

PAST OFSAA FOOTBALL BOWL CHAMPIONS

As compiled by Campbell Blake and John Metcalfe. Updated November 2025

Northern Bowl

Year	Champ	Runner Up	Score
2025	St. Ignatius HS (Thunder Bay)	Western Technical + CS (Toronto)	33-0
2024	Frontenac SS (Kingston)	Westgate CVI (Thunder Bay)	25-14
2023	Assumption College (Brantford)	Hammarskjold HS (Thunder Bay)	21-4
2022	Korah CVS (Sault Ste Marie)	Jacob Hespler SS (Cambridge)	52-14
2021	Korah CVS (Sault Ste Marie)	St, Ignatius HS (Thunder Bay)	35-7
2020	Covid 19 - no games		
2019	Korah CVS (Sault Ste Marie)	Holy Cross CSS (Peterborough)	31-21
2018	Holy Names CHS (Windsor)	Huron Heights SS (Newmarket)	24-12
2017	Sir Winston Churchill CVI (Thunder Bay)	West Ferris SS (North Bay)	36-14
2016	Etobicoke CI	Superior Heights CVS (Sault)	30-18
2015	Westdale SS (Hamilton)	St. Ignatius HS (Thunder Bay)	26-17
2012	St. Mary's College (Sault)	Sir Winston Churchill CVI (Thunder Bay)	47-28
2011	Superior Heights CVS (Sault)	Sir Winston Churchill CVI (Thunder Bay)	34-28
2010	Superior Heights CVS (Sault)	Westgate CVI (Thunder Bay)	17-3
2009	Sir James Dunn CVS (Sault)	Sir Winston Churchill CVI (Thunder Bay)	34-7
2008	St. Mary's College (Sault)	Hammarskjold HS (Thunder Bay)	31-8
2007	Westgate CVI (Thunder Bay)	St. Mary's College (Sault)	21-16
2006	St. Mary's College (Sault)	Westgate CVI (Thunder Bay)	52-10
2005	Hammarskjold HS (Thunder Bay)	Widdifield SS (North Bay)	17-3
2004	West Ferris SS (North Bay)	Hammarskjold HS (Thunder Bay)	27-22

Golden Horseshoe Bowl

Year	Champ	Runner Up	Score
2025	Korah CVS (Sault Ste Marie)	A N Myer SS (Niagara Falls)	38-31 (ot)
2024	Corpus Christi CSS (Burlington)	A N Myer SS (Niagara Falls)	13-10
2023	Huron Heights SS (Newmarket)	Corpus Christi CSS (Burlington)	37-2
2022	Bishop Tonnos CSS (Ancaster)	A N Myer SS (Niagara Falls)	30-3
2021	Westmount SS (Hamilton)	Chaminade College (Toronto)	17-7
2020	Covid 19 - no games		
2019	St. Thomas More CSS (Hamilton)	W F Herman SS (Windsor)	27-0
2018	Lorne Park SS (Mississauga)	St. Paul CHS (Niagara Falls)	21-3
2017	St. Thomas More CSS (Hamilton)	Notre Dame College School (Welland)	57-7
2016	Nelson HS (Burlington)	St. Marcellinius SS (Mississauga)	27-6
2015	St. Thomas More CSS (Hamilton)	Chaminade College (Toronto)	49-8
2012	Lakeshore Catholic HS (Port Colborne)	M.M. Robinson HS (Burlington)	29-28
2011	Nelson HS (Burlington)	St. Paul CHS (Niagara Falls)	37-0
2010	Notre Dame CSS (Burlington)	Lakeshore Catholic HS (Port Colborne)	16-14
2009	Notre Dame CSS (Burlington)	Lakeshore Catholic HS (Port Colborne)	33-10
2008	Lakeshore Catholic HS (Port Colborne)	Notre Dame CSS (Burlington)	8-7
2007	St. Thomas More CSS (Hamilton)	Bishop Ryan CSS (Hamilton)	14-7
2006	St. Thomas More CSS (Hamilton)	Lakeshore Catholic HS (Port Colborne)	39-33 (3ot)
2005	Nelson HS (Burlington)	Notre Dame College School (Welland)	14-9
2004	Assumption CSS (Burlington)	St. Jean de Brebeuf CSS (Hamilton)	35-32
2003 East	St. Andrew's College (Aurora)	Markham DHS	7-6

