Olive Grove H.S.	ROPSSAA
Hamilton District C.H.S.	SOSSA
Heritage C.S.	SOSSA
Lambton Kent Composite School	SWOSSAA
Westview Freedom Academy	SWOSSAA
Collège Français	TDCAA
Ursula Franklin Academy	TDSSAA
Holy Cross H.S.	WOSSAA
Toronto District C.H.S.	YRAA

QUARTER-FINALS

Hamilton DCHS def. Saint-Charles Garnier	2-0
É.S.C. Sainte-Trinité def. St. Benedict Catholic S.S.	2-0
Westview Freedom Academy def. College Francais	3-1
Holy Cross H.S. def. É.S. La Citadelle	1-0 (PK)

SEMI-FINALS

Hamilton DCHS def. Westview Freedom Academy	3-1
É.S.C. Sainte-Trinité def Holy Cross H.S.	3-2

BRONZE MEDAL GAME

Holy Cross H.S. def Westview Freedom Academy	4-0
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GOLD MEDAL GAME

É.S.C. Sainte-Trinité def. Hamilton DCHS	4-3 (ET)
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They represented their schools and associations with great class and dignity and delivered spirited performances in every game. Congratulations and thank you to both teams!

OFSAA Boys' AA Soccer Championship
North Bay
June 6-8, 2024



Chippewa Secondary School (NOSSA) in North Bay hosted this year's Boys' AA Soccer Championship. A strong organizing committee led by convenor Sara Pickles welcomed schools from across the province to showcase their skills. Our sincere thanks to the organizing committee for their tireless efforts in

planning and executing the championship. Their attention to detail and dedication to excellence were evident in every aspect of the event.

In the gold medal game, Holy Trinity C.H.S. (GBSSA) faced off against a determined opponent from Monsignor Percy Johnson (TDCAA). Both teams showcased incredible skill and determination, making it a thrilling match from start to finish. Despite multiple attempts to break the deadlock, the teams remained tied at the end of regulation time, leading to extra time to decide the winner. In the end, Holy Trinity C.H.S. emerged victorious, clinching a 3-1 win.

PARTICIPATING TEAMS (20)

- | | |
|---------------------------------|---------|
| Crestwood S.S. | COSSA |
| Bishop Macdonell C.H.S. | CWOSSA |
| Thousand Islands S.S. | EOSSAA |
| Holy Trinity C.H.S. | GBSSA |
| Huntsville H.S. | GBSSA |
| King's C.C. | GHAC |
| Courtice S.S. | LOSSA |
| Louis-Riel ÉSP | NCSSAA |
| Paul-Desmarais É.S.C. | NCSSAA |
| St. Joseph-Scollard Hall C.S.S. | NOSSA |
| Chippewa S.S. | NOSSA |
| Beaver Brae S.S. | NWOSSAA |
| St. Paul C.S.S. | ROPSSAA |
| Saint Paul H.S. | SOSSA |
| Centennial S.S. | SOSSA |
| É.S. L'Essor | SWOSSAA |
| Monsignor Percy Johnson | TDCAA |
| Harbord C.I. | TDSSAA |
| Oakridge S.S. | WOSSAA |
| St. Joan of Arc C.H.S. | YRAA |

Their performance in extra time showcased their resilience and determination, earning them the gold medal and capping off an unforgettable season.

Congratulations to student-athletes: Ethan Araujo, Jayden Argueta, Luke Barreira, Christopher Bellone, Joseph Bishouty, Marcus Carvalheiro, Noah Ferreira, Angel Hernandez, Johnny Houshan, Paolo Imeneo, Roham Inanloo, Gabe Ledo, Gavin Leib, Leandro Lopes, Alexandre Melo, Diego Merino, Alessandro Mignardi, Joey Pinzarrone, Brandon Verburg, Jacob Victoria and coaches Luis Andrez, Denny de Olivera, Thomas Marques and Michael Nitti.

The Leadership in School Sport Award this year goes to Chris Cassidy, a dedicated teacher at Chippewa Secondary School for many years. Chris has coached both girls' and boys' soccer (junior and senior) for more than 20 years and has organized numerous NOSSA soccer championships throughout the years. Congratulations!

Congratulations as well to Crestwood SS (COSSA), winners of this year's Team Sportsmanship Award for their impressive conduct both on and off the field.

OFSAA would like to thank Gatorade Canada for providing products and displays at this year's championship. Special thank you to OFSAA sponsor, Molten, for providing equipment and financial support for the championships.

QUARTER-FINALS

- Monsignor Percy Johnson def. Paul-Desmarais ÉC 1-0 (PK)
- Thousand Islands S.S. def. Harbord C.I. 1-0
- Holy Trinity C.H.S. def. Louis-Riel ESP 2-1 (PK)
- Bishop Macdonell C.H.S. def. King's Christian 5-1

SEMI-FINALS

- Monsignor Percy Johnson def. Bishop Macdonell C.H.S. 1-0
- Holy Trinity C.H.S. def. Thousand Islands S.S. 6-0

BRONZE MEDAL GAME

- Bishop Macdonell C.H.S. def. Thousand Islands S.S. 1-0 (ET)

GOLD MEDAL GAME

- Holy Trinity C.H.S. def. Monsignor Percy Johnson 3-1 (ET)

OFSAA Boys' AAA Soccer Championship

Windsor

June 6-8, 2024



of giving back to the community through coaching. Congratulations, Chris!

OFSAA extends its gratitude to Gatorade Canada for providing products and displays at this year's championship. A special thank you to OFSAA sponsor Molten for their generous



Vincent Massey Secondary School (SWOSSAA) in Windsor was the proud host of this year's Boys' AAA Soccer Championship. Under the leadership of J.J. Dowhan, a dedicated organizing committee welcomed schools from across the province to showcase their remarkable skills.

The Serbian Centre hosted a delightful banquet where participants enjoyed a fantastic meal. The evening was highlighted by an inspiring address from Anthony Capotosto, the current Academy Director of Toronto FC, who shared the academy's core values with the attendees. A highlight of the evening was the presentation of the Leadership in School Sport Award, which was deservedly given to Chris Thomson, a teacher at Vincent Massey SS who emphasized the importance

support in providing equipment and financial backing for the championships.

The Team Sportsmanship Banner was awarded to St. Mary's High School in Kitchener (CWOSSA) in recognition of their exemplary sportsmanship throughout the tournament, serving as outstanding role models for all competitors.

In a highly-contested gold medal match, St Martin CSS (ROPSSAA) defeated St John Henry Newman C.S.S. (GHAC) 2-1 and captured the gold medal. In a thrilling bronze medal game, East York CI (TDSSAA) defeated St. Ignatius HS (NWOSSAA) also by the score of 2-1.

