OFSAA Track & Field Records - Novice Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 10.77	Dennis Iriowen	Bear Creek SS	Barrie	2024
200 metres	ET 21.67	Dennis Iriowen	Bear Creek SS	Barrie	2024
400 metres	ET 49.14	Christopher Morales-Williams	St. Elizabeth HS	Thornhill	2019
800 metres	ET 1:53.24	Kevin Sullivan	North Park C & VS	Brantford	1989
1500 metres	ET 3:54.31	Kevin Sullivan	North Park C & VS	Brantford	1989
3000 metres	HT 8:40.3	Chris Brewster	Catholic Central HS	London	1979
3000 metres	ET 8:47.94	Thomas Witkowicz	All Saints CSS	Whitby	2015
100 m hurdles (0.838 m)	ET 13.26	Jermain Martinborough	Pickering HS	Pickering	1997
100 m hurdles (0.838 m)	ET 13.41	Liam Mather	London Central SS	London	2015
300 m hurdles (0.838 m)	ET 39.12	Jermain Martinborough	Pickering HS	Pickering	1997
300 m hurdles (0.838 m)	ET 39.24	Ryder King	Ursula Franklin	Toronto	2019
4 x 100 m relay	ET 43.84	Evon Javier Henry, Daniel Theodore	Father Henry Carr	Toronto	2026
		Prince Dike, Jalen Brathwaite			
High jump	2.04 m	Michael Ponikvar	Denis Morris HS	St. Catharines	1995
High jump	1.95 m	Jeff Webb	Eden High School	St. Catharines	2007
Pole vault	4.45 m	Drew Barrett	King City SS	King City	1992
Pole vault	4.25 m	Christian Futo	Chaminade College	Toronto	2024
Long jump	6.80 m	Tyrique Woodside	Notre Dame CS	Welland	2025
Triple jump	14.17 m	Devon Davis	Pickering HS	Pickering	1994
Triple jump	14.17 m	Kriss Peterson	Sandwich SS	Windsor	1994
Triple jump	13.94 m	Noah Latham	Notre Dame College School	Welland	2026
Shot put (4 kg)	18.94 m	Shaun Cormier	Parry Sound HS	Parry Sound	1994
Shot put (4 kg)	16.95 m	Jackson Gray	Sarnia CI & TS	Sarnia	2006
Discus (1 kg)	58.98 m	Rob Town	Orillia DCVI	Orillia	1973
Javelin (600 gm)	63.10 m	Tom Gawinski	Sarnia Northern CI	Sarnia	1974
Javelin (600 gm)	57.95 m	Ray Dykstra	Grimsby DSS	Grimsby	2007

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OFSAA Track & Field Records - Junior Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 10.53	Andre Ford-Azonwanna	J. Cardinal McGuigan CHS	Toronto	2011

200 metres	ET 21.30	Atlee Mahorn	Central Technical School	Toronto	1983
200 metres	HT 21.0	Eric Frempong	Martingrove CI	Etobicoke	1993
200 metres	ET 21.40	Andre Ford-Azonwanna	J. Cardinal McGuigan CHS	Toronto	2011
400 metres	ET 47.69	Liam Card	Saugeen DSS	Port Elgin	1997
400 metres	ET 48.46	Nathan Friginette	Blessed Pope John Paul II	Toronto	2015
800 metres	ET 1:50.35	Nathan Brannen	Preston HS	Cambridge	2000
800 metres	ET 1:53.54	Abdullahi Hassan	Birchmount Park CI	Toronto	2018
1500 metres	ET 3:46.52	Kevin Sullivan	North Park C & VS	Brantford	1991
1500 metres	ET 3:55.17	Kenneth Champ	St. Peter's CSS	Barrie	2024
3000 metres	ET 8:20.78	John Castellano	W. A. Porter CI	Scarborough	1983
3000 metres	HT 8:33.65	John Paul Malette	Assumption College	Windsor	2007
100 m hurdles (0.914 m)	ET 12.95	Mark Skerl	Cardinal Newman	Hamilton	2019
110 m hurdles (0.914 m)	ET 14.03	Paul Whitty	Saunders SS	London	1999
300 m hurdles (0.838 m)	ET 37.06	Troy Langevine	Agincourt CI	Scarborough	1992
300 m hurdles (0.838 m)	ET 37.86	Liam Foudy	Neil McNeil HS	Toronto	2016
4 x 100 m relay	ET 42.42	Chris Keane, Vidal Rodriguez,	Central Technical School	Toronto	1989
		Greg Davis, Rayton Archer			
4 x 100 m relay	ET 42.75	Jadon Rose, Jalon Rose	Our Lady of Mt.Carmel SS	Mississauga	2019
		Jaden Lindup-Amoroso, Adam Magdziak			
High jump	2.14 m	Michael Ponikvar	Denis Morris HS	St. Catharines	1997
High jump	2.01m	Sander Ratsep	Saunders SS		2004
Pole vault	4.65 m	Christian Futo	Chaminade College	Toronto	2025
Long jump	7.28 m	Steve Grossett	Cardinal Carter SS	Aurora	1999
Long jump	7.17 m	Sayanthan Arulrajan	Chinguacousy SS	Brampton	2023
Triple jump	14.90 m	Kenen Shadd	Grand River CI	Kitchener	2000
Triple jump	14.34 m	Mitch O'Donnell	Forest Heights CI	Kitchener	2010
Shot put (5.45 kg)	18.20 m	Shaun Cormier	Parry Sound HS	Parry Sound	1996
Shot put (4 kg)	19.72 m	Tim Nedow	Thousand Islands SS	Brockville	2006
Discus (1.62 kg)	53.18 m	Ernie Demarse	Assumption HS	Windsor	1975
Discus (1 kg)	70.79 m	Jordan Young	St. Joseph's HS	London	2009
Javelin (800 gm)	65.84 m	Trevor Snyder	St. Joseph's HS	Windsor	1999
Javelin (600 gm)	69.28 m	Trent Corney	Thousand Islands SS	Brockville	2009