2003 West	Lakeshore Catholic HS (Port Colborne)	Waterdown DHS	24-22
2002	De La Salle College (Toronto)	Nelson HS (Burlington)	21-14
2001	St. Andrew's College (Aurora)	St. Mary CSS (Pickering)	35-21

National Capital Bowl

Year	Champ	Runner Up	Score
2025	St. Mark HS (Manotick)	Monsignor Paul Dwyer CHS (Oshawa)	22-17
2024	Huron Heights SS (Newmarket)	Korah CVS (Sault Ste Marie)	35-15
2023	Frontenac SS (Kingston)	St Joseph CHS (Nepean)	27-7
2022	St Matthew HS (Orleans)	Northern SS (Toronto)	24-15
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Westmount SS (Hamilton)	Ashbury College (Ottawa)	44-6
2018	Korah CVS (Sault Ste Marie)	St. Peter HS (Orleans)	45-12
2017	Arnprior DHS	Nantyr Shores SS (Innisfil)	28-10
2016	Crestwood SS (Peterborough)	Frontenac SS (Kingston)	19-18
2015	W.F. Herman SS (Windsor)	Frontenac SS (Kingston)	56-3
2012	Frontenac SS (Kingston)	St. Joan of Arc CHS (Barrie)	37-30
2011	Frontenac SS (Kingston)	Crestwood SS (Peterborough)	49-11
2010	Crestwood SS (Peterborough)	Sydenham HS	16-13 (ot)
2009	St. Peter HS (Orleans)	Crestwood SS (Peterborough)	37-22
2008	Frontenac SS (Kingston)	Crestwood SS (Peterborough)	36-1
2007	Frontenac SS (Kingston)	Crestwood SS (Peterborough)	15-10
2006	St. Mark HS (Manotick)	Frontenac SS (Kingston)	10-8
2005	St. Peter HS (Orleans)	Sydenham HS	24-10
2004	Crestwood SS (Peterborough)	Almonte DHS	23-5
2003	Almonte DHS	Crestwood SS (Peterborough)	17-2
2002	Frontenac SS (Kingston)	Ashbury College (Ottawa)	56-6
2001	Frontenac SS (Kingston)	St. Mark HS (Manotick)	29-20
2000	Centennial SS (Belleville)	Ashbury College (Ottawa)	43-7

Western Bowl

Year	Champ	Runner Up	Score
2025	Catholic Central HS (London)	Bishop Ryan CSS (Hannon)	25-0
2024	Catholic Central HS (London)	W F Herman SS (Windsor)	30-7
2023	South CI (London)	St Mary's College (Sault)	33-0
2022	Sir Wilfrid Laurier SS (London)	Huron Heights SS (Newmarket)	13-12
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Huron Heights SS (Newmarket)	A B Lucas SS (London)	41-19
2018	St. Thomas More CSS (Hamilton)	Catholic Central HS (London)	26-9
2017	Holy Names CHS (Windsor)	South CI (London)	21-17
2016	W.F. Herman SS (Windsor)	Huron Heights SS (Newmarket)	13-7
2015	Catholic Central HS (London)	St. Peter HS (Orleans)	40-7
2012	W.F. Herman SS (Windsor)	Assumption College (Brantford)	36-22
2011	A. B. Lucas SS (London)	Northern CI & VS (Sarnia)	24-6
2010	W.F. Herman SS (Windsor)	Assumption College (Brantford)	48-23
2009	Mother Teresa CSS (London)	Northern CI & VS (Sarnia)	10-0