Congratulations to St. Martin CSS student-athletes: Karma Bhagentsang, Joel Christoff, Joey Coppola, Yashvir Yuvi Dewan, Christian Dewsbury, Isaiah Garcia, Faris Ibraheem, Noah Johnson, Jarvis Lecky, Adrian Mahoney, Tyler Martins, William Monteith, Nikola Neskovic, Michael Pais, Ilija Radovic, Piotr Rapczynski, Jayden Villamar Erazo, Marcus Vital, Sebastian Witko and coaches Anto Cosic and Chris Daigle.

Congratulations to all players and coaches for representing your school with respect and fairness!

PARTICIPATING TEAMS (20)

St. Mary's H.S. Kitchener	CWOSSA
Kingston S.S.	EOSSAA
Bradford District H.S.	GBSSA
St John Henry Newman C.S.S.	GHAC
St. Ignatius of Loyola S.S.	GHAC
St. Mary C.S.S.	LOSSA
St. Mother Teresa H.S.	NCSSAA
St. Mary's College	NOSSA
St. Ignatius H.S.	NWOSSAA
St. Martin C.S.S.	ROPSSAA
St. Edmund Campion C.S.S.	ROPSSAA
Blessed Trinity H.S.	SOSSA
St. Anne S.S.	SWOSSAA
Vincent Massey S.S.	SWOSSAA
St. Basil The Great	TDCAA
Neil McNeil H.S.	TDCAA
East York C.I.	TDSSAA
Mother Teresa C.S.S.	WOSSAA
Cardinal Carter C.H.S.	YRAA
Sacred Heart C.H.S.	YRAA

QUARTER-FINALS

St. Ignatius HS def. St. Mary's H.S. Kitchener	2-1
St John Henry Newman def. Mother Teresa CSS	1-0
East York CI def. Cardinal Carter CHS	1-0
St Martin CSS def. St Ignatius of Loyola	2-1 (PK)

SEMI-FINALS

St Martin CSS def. St. Ignatius HS	2-1
St John Henry Newman def. East York CI	3-2

BRONZE MEDAL GAME

East York CI def. St. Ignatius HS	2-1
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GOLD MEDAL GAME

St Martin CSS def. St John Henry Newman C.S.S.	2-1
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OFSAA Girls' AA Soccer Championship
St. Thomas
June 6-8, 2024



St. Joseph's Catholic High School (WOSSAA) was the host of the 2024 Girls' AA Soccer Championship. The City of St. Thomas welcomed 20 teams and spectators to Athletic Park, Password Park and St. Joseph's to witness a great display of high-level soccer over the course of the three-day championship. The banquet took place the evening

prior to day one where teams gathered to celebrate the amazing achievement of advancing to OFSAA. Sonia Curvelo, the head soccer coach at Sam Houston State University in Texas, and former St. Joseph's student-athlete, shared a motivational message for teams heading into day one of the championship!

The soccer matches were very exciting and competitive and all teams should feel proud of their efforts. Ultimately, Holy Trinity Catholic High School (GBSSA) captured the 2024 OFSAA Girls' AA Soccer Championship banner in a hard-fought final

against St. Mary's Catholic High School (GHAC) by a 3-1 score.

Congratulations to the following student-athletes from Holy Trinity: Ciera Antonio, Mary Argaleus, Dara Asha, Anjolique Cowell, Laura Dias, Maia Droppo, Bianca Hatfield, Ella Hewitt, Vanessa Houshan, Kara Kellen, Sofya Kuznetsova, Sabrina Lascano, Brianna Lascano, Aliyah Lascano, Julia Lontini, Avery Maloney, Vanessa Miranda, Ava Palazzo, Isabella Palleschi, Marina Pitocco, Aliyah Ventura, Maya Zelada. Denny deOlivera and Sharal Pratt coached the gold medalists.

The OFSAA Team Sportsmanship Award was presented to Anderson Collegiate & Vocational Institute (LOSSA) who exemplified excellent sportsmanship and OFSAA values throughout the entire championship. Both the coaches and players were extremely grateful and thankful, interacting with committee members, volunteers, staff, fellow participants and coaches with the utmost respect.

At the banquet, the OFSAA Leadership in School Sport Award was presented to Eric Ursic. Eric has been involved in high school sport since he began teaching 27 years ago. He is a leader at St. Joseph's as the Athletic Director and also within TVRA and WOSSAA by convening many championships and being a member of both associations' executive councils. He volunteers his time coaching, convening, and is an integral part of athletics within his region. Congratulations on the well-deserved recognition, Eric!

PARTICIPATING TEAMS (20)

- | | |
|----------------------------------|---------|
| Crestwood Preparatory College | CISAA |
| St. Theresa C.S.S. | COSSA |
| Bishop Macdonell C.H.S. | CWOSSA |
| Bishop Smith C.H.S. | EOSSAA |
| Holy Trinity C.H.S. | GBSSA |
| T.A. Blakelock | GHAC |
| St. Mary C.S.S. (Hamilton) | GHAC |
| Anderson C.& V.I. | LOSSA |
| ÉSP Louis Riel | NCSSAA |
| ÉSC Thériault | NEOAA |
| St. Mary's College | NOSSA |
| Bishop Alexander Carter | NOSSA |
| Fort Frances H.S. | NWOSSAA |
| Saint Paul H.S. | SOSSA |
| Tecumseh Vista Secondary Academy | SWOSSAA |
| Father Henry Carr | TDCAA |
| Sir Oliver Mowatt C.I. | TDSSAA |
| Lord Dorchester S.S. | WOSSAA |
| St. Joseph's C.H.S. | WOSSAA |
| St. Joan of Arc C.H.S. | YRAA |

QUARTER-FINALS

- | | |
|--------------------------------------|-----|
| Lord Dorchester def. T.A. Blakelock | 3-2 |
| Holy Trinity def. St. Mary's College | 2-1 |
| Bishop Macdonell def. St. Joseph's | 4-2 |
| St. Mary's (Hamilton) def. Anderson | 2-0 |

SEMI-FINALS

- | | |
|--|-----|
| St. Mary's (Hamilton) def. Lord Dorchester | 2-1 |
| Holy Trinity def. Bishop Macdonell | 2-1 |

BRONZE MEDAL GAME

- | | |
|---------------------------------------|-----|
| Lord Dorchester def. Bishop Macdonell | 2-1 |
|---------------------------------------|-----|

GOLD MEDAL GAME

- | | |
|---|-----|
| Holy Trinity def. St. Mary's (Hamilton) | 3-1 |
|---|-----|

OFSAA Girls' AAA Soccer Championship

Windsor

June 6-8, 2024



College's Acumen Stadium where the host school, Holy Names C.H.S. faced St. Thomas Aquinas S.S. (WOSSAA) in hopes of defending the Girls' AAA Soccer Championship. In a hard-fought match, Holy Names C.H.S. went back-to-back by capturing the gold medal for a second

year in a row, making local sports history.