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OFSAA Track & Field Records - Senior Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 10.38	Wyatt Lee	Frontenac SS	Kingston	2025
100m-visually impaired	ET 11.26	Austin Ingram	Valour JK-12 School	Petawawa	2019
100m-ambulatory	ET 11.91	Zach Gingras	Bill Crothers SS	Markham	2019
100m-intellectually imp.	ET 11.04	Robert Pipitone	Huron Heights SS	Newmarket	2015
200 metres	ET 20.95	Will Batley	West Carleton SS	Ottawa	2024
200m- seated	ET 33.66	Dylan Ritter	Marshall McLuhan CSS	Toronto	2015
400 metres	ET 45.71	Myles Misener-Daley	Westdale SS	Hamilton	2019
400m- seated	ET 1:11.09	Dylan Ritter	Marshall McLuhan CSS	Toronto	2015
800 metres	ET 1:48.26	Andrew Heaney	Cardinal Newman CSS	Toronto	2007
800m-visually imp.	ET 2:07.66	Nick Neri	Cardinal Leger CSS	Brampton	2016
800m-ambulatory	ET 2:08.15	Zach Gingras	Bill Crothers SS	Markham	2018
800m - intellectually imp.	ET 2:14.52	Anthony Cigan	St.Joseph's HS	Windsor	2026
1500 metres	ET 3:42.33	Kevin Sullivan	North Park C & VS	Brantford	1993
3000 metres	HT 8:00.2	Greg Andersen	Parkside HS	Dundas	1987
3000 metres	ET 8:13.95	Brody Clark	Milton District	Toronto	2026
110 m hurdles (0.914 m)	ET 13.33	Gregory MacNeill	Mother Theresa CSS	London	2010
110 m hurdles (0.991 m)	ET 13.78	Adam Kunkel	Walkerton DSS	Walkerton	2000
400 m hurdles (0.914 m)	ET 51.68	Phillip Hughes	Earl of March SS	Kanata	1985
4 x100 m relay	ET 41.14	Nahshon Hall, Prince Appau	Father Henry Carr CSS	Toronto	2025
		Adnan Jimoh, Jahleel Haley			
High jump	2.24 m	Michael Ponikvar	Denis Morris HS	St. Catharines	1998
Pole vault	4.90 m	Christian Futo	Chaminade College	Toronto	2026
Long jump	7.73 m	Taylor Stewart	Regina Mundi College	London	2010
Triple jump	15.76 m	George Wright	Vaughan Road CI	York	1982
Shot put (5.45 kg)	20.09 m	Mike Barnes	Saltfleet DHS	Stoney Creek	2005
Shot put Para	12.90 m	Ryan Kulikowski	Beamsville DSS	Beamsville	2018
Shot put Visually	11.74 m	Trajan Hansman	Parry Sound HS	Parry Sound	2026
Shot put Wheelchair	5.42 m	Noah Rhodd	Castlebrooke SS	Brampton	2026
Shot put Ambulatory	11.92 m	Gabriel Ferron-Bouius	Nepean HS	Nepean	2019
Shot put Intellectually Im	11.99 m	Nathan Parcels F20	Norwood DHS	Norwood	2023
Discus (1.62 kg)	62.58 m	Jason Tunks	Sir Frederick Banting HS	London	1995
Javelin (800 gm)	71.22 m	Trevor Snyder	St. Joseph's HS	Windsor	2000