2008	Resurrection CSS (Kitchener)	W.F. Herman SS (Windsor)	21-14
2007	Mother Teresa CSS (London)	Holy Names CHS (Windsor)	30-7
2006	St. Thomas Aquinas CSS (London)	Guelph CI	40-7
2005	Catholic Central HS (London)	Sandwich SS (Lasalle)	45-6
2004	Catholic Central HS (London)	Bluevale CI (Waterloo)	33-27
2003	Sandwich SS (Lasalle)	A.B. Lucas SS (London)	27-4
2002	Sandwich SS (Lasalle)	Northern CI & VS (Sarnia)	42-7
2001	Sandwich SS (Lasalle)	South CI (London)	24-10
2000	W.F. Herman SS (Windsor)	Catholic Central HS (London)	26-0

Metro Bowl (retired after 2023)

Year	Champ	Runner Up	Score
2023	Richview CI (Toronto)	Holy Trinity CSS (Coutrice)	22-7
2022	Resurrection CSS (Kitchener)	Chaminade College (Toronto)	56-14
2021	St. Roch CSS (Brampton)	St. Michael's College (Toronto)	48-0
2020	Covid 19 - no games		
2019	Chaminade College (Toronto)	Notre Dame College School (Welland)	47-6
2018	St. Ignatius HS (Thunder Bay)	Northern SS (Toronto)	17-10
2017	Richview CI (Toronto)	Michael Power St. Joseph (Etobicoke)	52-0
2016	St. Matthew HS (Orleans)	Michael Power St. Joseph (Etobicoke)	28-7
2015	Resurrection CSS (Kitchener)	Etobicoke CI	31-8
2012	Huron Heights SS (Newmarket)	Don Bosco CHS (Toronto)	28-14
2011	Donald A. Wilson SS (Whitby)	St. Andrew's College (Aurora)	21-14 (ot)
2010	Holy Trinity CSS (Courtice)	King City SS	28-3
2009	Markham DHS	Birchmount Park CI (Scarborough)	19-0
2008	St. Michael's College (Toronto)	Donald A. Wilson SS (Whitby)	42-12
2007	St. Michael's College (Toronto)	Huron Heights SS (Newmarket)	16-14
2006	St. Michael's College (Toronto)	Pickering HS (Ajax)	18-0
2005	Pickering HS (Ajax)	Huron Heights SS (Newmarket)	24-19
2004	St. Michael's College (Toronto)	Pickering HS (Ajax)	22-15
2003	Cedarbrae CI (Scarborough)	Northern SS (Toronto)	20-14
2002	St. Michael's College (Toronto)	Etobicoke CI	42-6
2001	Richview CI (Toronto)	Central Technical School (Toronto)	37-0
2000	Lorne Park SS (Mississauga)	Notre Dame CSS (Burlington)	11-0
1999	Nelson HS (Burlington)	Central Technical School (Toronto)	22-20
1998	St. Michael's College (Toronto)	Agincourt CI (Scarborough)	43-6
1997	Nelson HS (Burlington)	Cedarbrae CI (Scarborough)	14-7
1996	Clarkson SS (Mississauga)	St. Michael's College (Toronto)	27-0
1995	St. Patrick CHS (Sarnia)	Mayfield SS (Brampton)	37-34 (ot)
1994	Northern SS (Toronto)	St. Patrick CHS (Sarnia)	30-21
1993	St. Patrick CHS (Sarnia)	St. Michael's College (Toronto)	20-5
1992	West Hill CI (Scarborough)	Markham DHS	24-6
1991	Richview CI (Toronto)	Central Technical School (Toronto)	42-24
1990	Northern SS (Toronto)	Markham DHS	14-11
1989	Sir John A MacDonald CI (Scarborough)	Michael Power St. Joseph (Etobicoke)	27-8
1988	Central Technical School (Toronto)	Pickering HS (Ajax)	21-12
1987	Central Technical School (Toronto)	Monsignor Paul Dwyer (Oshawa)	20-14
1986	Victoria Park CI (Toronto)	Markham DHS	21-12
1985	Woburn CI (Scarborough)	Victoria Park CI (Toronto)	36-7