The 2024 OFSAA Girls' AAA Soccer Championship was held in Windsor, where outstanding skills and strong teamwork were on full display. Thanks to the exceptional organization by convenor Stacey Ditchfield and her dedicated team of volunteers from Holy Names Catholic High School (SWOSSAA), the

championship was a resounding success. The teams gathered on the evening of a hard-fought day one where Kat Campana, a former Holy Names student-athlete and current member of the University of Windsor Women's Soccer Team, spoke to the competitors at the championship banquet.

All teams demonstrated exceptional sportsmanship throughout the championship and should be proud of their performance on the OFSAA stage! The gold medal match was held at St. Clair

Congratulations to Holy Names players and coaches: Maysa Arabi, Gabriella Barile, Angelina Bulmer-Talerico, Isabella Bulmer-Talerico, Alessia Fenella, Mia Guglietta, Yasmine Kadri, Julia Lucic, Lyla Mascaro, Mya Mascaro, Angelina Mawalany, Evanna Piasentin, Danijela Plesa, Anna Pozzi, Jane Pozzi, Alyssa Reale, Emily Renaud, Morgan Rocheleau, Alessia Venosa, Marissa Vespa, Sofia Vilardi and coaches Stacey Ditchfield and Marc Leonardi.

This year, the OFSAA Team Sportsmanship Award was presented to Korah Collegiate & Vocational School (NOSSA) for their exemplary character and their inspiring example to all other schools in attendance.

The Leadership in School Sport Award was presented to Sean Culhane, a teacher at Holy Names C.H.S. Sean has been involved in high school sport for over 25 years coaching both basketball and soccer and being a key member in the organization of OFSAA championships. He is an individual who is passionate about leadership and is an excellent role model for student-athletes. Congratulations, Sean!

PARTICIPATING TEAMS (20)

Havergal College	CISAA
St. Peter C.S.S.	COSSA
Resurrection C.S.S.	CWOSSA
Frontenac S.S.	EOSSAA
Bradford District H.S.	GBSSA
St. Ignatius of Loyola S.S.	GHAC
Holy Trinity C.H.S.	GHAC
Pickering H.S.	LOSSA
St. Mother Teresa H.S.	NCSSAA
Earl of March S.S.	NCSSAA
Korah C.& V.I.	NOSSA
St. Patrick H.S.	NWOSSAA
St. Martin C.S.S.	ROPSSAA
Blessed Trinity C.H.S.	SOSSA
Holy Names C.H.S.	SWOSSAA
St. Thomas of Villanova C.S.S.	SWOSSAA
Bishop Allen Academy C.S.S.	TDCAA
Lawrence Park C.I.	TDSSAA
St. Thomas Aquinas S.S.	WOSSAA
Cardinal Carter C.H.S.	YRAA

QUARTER-FINALS

Holy Names def. Cardinal Carter	2-1
St. Thomas Aquinas def. St. Ignatius	1-0
Holy Trinity def. Korah	2-0
Resurrection def. St. Peter	4-0

SEMI-FINALS

St. Thomas Aquinas def. Holy Trinity	2-1
Holy Names def. Resurrection	2-0

BRONZE MEDAL GAME

Holy Trinity def. Resurrection	3-1
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GOLD MEDAL GAME

Holy Names def. St. Thomas Aquinas	2-0
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OFSAA Tennis Championship

Toronto June 3-5, 2024



Andrei Caragea & Sava Uncianschi - Cameron Heights



Paul Tudose - London Central



Mia Stoula & Polina Tulupnikova - Lawrence Park



Toronto District Secondary School Athletic Association (TDSSAA) was the host of this year's OFSAA Tennis Championships in the GTA region. Under the seasoned leadership of the Convenor Larry Laughlin, the organizing committee did a terrific job in ensuring that the event

was a success for the almost 350 student-athletes who were

in attendance. This year four sites were used to host the tournament's 10 divisions over three days.

Kim Farmer, long-time physical education teacher-coach from the Toronto District School Board, is this year's recipient of the Leadership in School Sport Award. As well as being a multi-sport coach at TDSB high schools, Kim has been a valuable member of the organizing committee over the past few years. She has demonstrated a strong commitment to high school sport and her role as a site convenor guaranteed that this year's event ran smoothly. Congratulations Kim and thank you for your continued dedication to high school sport in Ontario!

RESULTS:

HIGH SCHOOL BOYS' SINGLES

GOLD	Paul Tudose	(WOSSAA)	Central SS
SILVER	Nolan Chow	(TDSSAA)	Northern SS
BRONZE	Pranith Sepuri	(ROPSSAA)	Streetsville SS
ANTIQU BRONZE	Chinmay Damani	(SWOSSAA)	Northern Collegiate

HIGH SCHOOL GIRLS' SINGLES

GOLD	Mila Brajkovich	(CWOSSA)	St. James CSS
SILVER	Ada Huang	(YRAA)	St. Robert CSS
BRONZE	Kendra Osa	(SOSSA)	Sir Winston Churchill SS
ANTIQU BRONZE	Georgia Hurd	(LOSSA)	Dunbarton HS

HIGH SCHOOL BOYS' DOUBLES

GOLD	Connor Elliott Matija Mirilovic	(WOSSAA)	A.B. Lucas SS
SILVER	Ryan Hammer Mateo Speirs	(TDSSAA)	York Mills CI
BRONZE	Stefan Chimet Michael Wen	(TDSSAA)	Marc Garneau CI
ANTIQU BRONZE	Benjamin Reyes Rivadeneria Mathias Reyes Rivadeneria	(CWOSSA)	Cameron Heights CI

HIGH SCHOOL GIRLS' DOUBLES

GOLD	Kira Gu Susie Song	(CISAA)	Appleby College
SILVER	Kira Naserewicz Julie Pham	(WOSSAA)	Central SS
BRONZE	Carys Wilmot CJ Wilmot	(CISAA)	Branksome Hall
ANTIQU BRONZE	Lea Durand Chloe Paradine	(TDSSAA)	North Toronto CI