OFSAA Track & Field Records - Open Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
2000 m steeplechase	ET 5:37.76	Alain Boucher	ESC Algonquin	North Bay	1982
4 x400 m mixed relay	ET 3:34.59	Alex Grafos, Madison Gravelle	St. Joseph's	Windsor	2026
		Brayden Kane, Kaitlyn Gravelle			
4 x 400 m relay	HT 3:10.8	Kingsley O'Henhen, Anthony Wilson,	Central Technical School	Toronto	1987
		Phillip Gordon, Carl Folkes			

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OFSAA Track & Field Records - Novice Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 11.71	Alexia Jones	David Suzuki SS	Brampton	2024
200 metres	ET 24.15	Alexia Jones	David Suzuki SS	Brampton	2024
400 metres	ET 54.63	Kyra Constantine	St. Roch CSS	Brampton	2013
800 metres	ET 2:08.13	Anieu Chan	Vincent Massey	Waterloo	2024
1500 metres	ET 4:28.41	Jessie Fleming	London Central SS	London	2013
3000 metres	ET 9:43.59	Cameron Ormond	Aurora HS	Aurora	2016
80 m hurdles (0.762 m)	ET 11.29	Jessica Zelinka	Sir Frederick Banting CI	London	1996
300 m hurdles (0.762 m)	ET 42.46	Jessica Zelinka	Sir Frederick Banting CI	London	1997
300 m hurdles (0.762 m)	ET 43.13	Lexi Aitken	St. Anne's CSS	Clinton	2012
4 x100 m relay	ET 48.86	Kereece Allen ,Frances Ugbogbo	Father Henry Carr CSS	Toronto	2019
		Evidence Aghedo, Kristie Anyaogu			
High jump	1.75 m	Shyla Cardy	E. L. Crossley SS	Fonthill	2012
Pole Vault	3.26 m	Alysha Newman	Mother Teresa CSS	London	2009
Long jump	5.77 m	Tori D'Angela	St. Thomas More	Hamilton	2025
Triple jump	11.80 m	Crystal Shadd	Grand River CI	Kitchener	1991
Triple jump	11.80 m	Tabia Charles	Pine Ridge SS	Pickering	2000
Shot put (4 kg)	13.61 m	Sultana Frizell	Perth and District CI	Perth	2000
Shot put (4 kg) (new age)	12.10 m	Grace Tennant	South Lincoln HS	Smithville	2014
Shot put (3 kg)	15.92m	Trinity Tutti	Eastdale SS	Welland	2015
Discus (1 kg)	47.30 m	Jenna Tunks	Oakridge	London	2024
Javelin (600 gm)	42.23 m	Finleigh Kane	Holy Name	Windsor	2026

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OFSAA Track & Field Records - Junior Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 11.69	Alexia Jones	David Suzuki SS	Brampton	2025
200 metres	ET 23.87	Christian Brennan	St. Mary CSS	Hamilton	2011
400 metres	ET 53.66	Christian Brennan	St. Mary CSS	Hamilton	2011
800 metres	ET 2:06.96	Anieu Chan	Vincent Massey SS	Windsor	2025
1500 metres	ET 4:24.58	Jocelyn Chau	De La Salle College	Toronto	2016
3000 metres	ET 9:29.65	Brogan MacDougall	Regiopolos-Notre Dame CSS	Kingston	2016
80 m hurdles (0.762 m)	ET 11.22	Karen Nelson	Dr. F. J. Donevan CI	Oshawa	1981
80 m hurdles (0.762 m)	ET 11.24	Keira Christie-Gallaway	St. Matthew HS	Orleans	2015
300 m hurdles (0.762 m)	ET 41.66	Nadia Schmiedt	John Paul ll HS	London	1994
300 m hurdles (0.762 m)	ET 42.40	Ciara Costa	St. Thomas Aquinas	Oakville	2024
4 x 100 m relay	ET 47.73	Kennedy Belfon,Shadae Thompson	All Saints CHS	Whitby	2023
		Kayla Gaynor,Bryana Gaynor			
High jump	1.84 m	Julie White	Brampton Centennial SS	Brampton	1975
High jump	1.76 m	Autumn Bigger	Beamsville District SS	Beamsville	2017
Pole vault	3.75 m	Alysha Newman	Mother Teresa CSS	London	2010
Long jump	6.13 m	Nicole Ali	Woburn CI	Scarborough	1981
Long jump	6.08 m	Trinity Shadd-Ceres	Cameron Heights CI	Kitchener	2022
Triple jump	12.36 m	Tabia Charles	Pine Ridge SS	Pickering	2002
Triple jump	12.24 m	Asia Phillips	W.L. Mackenzie CI	Toronto	2022
Shot put (4 kg)	14.35 m	Sultana Frizell	Perth and District CI	Perth	2002
Shot put (3 kg)	16.00 m	Trinity Tutti	Eastdale SS	Welland	2016
Discus (1 kg)	53.43 m	Julia Tunks	Oakridge HS	London	2022
Javelin (600 gm)	46.60m	Margaret Griffiths	F. J. Brennan SS	Windsor	1989
Javelin (600 gm)	43.98 m	Alexandria Webb	St. Benedict CSS	Cambridge	2018