1984	Georges Vanier SS (North York)	Northern SS (Toronto)	36-5
1983	Woburn CI (Scarborough)	East York CI	21-14
1982	St. Michael's College (Toronto)	Woburn CI (Scarborough)	13-0

Eastern Bowl

Year	Champ	Runner Up	Score
2025	Holy Cross CSS (Peterborough)	Chaminade College (Toronto)	36-0
2024	Holy Cross CSS (Peterborough)	Northern SS (Toronto)	23-4
2023	St Roch CSS (Brampton)	Thomas A Stewart SS (Peterborough)	20-7
2022	Frontenac SS (Kingston)	Belle River DHS	15-9
2021	Frontenac SS (Kingston)	Centennial SS (Belleville)	37-7
2020	Covid 19 - no games		
2019	Holy Cross CSS (Kingston)	Richview CI (Toronto)	20-18
2018	Holy Cross CSS (Kingston)	Thomas A Stewart SS (Peterborough)	26-8
2017	Holy Trinity CSS (Courtice)	Crestwood SS (Peterborough)	28-23
2016	St. Thomas More CSS (Hamilton)	Monsignor Paul Dwyer CHS (Oshawa)	38-15
2015	Monsignor Paul Dwyer CHS (Oshawa)	St. Joan of Arc CHS (Barrie)	35-7

Central Bowl

Year	Champ	Runner Up	Score
2025	Robert F Hall CSS (Caledon East)	St. Joan of Arc CHS (Barrie)	25-13
2024	St Roch CSS (Brampton)	St Joseph CHS (Nepean)	28-13
2023	A.N. Myer SS (Niagara Falls)	Ursuline College (Chatham)	38-21
2022	St. Patrick HS (Thunder Bay)	St Roch CSS (Brampton)	24-13
2021	Notre Dame College School (Welland)	North Park CVS (Brantford)	50-7
2020	Covid 19 - no games		
2019	St Marcellinius CSS (Mississauga)	Monsignour Paul Dwyer CHS (Oshawa)	48-0
2018	Jacob Hespeler SS (Cambridge)	Gananoque SS	48-0
2017	Lorne Park SS (Mississauga)	Jacob Hespeler SS (Cambridge)	29-25
2016	A.N. Myer SS (Niagara Falls)	Jacob Hespeler SS (Cambridge)	50-7
2015	St. Roch CSS (Brampton)	Adam Scott CVI (Peterborough)	20-7

Simcoe Bowl

Year	Champ	Runner Up	Score
2025	Holy Names CHS (Windsor)	St James CHS (Guelph)	23-0
2024	Monsignor Paul Dwyer CHS (Oshawa)	North CI (Barrie)	9-7
2023	Bear Creek SS (Barrie)	Chaminade College (Toronto)	25-0
2022	Holy Trinity CSS (Courtice)	Bear Creek SS (Barrie)	26-24
2021	Covid 19 - no game		
2020	Covid 19 - no games		
2019	Westgate CVI (Thunder Bay)	St. Joan of Arc CHS (Barrie)	28-13
2018	Holy Trinity CSS (Courtice)	St. Joan of Arc CHS (Barrie)	38-21
2017	Huron Heights SS (Newmarket)	St. Matthew HS (Orleans)	40-6
2016	St. Ignatius HS (Thunder Bay)	Bear Creek SS (Barrie)	29-16
2015	Huron Heights SS (Newmarket)	Superior Heights CVS (Sault)	48-0

Independent Bowl

Year	Champ	Runner Up	Score
2025	Elmira DSS	Confederation SS (Val Caron)	28-21
2024	Northern CI & VS (Sarnia)	Brebeuf College (Toronto)	28-7
2023	W.F. Herman SS (Windsor)	St Michael's College (Toronto)	35-0
2022	Thomas A Stewart SS (Peterborough)	St Michael's College (Toronto)	48-7
2021	Huron Heights SS (Newmarket)	St. Thomas More CSS (Hamilton)	14-6
2020	Covid 19 - no games		
2019	Nelson HS (Burlington)	Assumption College (Brantford)	35-14
2018	Ashbury College (Ottawa)	Chaminade College (Toronto)	24-21
2017	St. Michael's College (Toronto)	Cardinal Newman CSS (Stoney Creek)	21-18
2016	South CI (London)	McKinnon Park SS (Caledonia)	64-0
2015	A.N. Myer SS (Niagara Falls)	Cardinal Newman CSS (Stoney Creek)	16-14