HIGH SCHOOL MIXED DOUBLES

GOLD	Seansej Louvrics Cynthia Szebeni	(SOSSA)	A.N. Myer SS
SILVER	Eric Knight Sloan Heintzman	(TDSSAA)	Lawrence Park CI
BRONZE	Noah Bryan Stephanie Xu	(TDSSAA)	Bayview SS
ANTIQU BRONZE	Ethan Ironside Katie Miles	(LOSSA)	St. Mary's CSS

OPEN GIRLS' SINGLES

GOLD	Katherine Zhang	(TDSSAA)	Woburn CI
SILVER	Annabelle Ganascu	(CWOSSA)	Cameron Heights CI
BRONZE	Theodora Dragan	(CWOSSA)	ÉSC Pere Rene-de-Galinee
ANTIQU BRONZE	Amy Mucea	(YRAA)	Our Lady Queen of the World

OPEN BOYS' SINGLES

GOLD	Lucas Mock	(YRAA)	Bur Oak SS
SILVER	Luke Laughlin	(YRAA)	Richmond Green SS
BRONZE	Cole Thurgur	(NCSSAA)	Nepean HS
ANTIQU BRONZE	Alexandru Filoti	(TDSSAA)	Don Mills CI

OPEN GIRLS' DOUBLES

GOLD	Mia Stoula Polina Tulupnikova	(TDSSAA)	Lawrence Park CI
SILVER	Emma Akselrod Amina Sagadiyeva	(YRAA)	Stephen Lewis SS
BRONZE	Alyssa Kucherawy Maddie Martynshyn	(GBSSA)	Innisdale SS
ANTIQU BRONZE	Megan Mao Michelle Shen	(YRAA)	Richmond Green SS

OPEN BOYS' DOUBLES

GOLD	Andrea Caragea Sava Uncianschi	(CWOSSA)	Cameron Heights CI
SILVER	Ben Whitley Owen Whitley	(TDSSAA)	Sir John A. Macdonald CI
BRONZE	Andrew Li Pavel Ofitserov	(CISAA)	Upper Canada College
ANTIQU BRONZE	Kayan Najarali Morris Tang	(YRAA)	Bayview SS

OPEN MIXED DOUBLES

GOLD	Michael Gutkowski Maya Gutkowski	(TDSSAA)	Mowat CI
SILVER	Lev Sherifali Carla Perez	(CWOSSA)	Waterloo CI
BRONZE	Alex Zhang Ling Ling Zhu	(NCSSAA)	Ashbury College
ANTIQU BRONZE	Raj Hiutin Selene Woo	(YRAA)	Stephen Lewis SS

OFSAA Track & Field Championship

London

June 6-8, 2024



OFSAA again thanks our title sponsors from Nike, with whom support and promotion of this event is championship level!

The Leadership in School Sport Awards were presented by John Allan, the convenor of the previous OFSAA Track and Field meet in London. This year's recipients were Todd Mackay (WOSSAA) and also Courtney Bovin of John McGregor Secondary School (SWOSSAA) in Chatham. Both of these outstanding teacher-coaches have a plethora of qualities that exemplify the

criteria of the OFSAA Leadership in School Sport Award.

Sandwich Secondary School from Windsor (SWOSSAA) won the girl's overall title for the second straight year while James Cardinal McGuigan from (TDCAA) won the boy's overall title.

The events were extremely competitive. There were close races, some broken by going to the thousandth of a second. Three Canadian Interscholastic records were either broken or tied and numerous OFSAA records were established.

Divisional titles were won by:

- Novice Girls – Oakridge SS (WOSSAA)
- Novice Boys- Emmanuel Christian HS (CWOSSA)
- Junior Girls- Bill Crothers SS (YRAA)
- Junior Boys- James Cardinal McGuigan (TDCAA)
- Senior Girls- Sandwich SS (SWOSSAA)
- Senior Boys- Sir Frederick Banting SS (WOSSAA)



OFSAA Track and Field was held at the beautiful Alumni Stadium on the campus of Western University in London.

Five hundred and twenty-one schools and 2,470 athletes saw mostly terrific weather, interspersed with some rain and clouds, but that did not deter these outstanding athletes from setting many

OFSAA and Interscholastic Track and field records.

Convened by Todd Mackay of London's Sir Frederick Banting Secondary School, he had a great committee of high school teachers from the Thames Valley Regional Athletics Association (TVRAA) and they were assisted by the fine folks of the London Western Track & Field Club.

OFSAA Track and Field Results- Top 3

Full results available at Windsor Timing Website (see Link below)

OFSAA Track and Field - Full Results

<https://www.windsortiming.com/LiveResults/2024/OFSAA/>

WOMEN'S INDIVIDUAL EVENTS

WOMEN 100 METER DASH NOVICE

1 Alexia Jones	David Suzuki SS	11.71
2 Crystal Akerele	Appleby College	12.31
3 Tia Porteous	Elsie MacGill Secondary	12.33

WOMEN 200 METER DASH NOVICE

1 Alexia Jones	David Suzuki SS	24.31
2 Arianna Buckland	Bill Crothers SS	25.23
3 Tia Porteous	Elsie MacGill Secondary	25.24

WOMEN 400 METER DASH NOVICE

1 Anieau Chan	Vincent Massey Secondary	56.07
2 Ellie McGregor	Immaculata- Ottawa	58.05
3 Anyang Tiel	Sir Wilfrid Laurier	58.96

WOMEN 800 METER RUN NOVICE

1 Anieau Chan	Vincent Massey Secondary	2:08.13
2 Kiana Charest	Theriault- Timmins	2:13.48
3 Micah Carswell	Père-René-De-Galinée	2:15.69

WOMEN 1500 METER RUN NOVICE

1 Kiana Charest	Theriault- Timmins	4:33.77
2 Kate Nagy	Newmarket- Newmarket	4:36.15
3 Micah Carswell	Père-René-De-Galinée	4:39.37

WOMEN 3000 METER RUN NOVICE

1 Kate Nagy	Newmarket- Newmarket	10:00.57
2 Kiana Charest	Theriault- Timmins	10:07.37
3 Alexis Elkins	Hillfield-Strathallan	10:11.27

WOMEN 80 METER HURDLES NOVICE

1 Rhianna Syllion	Arnprior- Arnprior	11.71
2 Josée Regala	ES Saint-Jean-de-Brebeuf-Well	11.74
3 Tahlia Aird-Greaves	Gisèle-Lalonde- Ottawa	11.75

WOMEN 300 METER HURDLES NOVICE

1 Makayla Cremers	St. Peter- Peterborough	45.63
2 Isabella Mills	St. Michael C S S	45.84
3 Maeva Scipio	ES Franco-Niagara	46.76