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OFSAA Track & Field Records - Senior Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET

100 metres	ET 11.50	Elizabeth Tannis	Loretto Abbey	Toronto	2026
100m - V.I	ET 14.01	Larissa Brown	St. Mark CHS	Manotick, ON	2015
100m - I.I.	ET 13.27	Lola Morgan	Eastdale SS	Barrie, ON	2018
100m- Ambulatory	ET 14.61	Madison Wilson-Walker	Lord Dorchester SS	Thames Centre, ON	2015
200 metres	ET 23.69	Khamica Bingham	Heart Lake SS	Brampton	2012
400 metres	ET 53.32	Charmaine Crooks	West Toronto SS	Toronto	1980
800 metres	ET 2:05.94	Elise Braithwaite	Elmwood School for Girls	Ottawa	1984
800 m-ambulatory	ET 2:32.65	Alexis Asselin	Father Leo Austin CSS	Whitby	2024
800 m intellectually imp.	ET 2:39.79	Cassie Kemp	St. Catharines CIVS	St. Catharines	2019
800m-visually imp.	ET 2:25.30	Kat Grgic	St. Aloysius Gonzaga HS	Mississauga	2018
1500 metres	ET 4:21.72	Laura Parkinson	Catholic Central HS	London	2017
3000 metres	ET 9:21.63	Jocelyn Chau	De La Salle College	Toronto	2018
100 m hurdles (0.838 m)	ET 13.78	Karen Nelson	Dr. F. J. Donevan CI	Oshawa	1982
100 m hurdles (0.762 m)	ET 13.33	Kiera Christie-Galloway	St. Matthew HS	Orleans	2016
400 m hurdles (0.762 m)	ET 58.38	Mariam Abdul-Rashid	Eastdale CVI	Oshawa	2014
4 x 100 m relay	ET 45.29	Kiara Montaque-Fray, Shadae Thompson	All Saints CHS	Whitby	2025
		Kayla Gaynor, Bryana Gaynor			
High jump	1.88 m	Julie White	Brampton Centennial SS	Brampton	1979
Pole vault	4.06 m	Alysha Newman	Mother Teresa CSS	London	2012
Long jump	6.21 m	Keron Hamilton	Burlington Central	Ottawa	1986
Triple jump	13.48 m	Asia Phillips	W.L. Mackenzie CI	Toronto	2024
Shot put (4 kg)	15.24 m	Trinity Tutti	Eastdale SS	Welland	2018
Shot put - seated	2.01 m	Kanice McLean F33,34	Governor Simcoe	St. Catharines	2019
Shot put Ambulatory	8.57 m	Addisyn Franceschini	Hammarskjold HS	Thunder Bay	2024
Shot put Intellectually Imp.	9.03 m	Rebecca Dobbs F20	Cornwall CSV	Cornwall	2019
Shot put Visually Imp.	8.67 m	Maycee Vierimaa	O'Gorman HS	Timmins	2023
Discus (1 kg)	56.35 m	Julia Tunks	Oakridge HS	London	2024
Javelin (600 gm)	49.48 m	Louise Perreault	Arnprior DHS	Arnprior	1986
Javelin (600 gm - 1999 update	46.41m	Alanna Kovacs	St.Joseph DHS	Barrie	2008

OFSAA Track & Field Records - Open Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
4x 400 mixed relay	ET 3:34.59	Alex Grafos, Madison Gravelle	St. Joseph's	Windsor	2026
		Brayden Kane, Kaitlyn Gravelle			

4 X 400 m relay	ET 3:47.35	Lindsay Wilson, Danielle Abraham,	Mary Ward CSS	Scarborough	2002
		Zeticia Gill, Omoye Ugiagbe			
1500 m steeplechase	ET 4:46.54	Mikenna Vanderheyden	Strathroy District CI	Strathroy	2017
2000 m steeplechase	ET 6:44.73	Eleanor Voykin	Birchmount Park CI	Toronto	2025
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