Southern Bowl

Year	Champ	Runner Up	Score
2025	Huron Heights SS (Newmarket)	Frontenac SS (Kingston)	27-15
2024	Centennial CVI (Guelph)	Westmount SS (Hamilton)	35-7

2014 at McMaster University - Hamilton

Game	Champ	Runner Up	Score
1	Chaminade College (Toronto) TDCAA	Sir Allan MacNab SS (Hamilton) SOSSA	35-7
2	A.N. Myer SS (Niagara Falls) SOSSA	Adam Scott CVI (Peterborough) COSSA	39-31
3	Frontenac SS (Kingston) EOSSAA	Richview CI (Toronto) TDSSAA	24-20
4	Superior Heights CVS (Sault) NOSSA	St. Joan of Arc CHS (Barrie) GBSSA	26-7
5	Holy Trinity CSS (Oakville) GHAC	St. Peter HS (Orleans) NCSSAA	50-16
6	A.B. Lucas SS (London) WOSSAA	Monsignor Paul Dwyer CHS (Oshawa) LOSSA	35-28
7	Lorne Park SS (Mississauga) ROPSSAA	St. Ignatius HS (Thunder Bay) NWOSSAA	37-25
8	Assumption CSS (Burlington) GHAC	Assumption College (Brantford) CWOSSA	28-9
9	W.F. Herman SS (Windsor) SWOSSA	Bill Crothers SS (Markham) YRAA	29-14

2013 at Centennial Stadium - Etobicoke

Game	Champ	Runner Up	Score
1	Lorne Park SS (Mississauga) ROPSSAA	Frontenac SS (Kingston) EOSSAA	32-1
2	Crestwood SS (Peterborough) COSSA	Sir Wilfrid Laurier SS (Orleans) NCSSAA	17-13
3	Richview CI (Toronto) TDSSAA	West Ferris SS (North Bay) NOSSA	12-10
4	Assumption College (Brantford) CWOSSA	Westdale SS (Hamilton) SOSSA	24-13
5	W.F. Herman SS (Windsor) SWOSSAA	Upper Canada College (Toronto) CISAA	42-7
6	St. Mary CSS (Pickering) LOSSA	Westgate CVI (Thunder Bay) NWOSSAA	20-13
7	Huron Heights SS (Newmarket) YRAA	Catholic Central (London) WOSSAA	29-9
8	Don Bosco CHS (Toronto) TDCAA	Cardinal Newman CSS (Stoney Creek) GHAC	21-11
9	St. Joan of Arc CHS (Barrie) GBSSA	Central Technical School (Toronto) TDSSAA	35-1

Most years qualified (minimum of 5)