WOMEN 4X100 METER RELAY NOVICE

1 St. Edmund Campion	50.80
2 Notre Dame- Ajax	50.88
3 Kingston S.S.- Kingston	50.97

WOMEN HIGH JUMP NOVICE

1 Frances Vollett	St. John's College	1.65m
2 Amairah Gayle	St. Catharines Collegiate	1.62m
3 Kalyon Crocker	Hammarskjold	1.53m

WOMEN POLE VAULT NOVICE

1 Alyssa Rizzo	Assumption College School	2.95m
2 Taylor Hawrelak	Medway H S	2.75m
3 Rylen Mount	Oakridge S S	2.65m

WOMEN LONG JUMP NOVICE

1 Tahlia Aird-Greaves	Gisèle-Lalonde	5.41m
2 Isabella Mills	St. Michael C S S	5.38m
3 Avery Martin	St Ignatius	5.29m

WOMEN TRIPLE JUMP NOVICE

1 Jaida Charles	John F. Ross	11.26m
2 Saige Burbick	Downsview	10.91m
3 Addyson Parish	Haliburton Highlands	10.86m

WOMEN SHOT PUT NOVICE

1 Jenna Tunks	Oakridge SS	13.51m
2 Adalee Turland	Kincardine District Secondary	11.56m
3 Georgia Pollicchio	Harbord	11.23m

WOMEN DISCUS THROW NOVICE

1 Jenna Tunks	Oakridge SS	47.30m
2 Ella Watson	Campbellford- Campbellford	29.36m
3 Faith Jacobi	Centennial- Welland	28.01m

WOMEN JAVELIN THROW NOVICE

1 Mallea McMullin	Louis-Riel- Ottawa	40.04m
2 Abigail VanBakel	St. Michael C S S	38.80m
3 Quinn Toll	St. Mary- Brockville	34.56m

WOMEN 100 METER DASH SENIOR

1 Trinity Shadd-Ceres	Cameron Heights	11.69
2 Jaela Bailey	Sandwich Secondary	11.77
3 Jaeden Garraway	Bill Crothers SS	11.78

WOMEN 200 METER DASH SENIOR

1 Shadae Thompson	All Saints- Whitby	24.04
2 Ashley Johnson	St. Aloysius Gonzaga	24.12
3 Jaela Bailey	Sandwich Secondary	24.15

WOMEN 400 METER DASH SENIOR

1 Kiara Webb	St. Roch- Brampton	54.85
2 Alex Estabrooks	Countryside Day School	55.82
3 Sasha Salwonchuk	St. Mary- Pickering	56.17

WOMEN 800 METER RUN SENIOR

1 Stephanie Bertram	Lawrence Park	2:10.15
2 Cailey Freeze	Bill Crothers SS	2:12.82
3 Morgan Yeomans	Leaside	2:14.13

WOMEN 1500 METER RUN SENIOR

1 Stephanie Bertram	Lawrence Park	4:33.60
2 Morgan Yeomans	Leaside	4:35.45
3 Ava Moric	John Diefenbaker S.S.	4:37.64

WOMEN 3000 METER RUN SENIOR

1 Maria Linton	Cobourg- Cobourg	10:04.57
2 Grace Streek	Peak Centre Academy	10:05.64
3 Muriel Lovshin	Bayview Glen	10:05.95

WOMEN 100 METER HURDLES SENIOR

1 Ella Steel-Douglas	Sandwich Secondary	13.50
2 Naomi Byam	St. Andre Bessette	13.53
3 Findlay Weir	Carleton Place	13.91

WOMEN 400 METER HURDLES SENIOR

1 Janae Dawes	Pickering- Ajax	1:00.92
2 Quinn Coughlin	Opeongo- Douglas	1:02.24
3 Sydney Freeman	Bracebridge & Muskoka- Braceb	1:02.60

WOMEN 2000 METER STEEPLECHASE SENIOR

1 Grace Streek	Peak Centre Academy	7:01.61
2 Nari Hwang	Eastview- Barrie	7:05.75
3 Olivia Downey	All Saints- Whitby	7:10.28

WOMEN 4X100 METER RELAY SENIOR

1 All Saints- Whitby	46.08 *
2 Sandwich Secondary	49.14
3 St. Ignatius of Loyola	49.30

WOMEN 4X400 METER RELAY SENIOR

1 St. Marcellinus	3:59.58
2 Pickering- Ajax	4:00.22
3 Sandwich Secondary	4:01.08

WOMEN HIGH JUMP SENIOR

1 Laura Van Nes	St. Anne's C S S	1.66m
2 Callista Daly	Centre Dufferin- Shelburne	1.60m
3 Michele Horak	Greenwood College	1.60m
3 Presley Meloche	Sandwich Secondary	1.60m

WOMEN POLE VAULT SENIOR

1 Sophia Bryenton	Oakridge S S	3.80m
2 Libby McCurdy	St. Joseph's H S	3.55m
3 Balqis Choukhi	Sir Wilfrid Laurier- Ottawa	3.55m

WOMEN LONG JUMP SENIOR

1 Trinity Shadd-Ceres	Cameron Heights	6.14m
2 Asia Phillips	W.L. MacKenzie	5.94m
3 Ella Steel-Douglas	Sandwich Secondary	5.66m

WOMEN TRIPLE JUMP SENIOR

1 Asia Phillips	W.L. MacKenzie	13.48m *
2 Shiloh Cross	Humberside	12.30m
3 Kaiya Hlady	L'Essor	11.53m

WOMEN SHOT PUT SENIOR

1 Julia Tunks	Oakridge SS	14.31m
2 Brooke Bentley	Chatham-Kent S.S.	12.29m
3 Emma Longway	Sandwich Secondary	12.14m

WOMEN DISCUS THROW SENIOR

1 Julia Tunks	Oakridge SS	56.35m
2 Lexi Stanat	Parkside C I	40.85m
3 Coco Van Nynatten	West Niagara Secondary	39.09m

WOMEN JAVELIN THROW SENIOR

1 Kaitlyn Pepper	Tecumseh Vista Academy	40.08m
2 Tatum McGlynn	Sinclair- Whitby	39.98m
3 Brook Ward	Sandwich Secondary	37.93m

WOMEN 100 METER DASH JUNIOR

1 Victoria Minott	St. Marcellinus	11.85
2 Jordynn Scott	Bill Crothers SS	11.88
3 Sarah L'Heureux	Toronto District Christian	11.99

WOMEN 200 METER DASH JUNIOR

1 Victoria Minott	St. Marcellinus	24.60
2 Elizabeth Tannis	Loretto Abbey	24.91
3 Mariah Williams	Father Henry Carr	24.96

WOMEN 400 METER DASH JUNIOR

1 Melisa Kekic	Saltfleet District- Hwdsb	55.83
2 Ciara Costa	St. Thomas Aquinas	56.47
3 Isabel Yeboah	Notre Dame Burlington	56.88

