

Canadian Interscholastic Track & Field Records - Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 10.38	Wyatt Lee	Frontenac SS	Kingston, ON	2025
200 metres	ET 20.87	Daniel Kidd	M.E. LaZerte	Edmonton, AB	2022
400 metres	ET 45.71	Myles Misener-Daley	Westdale SS	Hamilton, ON	2019
800 metres	ET 1:47.14	Brandon McBride	W. F. Herman SS	Windsor, ON	2012
800 metres-Intellectually	ET 2:15.52	Corey McCaugherty	Sydenham HS	Sydenham, ON	2022
1500 metres	ET 3:42.33	Kevin Sullivan	North Park C & VS	Brantford, ON	1993
3000 metres	HT 8:00.2	Greg Andersen	Parkside HS	Dundas, ON	1987
5000 metres	ET 14:35.06	Jeff Schiebler	New Westminster HS	New Westminster, BC	1990
110 m hurdles (0.914 m)	ET 13.33	Gregory MacNeill	Mother Theresa CSS	London, ON	2010
300 m hurdles (0.838 m)	ET 37.06	Troy Langevine	Agincourt CI	Scarborough, ON	1992
400 m hurdles (0.914 m)	ET 51.68	Phillip Hughes	Earl of March SS	Kanata, ON	1985
4 x100 m relay	ET 41.14	Nahshon Hall, Prince Appau Adnan Jimoh, Jahleel Haley	Father Henry Carr CSS	Toronto, ON	2025
4 x 400m relay	HT 3:10.8	Kingsley O'Henhen, Anthony Wilson, Phillip Gordon, Carl Folkes	Central Technical School	Toronto, ON	1987
1500m racewalk	ET 6:07.61	Eric Roze	Dutchess Park HS	Prince George, BC	1999
1500m steeplechase	HT 4:14.1	Dave Peckham	East Northumberland SS	Brighton, ON	1977
2000m steeplechase	ET 5:37.76	Alain Boucher	ESC Algonquin	North Bay, ON	1982
High Jump	2.24 m	Michael Ponikvar	Denis Morris HS	St. Catharines, ON	1998
Pole Vault	5.10 m	Doug Wood	F. E. Madill SS	Wingham, ON	1985
Long Jump	7.75 m	Brian Thomas	Central Technical School	Toronto, ON	1990
Triple Jump	15.76 m	George Wright	Vaughan Road CI	York, ON	1982
Shot Put (5.45 kg)	20.78 m	Brad Snyder	St. Joseph's HS	Windsor, ON	1995
Discus (1.62 kg)	64.94 m	Jason Tunks	Sir Frederick Banting HS	London, ON	1995
Javelin (800 gm)	73.76 m	Trevor Snyder	St. Joseph's HS	Windsor, ON	2001
Hammer (5.45 kg)	75.22 m	Dylan Armstrong	Westsyde HS	Kamloops, BC	1999
Decathlon	7036 points	Nate Paris	Nanaimo District SS	Nanaimo, BC	2022

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100 metres	HT 11.3	Angella Taylor	Parkdale CI	Toronto, ON	1979
100 metres	ET 11.54	Ashley Purnell	St. Mark HS	Manotick, ON	2002
200 metres	ET 23.34	Raquel Tjernagel	New Westminster SS	New Westminster, BC	2015
400 metres	ET 52.52	Raquel Tjernagel	New Westminster SS	New Westminster, BC	2015
800 metres	ET 2:05.94	Elise Braithwaite	Elmwood School for Girls	Ottawa, ON	1984
1500 metres	ET 4:21.12	Jocelyn Chau	De La Salle College	Toronto, ON	2018
3000 metres	ET 9:21.63	Jocelyn Chau	De La Salle College	Toronto, ON	2018
80 m hurdles (0.762 m)	ET 11.01	Jessica Zelinka	Sir Frederick Banting CI	London, ON	1998
100 m hurdles (0.838 m)	ET 13.78	Karen Nelson	Dr. F. J. Donevan CI	Oshawa, ON	1982
100 m hurdles (0.762 m)	ET 13.15	Jessica Zelinka	Sir Frederick Banting CI	London, ON	2000
300 m hurdles (0.762 m)	ET 41.66	Nadia Schmiedt	John Paul II HS	London, ON	1994
400 m hurdles (0.762 m)	ET 58.03	Nadia Schmiedt	John Paul II HS	London, ON	1995
1500m s/c previous setup	ET 4:55.92	Haley Cadwallader	Sarnia CITS	Sarnia, ON	2009
1500 m steeplechase	ET 4:46.54	Mikenna Vanderheyden	Strathroy District CI	Strathroy, ON	2017
2000 m steeplechase	ET 6:52.19	Elizabeth Vroom	Sir Wilfrid Laurier SS	Orleans, ON	2022
4 x 100 m relay	ET 45.29	Kiara Montaque-Fray, Shadae Thompson Kayla Gaynor, Bryana Gaynor	All Saints CHS	Whitby, ON	2025
4 x 400 m relay	ET 3:47.35	Lindsay Wilson, Danielle Abraham, Zeticia Gill, Omoye Ugiagbe	Mary Ward CSS	Scarborough, ON	2002
1500m racewalk	ET 6:26.67	Megan Huzzey	Belmont HS	Victoria, BC	2003
High Jump	1.88 m	Julie White	Brampton Centennial SS	Brampton, ON	1979
Pole Vault	4.06 m	Alysha Newman	Mother Teresa CSS	London, ON	2012
Long Jump	6.21 m	Keron Hamilton	Burlington Central	Ottawa	1986
Triple Jump	13.06 m	Mahalia Mitchell	Marguerite d'Youville	Brampton, ON	2019
Shot Put (4 kg)	15.24 m	Trinity Tutti	Eastdale SS	Welland, ON	2018
Discus (1 kg)	60.61 m	Julia Tunks	Oakridge HS	London, ON	2024
Javelin (600 gm)	46.41m	Alanna Kovacs	St. Joseph DHS	Barrie, ON	2008
Hammer	55.09 m	Catrina Chisholm	Seaquam SS	Delta, BC	2003
Heptathlon	5501 points	Nina Schultz	New Westminster SS	New Westminster, BC	2016

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