School, City/Town, Association	Years qualified	#
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Frontenac SS, Kingston, EOSSAA	01,02,06,07,08,11,12,13 14,15,16,21,22,23,24,25	16
Huron Heights SS, Newmarket, YRAA	05,07,12,13,15,16,17, 19,21,22,23,24,25	13
St Michaels College, Toronto, TDCAA & CISAA	82,93,96,98,02,04,06, 07,08,17,21,22,23	13
W F Herman SS, Windsor, SWOSSAA	00,08,10,12,13,14,15, 16,18,23,24	11
Crestwood SS, Peterborough, COSSA	03,04,07,08,09, 10,11,13,16	9
Catholic Central HS, London, WOSSAA	00,04,05,13,15,18,24,25	8
Chaminade College, Toronto, TDCAA	14,15,18,19,21,22,23,25	8
Nelson HS, Burlington, GHAC	97,99,02,05,11,16,19	7
St Thomas More CSS, Hamilton, GHAC	06,07,16,17,18,19,21	7
Northern SS, Toronto, TDSSAA	84,90,94,03,18,22,24	7
St Joan of Arc CHS, Barrie, GBSSA	12,13,14,15,18,19,25	7
A N Myer SS, Niagara Falls, SOSSA	14,15,16,22,23,24,25	7
Richview CI, Toronto, TDSSAA	91,01,13,14,17,23	6
Holy Trinity CSS, Courtice, LOSSA	10,14,17,18,22,23	6
Lakeshore Catholic HS, Port Colborne, SOSSA	03,06,08,09,10,12	6
Sir James Dunn CVS/Superior Heights CVS, Sault Ste Marie, NOSSA	09,10,11,14,15,16	6
Assumption College School, Brantford, CWOSSA	10,12,13,14,19,23	6
St Ignatius HS, Thunder Bay, NWOSSAA	14,15,16,18,21,25	6
Korah CVS, Sault Ste Marie, NOSSA	18,19,21,22,24,25	6
Monsignor Paul Dwyer CHS, Oshawa, LOSSA	14,15,16,19,24,25	6

Lorne Park SS, Mississauga, ROPSSAA	00,13,14,17,18	5
St Mary's College, Sault Ste Marie, NOSSA	06,07,08,12,23	5
Westgate CVI, Thunder Bay, NWOSSAA	06,07,10,19,24	5
St Roch CSS, Brampton, ROPSSAA	15,21,22,23,24	5

Most games won (minimum of 4)

School, City/Town, Association	Games won (see glossary at bottom)	#
Frontenac SS, Kingston, EOSSAA	01 NC,02 NC,07 NC,08 NC,11 NC, 12 NC 14 Mac, 21 EB, 22 EB, 23 NC, 24 NB	11
Huron Heights SS, Newmarket, YRAA	12 MB,13 Cen,15 SB,17 SB,19 WB, 21 IB, 23 GB, 24 NC, 25 SU	9
St Michaels College, Toronto, TDCAA & CISAA	82 MB,98 MB,02 MB, 04 MB, 06 MB, 07 MB,08 MB,17 IB	8
W F Herman SS, Windsor, SWOSSAA	00 WB,10 WB,12 WB,13 Cen,14 Mac, 15 NC,16 WB,23 IB	8
Nelson HS, Burlington, GHAC	97 MB,99 MB,05 GB,11 GB,16 GB,19 IB	6
St Thomas More CSS, Hamilton, GHAC	06 GB,07 GB,16 EB, 17 GB,18 WB,19 GB	6
Lorne Park SS, Mississauga, ROPSSAA	00 MB,13 Cen,14 Mac,17 CB,18 GB	5
Richview CI, Toronto, TDSSAA	91 MB,01 MB,13 Cen,17 MB,23 MB	5
Holy Trinity CSS, Courtice, LOSSA	10 MB,14 Mac,17 EB,18 SB,22 SB	5
Catholic Central HS, London, WOSSAA	04 WB,05 WB, 15 WB, 24 WB, 25 WB	5
Korah CVS, Sault Ste Marie, NOSSA	18 NC,19 NB,21 NB,22 NB, 25 GB	5
A N Myer SS, Niagara Falls, SOSSA	14 Mac,15 IB,16 CB,23 CB	4
Crestwood SS, Peterborough, COSSA	04 NC,10 NC,13 Cen,16 NC	4
St Roch CSS, Brampton, ROPSSAA	15 CB,21 MB, 23 EB, 24 CB	4

CB = Central Bowl	Cen = Centennial Stadium unassigned
EB = Eastern Bowl	GB= Golden Horseshoe Bowl
IB = Independent Bowl	Mac = McMaster Ron Joyce unassigned
MB = Metro Bowl	NB = Northern Bowl
NC = National Capital Bowl	SB = Simcoe Bowl
WB = Western Bowl	SU = Southern Bowl

If you feel there is an error, please contact John Metcalfe at
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