WOMEN 800 METER RUN JUNIOR

1 Julie DeBoer	Emmanuel Christian H.S.	2:15.52
2 Maya Markowska	Burlington Central H.S.	2:15.99
3 Kylie Stapor	Bill Crothers SS	2:17.64

WOMEN 1500 METER RUN JUNIOR

1 Julie DeBoer	Emmanuel Christian H.S.	4:29.38
2 Maya Markowska	Burlington Central H.S.	4:30.02
3 Riley Innes	Sir William Mulock- Newmarket	4:32.46

WOMEN 3000 METER RUN JUNIOR

1 Riley Innes	Sir William Mulock- Newmarket	9:41.10
2 Athena Andrecyk	Kingston S.S.- Kingston	9:45.11
3 Kieva Birmingham	Northern	10:07.00

WOMEN 80 METER HURDLES JUNIOR

1 Jordynn Scott	Bill Crothers SS	11.31
2 Madison Gravelle	St. Joseph's Catholic	11.48
3 Sarah Jaquith	A.B. Lucas S S	11.68

WOMEN 300 METER HURDLES JUNIOR

1 Ciara Costa	St. Thomas Aquinas	42.40
2 Sarah Jaquith	A.B. Lucas S S	42.77
3 Janelle Davis	Sandwich Secondary	43.76

WOMEN 4X100 METER RELAY JUNIOR

1 Thousand Islands- Brockville	48.97
2 Father Henry Carr	49.07
3 St. Mary- Pickering	49.70

WOMEN HIGH JUMP JUNIOR

1 Victoria Vaughan	Kitchener Waterloo- Kitchener	1.68m
2 Breanna Sloetjes	Strathroy D C I	1.68m
3 Sophia Vanraalte	Guido de Bres C.H.S- Hwdsb	1.62m

WOMEN POLE VAULT JUNIOR

1 Nella Krykorka	St Basil The Great	3.55m
2 Maya Walker	St Anne's School	3.45m
3 Alaya McIntyre	Laurel Heights Sec Sch	3.25m

WOMEN LONG JUMP JUNIOR

1 Jennilee Harris	Perth & District C I- Perth	5.33m
2 Joanna Wang	London Central S S	5.32m
3 Deborah Adeleye	Ashbury	5.31m

WOMEN TRIPLE JUMP JUNIOR

1 Divine Oriakhi	James Cardinal McGuigan	11.66m
2 Nadya Nemes	St. Mary's- Kitchener	11.59m
3 Taylor Ysebaert	St. Patrick's Catholic H.S.	11.53m

WOMEN SHOT PUT JUNIOR

1 Sydney Johnson	Nicholson- Belleville	13.28m
2 Rachel Burns	St. Patrick's Catholic H.S.	12.55m
3 Emma Negri	Ursuline	12.49m

WOMEN DISCUS THROW JUNIOR

1 Emma Negri	Ursuline	40.75m
2 Emma Culin	Scollard Hall- North Bay	35.43m
3 Janell Ineh	St. Peter's- Barrie	32.63m

WOMEN JAVELIN THROW JUNIOR

1 Savannah Griffith	Resurrection- Kitchener	41.06m
2 Annie Seagris	Sandwich Secondary	38.73m
3 Brennan McNeil	Guido de Bres C.H.S	35.45m

PARA EVENTS

WOMEN 100 METER DASH V.I.

1 Lien Nhan	Consortium Centre Jules-Léger	15.81
2 Abbi-Lynne Dufour	L'Essor	27.67

WOMEN SHOT PUT V.I.

1 Abbi-Lynne Dufour	L'Essor	2.89m
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WOMEN 100 METER DASH AMBULATORY

1 Nala Beans	St. Theresa's- Midland	15.60
2 Alicia Davies-Johnston	Thousand Islands- Brockville	18.42
3 Karissa Flemington	J. Clarke Richardson- Ajax	20.33

WOMEN 800 METER RUN AMBULATORY

1 Alexis Asselin	Fr. Leo J. Austin- Whitby	2:32.65
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WOMEN SHOT PUT AMBULATORY

1 Addisyn Franceschini	Hammarkjold	8.57m
2 Nala Beans	St. Theresa's- Midland	7.92m
3 Jada Alarie	Timmins High- Timmins	5.81m

WOMEN 100 METER DASH I.I.

1 Zoey Shantz	Woodstock C.I.	14.89
2 Amelia Brown	J. Clarke Richardson- Ajax	14.91
3 Emma Smith	North Lambton S.S.	15.26

WOMEN 800 METER RUN I.I.

1 Lucy Farmer	Bayridge- Kingston	3:02.37
2 Emma Smith	North Lambton S.S.	3:17.12
3 Zoey Shantz	Woodstock C.I.	3:19.22

WOMEN SHOT PUT I.I.

1 Sierra Carroll	Loyalist- Kingston	7.27m
2 Khadijah Niles-Brock	J. Clarke Richardson- Ajax	7.07m
3 Faith Magyar	M.M. Robinson	6.86m

MEN'S INDIVIDUAL EVENTS

MEN 100 METER DASH SENIOR

1 Isaac Chandra	Kenner- Peterborough	10.35
2 Will Batley	West Carleton- Ottawa	10.35
3 Tooni Ogunyeye	St. Edmund Campion	10.45

MEN 200 METER DASH SENIOR

1 Will Batley	West Carleton- Ottawa	20.95 *
2 Isaac Chandra	Kenner- Peterborough	21.05
3 Dakari Milks	Leamington D S S	21.22

MEN 400 METER DASH SENIOR

1 Zachary Jeggo	Louis-Riel- Ottawa	47.82
2 Stephan Balson	Lisgar- Ottawa	48.27
3 Emmett Charles	Sir Frederick Banting S S	48.48

MEN 800 METER RUN SENIOR

1 LJ Nelson	Brooklin- Brooklin	1:53.45
2 Safwan El Mansari	De La Salle- Ottawa	1:54.56
3 Michael Schmalz	Notre Dame Burlington	1:54.82

MEN 1500 METER RUN SENIOR

1 Liam Smith	Regina Mundi College	3:46.88
2 Travis Gaffney	St. Mary- Brockville	3:50.07
3 Ian McAllister	London Central S S	3:52.86

MEN 3000 METER RUN SENIOR

1 Travis Gaffney	St. Mary- Brockville	8:25.64
2 Liam Smith	Regina Mundi College	8:30.94
3 Luke Feltham	Stratford District S S	8:31.91

MEN 110 METER HURDLES SENIOR

1 Nicholas Tozer	Forest Heights- Kitchener	13.63
2 Drezdon Howe	Belle River	13.72
3 Braeden Brouwer	West Niagara Secondary	13.74

MEN 400 METER HURDLES SENIOR

1 Zachary Jeggo	Louis-Riel- Ottawa	53.72
2 Nicholas Tozer	Forest Heights- Kitchener	54.10
3 Brayden Labonte	Belle River	54.41

MEN 2000 METER STEEPLECHASE SENIOR

1 Derek Strachan	Glebe- Ottawa	6:00.83
2 Nolan Buie	Brooklin- Brooklin	6:01.75
3 Daniel Cova	Louis-Riel- Ottawa	6:06.94

MEN 4X100 METER RELAY SENIOR

1 Donald A. Wilson- Whitby	42.23
2 Catholic Central-London	42.65
3 St. Mother Teresa	42.82

MEN 4X400 METER RELAY SENIOR

1 St. Michael's College	3:20.90
2 Sir Frederick Banting S S	3:21.60
3 Neil McNeil High School	3:25.65

MEN HIGH JUMP SENIOR

1 Tristan Boateng	Bill Crothers SS	2.03m
2 Ashvin Balaramana	Markham- Markham	2.03m
3 Brayden Irluegbae	Cardinal Leger- Brampton	2.00m

MEN POLE VAULT SENIOR

1 Liam Miller	Bishop Reding Css	4.70m
2 Matthew Piekny	St. Joseph's H S	4.30m
3 Theo Wood	Humberview- Bolton	4.20m

MEN LONG JUMP SENIOR

1 Jayce Hill	Nantyr Shores- Innisfil	7.18m
2 Chairi Ogbemor	Christ the King Catholic SS	7.03m
3 Shaheer Hussain	Sandwich Secondary	6.71m

MEN TRIPLE JUMP SENIOR

1 Matthew Kathiravelu	Kenner- Peterborough	15.01m
2 Banujan Kulainthiran	Fr. Michael McGivney- Markham	14.99m
3 Jaden Stewart	W.L. MacKenzie	14.25m

MEN SHOT PUT SENIOR

1 Owen Robins	Port Colborne HS	16.69m
2 Sam Pannell	Algonquin- North Bay	16.12m
3 Liam Davis	Opeongo- Douglas	15.63m

MEN DISCUS THROW SENIOR

1 Owen Robins	Port Colborne HS	51.38m
2 Jack McCauley	Bill Crothers SS	51.14m
3 Brayden King	Mentor College- Mississauga	49.23m

MEN JAVELIN THROW SENIOR

1 Tyson Schiele	Brooklin- Brooklin	62.50m
2 Carson Gauthier	St. Michael Catholic Secondary	56.14m
3 Dane Thompson	Sandwich Secondary	55.29m

MEN 100 METER DASH NOVICE

1 Dennis Iriowen	Bear Creek S.S.	10.77
2 Andre Bell	Holy Trinity- Courtice	11.08
3 Samacki Thomas	Saint Paul Catholic HS	11.09

MEN 200 METER DASH NOVICE

1 Dennis Iriowen	Bear Creek S.S.	21.67
2 Samacki Thomas	Saint Paul Catholic HS	22.59
3 David Tomlin	Woodland Christian- Breslau	23.02

MEN 400 METER DASH NOVICE

1 David Tomlin	Woodland Christian- Breslau	50.80
2 Hudson Ryan	Nantyr Shores- Innisfil	51.64
3 Liam Carvalho	Neil McNeil H.S.	51.78

MEN 800 METER RUN NOVICE

1 Noah Hill	Newmarket- Newmarket	1:58.09
2 Brandon Neill	All Saints- Whitby	1:58.15
3 TJ Woods	Denis Morris Catholic H.S.	1:58.19

MEN 1500 METER RUN NOVICE

1 TJ Woods	Denis Morris Catholic H.S.	4:06.88
2 Brandon Neill	All Saints- Whitby	4:08.23
3 Noah Hill	Newmarket- Newmarket	4:08.43

MEN 3000 METER RUN NOVICE

1 William Thomas	Riverdale	9:08.87
2 Jeffrey Carrique	Upper Canada College	9:11.39
3 Ethan Deveaux	Thomas A. Blakelock H.S	9:14.22

MEN 100 METER HURDLES NOVICE

1 Arayus Clunis	Brampton Centennial- Brampton	13.69
2 Daniel Pilkington	St. Francis Xavier- Ottawa	13.93
3 Wakan Rainville	North Star-Amherstburg	14.24

MEN 300 METER HURDLES NOVICE

1 Arayus Clunis	Brampton Centennial- Brampton	42.40
2 Zenon Groch	Mother Teresa C S S	42.91
3 Chase Larsen	West Niagara Secondary	43.60

MEN 4X100 METER RELAY NOVICE

1 St. John Paul II	45.66
2 Lo-Ellen Park S.S.	45.79
3 St. Thomas Aquinas S S	45.83

MEN HIGH JUMP NOVICE

1 Xavier Griffith	Sir Winston Churchill	1.87m
2 Elijah Kpioyo	E. L. Crossley- Fonthill	1.81m
2 Warren Kottelenberg	Emmanuel Christian H.S.	1.81m

MEN POLE VAULT NOVICE

1 Christian Futo	Chaminade College	4.25m
2 Ethan Atkinson	St. Joseph's H S	3.30m
3 Maxime Chartrand	Louis-Riel- Ottawa	3.10m

MEN LONG JUMP NOVICE

1 Leshawn Telfer	Resurrection- Kitchener	6.36m
2 Samacki Thomas	Saint Paul Catholic HS	6.36m
3 Francis Mallory	Lo-Ellen Park S.S.	6.11m

MEN TRIPLE JUMP NOVICE

1 Luqmaan Brewster	Kingston S.S.- Kingston	12.77m
2 Warren Kottelenberg	Emmanuel Christian H.S.	12.73m
3 Noah Hollinger	St. John- Perth	12.66m

MEN SHOT PUT NOVICE

1 Galen Hudel	St. David- Waterloo	14.32m
2 Cole Vreugdenhil	Hamilton District C.H.S.	13.47m
3 Colens Désardouin	Mer Bleue- Ottawa	13.46m

MEN DISCUS THROW NOVICE

1 Raine Bradley	Chippewa S.S.	51.22m
2 Cole Stevens	Oakridge S S	46.55m
3 Tyrese Allen	St. Marcellinus	43.81m

MEN JAVELIN THROW NOVICE

1 Seth Black	East Northumberland- Brighton	49.24m
2 Parker Pieffers	Emmanuel Christian H.S.	47.95m
3 Landon VanBakel	St. Michael C S S	47.79m
3 Landon VanBakel	St. Michael C S S	47.79m

MEN 100 METER DASH JUNIOR

1 Jahleel Haley	Father Henry Carr	10.71
2 Ange-Mathis Kramo	Paul-Desmarais- Ottawa	10.72
3 Wyatt Lee	Frontenac- Kingston	10.80

MEN 200 METER DASH JUNIOR

1 Ange-Mathis Kramo	Paul-Desmarais- Ottawa	21.69
2 Wyatt Lee	Frontenac- Kingston	21.97
3 Noah Horspool	Resurrection- Kitchener	22.17

MEN 400 METER DASH JUNIOR

1 KJ Nembhard	Simcoe- Simcoe	48.67
2 Kerwin Brookes	North Albion	49.70
3 Austin Adair	Resurrection- Kitchener	49.88

MEN 800 METER RUN JUNIOR

1 Ryan Georgeson	Medway H S	1:57.57
2 Cecil Jenkins	Neil McNeil H.S.	1:57.57
3 William Scharf	Riverdale	1:58.09

MEN 1500 METER RUN JUNIOR

1 Kenneth Champ	St. Peter's- Barrie	3:55.17
2 Brody Clark	Milton District H.S.	3:56.30
3 Cailan McGregor	Frontenac	3:58.73

MEN 3000 METER RUN JUNIOR

1 Kenneth Champ	St. Peter's- Barrie	8:35.21
2 Brody Clark	Milton District H.S.	8:37.08
3 Cailan McGregor	Frontenac- Kingston	8:40.44

MEN 100 METER HURDLES JUNIOR

1 Jake Charest	Glenview Park- Cambridge	13.40
2 Taisei Tan	Béatrice-Desloges- Ottawa	13.52
3 Seyon Satheesh	Milliken Mills- Markham	13.67

MEN 300 METER HURDLES JUNIOR

1 Thomas-Daniel Tent	Tecumseh Vista Academy	38.75
2 Kailer Jenney	Medway H S	39.40
3 Taisei Tan	Béatrice-Desloges- Ottawa	39.45

MEN 4X100 METER RELAY JUNIOR

1 Neil McNeil H.S.	44.21
2 Cardinal Leger- Brampton	44.22
3 Resurrection- Kitchener	44.32

MEN HIGH JUMP JUNIOR

1 Birenavan Balaramana	Markham- Markham	1.94m
2 Harmony Okojie	James Cardinal McGuigan	1.91m
3 Joshua Spence	Maple- Maple	1.85m

MEN POLE VAULT JUNIOR

1 Eli Mordel	Sir Robert Borden- Ottawa	3.95m
2 Ben Leveck	Laurel Heights Sec Sch	3.85m
3 Adam Freure	E. L. Crossley - Fonthill	3.85m

MEN LONG JUMP JUNIOR

1 Jordane Graves	St. Augustine- Brampton	6.52m
2 Tristan Braithwaite-Dixon	St Martin Css- Mississauga	6.47m
3 CJ Roberts	Ursuline	6.45m

MEN TRIPLE JUMP JUNIOR

1 Jordane Graves	St. Augustine- Brampton	13.90m
2 Harmony Okojie	James Cardinal McGuigan	13.28m
3 Moses Samuel	Donald A. Wilson- Whitby	12.92m

MEN SHOT PUT JUNIOR

1 Noah Mitoraj	St. Thomas Aquinas S S	18.31m
2 Andrew Urquhart	Lord Dorchester S S	17.92m
3 Adnal Oladejobi	James Cardinal McGuigan	16.65m

MEN DISCUS THROW JUNIOR

1 Eghosa Ehigiator	James Cardinal McGuigan	59.49m
2 Noah Mitoraj	St. Thomas Aquinas S S	54.68m
3 Matthew Bourgooin	Patrick Fogarty- Orillia	51.50m

MEN JAVELIN THROW JUNIOR

1 Colin Diotte	Sandwich Secondary	56.61m
2 Duncan Smith	Great Lakes S.S.	53.67m
3 Jim McLaren	GB- Georgian Bay	53.02m

PARA EVENTS**MEN 100 METER DASH V.I.**

1 Jacob Gauthier	Consortium Centre Jules-Léger	15.53
2 Ronin Hansman	Parry Sound- Parry Sound	20.63

MEN 800 METER RUN V.I.

1 Ronin Hansman	Parry Sound- Parry Sound	4:03.69
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MEN SHOT PUT V.I.

1 Ronin Hansman	Parry Sound- Parry Sound	6.77m
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MEN 200 METER DASH WHEELCHAIR

1 Shay Parreira	Notre Dame Burlington	34.93
2 Joey Graham	Waterford District H.S.	47.03
3 Anthony Galligan	Sydenham- Sydenham	52.24

MEN SHOT PUT WHEELCHAIR

1 Anthony Galligan	Sydenham- Sydenham	2.84m
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MEN 100 METER DASH AMBULATORY

1 Flavien Lavigne	Esc Hawkesbury	12.92
2 Isaiah Smeaton-Katzenberg	Lakeshore CI	14.11
3 Tony Rodriguez	Sir Frederick Banting S S	14.58

MEN 800 METER RUN AMBULATORY

1 Flavien Lavigne	Esc Hawkesbury	2:25.57
2 Joshua Flank	Ernestown- Odessa	3:05.36
3 Austin Gordon	St. Benedict- Cambridge	3:14.31

MEN SHOT PUT AMBULATORY

1 Flavien Lavigne	Esc Hawkesbury	9.39m
2 Isaiah Smeaton-Katzenberg	Lakeshore CI	7.96m
3 Maleki McCue	Glenview Park- Cambridge	7.29m

MEN 100 METER DASH I.I

1 Ezekiel Kerr	Clarke Road S S	12.10
2 Stephan Michael	Denis Morris Catholic High Sch	12.42
3 Eric Koets	Norwood- Norwood	12.58

MEN 800 METER RUN I.I

1 Anthony Cigan	St Joseph's Catholic	2:19.04
2 Ken Stanborough	Collingwood- Collingwood	2:21.89
3 Eric Koets	Norwood- Norwood	2:22.25

MEN SHOT PUT I.I

1 Xavier Brown	Kingston S.S.- Kingston	11.02m
2 Killian Lavoie	Georgetown District HS	10.85m
3 Nathaniel Cardinal	Port Hope- Port Hope	10.48m

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